



**MURIEL BOWSER**  
**MAYOR**

March 26, 2024

The Honorable Phil Mendelson  
Chairman  
Council of the District of Columbia  
John A. Wilson Building  
1350 Pennsylvania Avenue, NW, Suite 504  
Washington, DC 20004

Dear Chairman Mendelson:

In accordance with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01), and pursuant to section 209 of the District of Columbia Health Occupations Revision Act of 1985, effective March 25, 1986 (D.C. Law 6-99; D.C. Official Code § 3-1202.09), I am pleased to nominate the following individual:

Ms. Ana Quiñones  
Delafield Place, NW  
Washington, DC 20011  
(Ward 4)

for reappointment as a physical therapy assistant licensed in the District member of the Board of Physical Therapy for a subsequent term to end April 16, 2027.

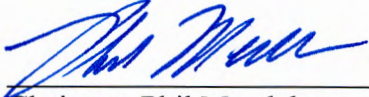
Enclosed, you will find biographical information detailing the experience of the above-mentioned nominee, together with a proposed resolution to assist the Council during the confirmation process.

I would appreciate the Council's earliest consideration of this nomination for confirmation. Please do not hesitate to contact me, or Steven Walker, Director, Mayor's Office of Talent and Appointments, should the Council require additional information.

Sincerely,

A handwritten signature in black ink that reads "Muriel Bowser".

Muriel Bowser  
Mayor

  
Chairman Phil Mendelson  
at the request of the Mayor

A PROPOSED RESOLUTION

IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

To confirm the reappointment of Ms. Ana Quiñones to the Board of Physical Therapy.

RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, that this resolution may be cited as the “Board of Physical Therapy Ana Quiñones Confirmation Resolution of 2024”.

Sec. 2. The Council of the District of Columbia confirms the reappointment of:

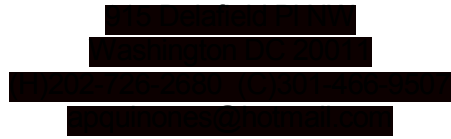
Ms. Ana Quiñones  
Delafield Place, NW  
Washington, DC 20011  
(Ward 4)

as a physical therapy assistant licensed in the District member of the Board of Physical Therapy, established by section 209 of the District of Columbia Health Occupations Revision Act of 1985, effective March 25, 1986 (D.C. Law 6-99; D.C. Official Code § 3-1202.09), for a term to end April 16, 2027.

Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution, upon its adoption, to the nominee and to the Office of the Mayor.

Sec. 4. This resolution shall take effect immediately.

# ***ANA PATRICIA QUIÑONES***



Objective: Under the supervision of a Physical Therapist, implement physical therapy treatments and modalities.

## **Work Experience**

National Rehabilitation Hospital Outpatient	Sep 2008 – Present
Southern Maryland Hospital Center	June 2004 – June 2005 Nov 2006 – Sep 2008
Physical Therapist Assistant-	Acute, Sub-acute and Outpatient care

358-bed acute care facility and 25 bed subacute care. Therapy services were provided in telemetry, ICU, mental health unit, ambulatory surgery and out patient.

Acute: bedside therapy for strength and functional activities. Wound care with Whirlpool and pulsed Lavage.

Post-op joint replacement therapy: ambulation, gait training, bed mobility and functional activities. CVAs therapy

Subacute: Treated patients either at bedside or at the therapy room mostly for orthopedic patients, CVAs., amputees, fractures, weakness and decrease in functional activities. Implemented and progressed Therapist's POC with therapeutic exercises, bed mobility, functional activities and gait training

In subacute care participated in patient's plan of care.

## **Clinical Affiliations**

March 2004	Health South. Arlington VA. Outpatient. Eight weeks <ul style="list-style-type: none"><li>• Assisted with modalities such as Ultrasound and Tens</li><li>• Therapeutic exercises, manual therapy and gait training.</li><li>• Promoted upper and lower body rehabilitation</li></ul>
October 2003	Calvert County- Public schools. Six weeks <ul style="list-style-type: none"><li>• Assisted children from 3 months to 17 years in various areas.</li><li>• Manual intervention to facilitate normal growth and development patterns such as rolling, sitting, crawling, creeping, walking and balance.</li><li>• Helped and adapted older children to participate in PE and academic classrooms</li></ul>
June 2003	Southern Maryland Hospital Center Sub acute rehab. Four weeks <ul style="list-style-type: none"><li>• Provided therapeutic exercises, bed mobility, transfers, gait training, case conference and weekly report</li></ul>

## **Education**

DeVry University, Crystal City, VA  
Bachelor of Science Technical Management  
June 2006

Northern Virginia Community College, Springfield, VA  
Associated of Science Degree in  
Physical Therapist Assistant  
May 2004

UNITEC- Bogotá, Colombia  
Bachelor of Science Marketing and Publicity  
March 1995

### Continuing Education

A Sensory Approach to Treatment of the Infant, March 2005  
Ergonomics and Management of Musculoskeletal Disorders, May 2006

## **Skills**

Bilingual – Spanish/English



Executive Office of the Mayor – Mayor’s Office of Talent and Appointments  
John A. Wilson Building | 1350 Pennsylvania Avenue, Suite 600 | Washington, DC 20004

### Ana Quiñones



Ana Quiñones is a licensed physical therapy assistant at the National Rehabilitation Hospital, and a current member of the District of Columbia Board of Physical Therapy.

At the National Rehabilitation Hospital (NRH), Ms. Quiñones provides therapy services in the telemetry, ICU, mental health, ambulatory surgery, and out-patient units. This includes bedside and post-op joint replacement therapy for strength and functional activities. Prior to the NRH, Ms. Quiñones worked at the Medstar Southern Maryland Hospital Center. Here, she provided various therapeutic exercises including bed mobility, transfers, gait training, case conferences, and weekly reports.

Throughout her career, Ms. Quiñones has had over fifteen years of experience working in acute, sub-acute, and outpatient care. At Calvert County Public Schools, Ms. Quiñones worked extensively with infants and toddlers, utilizing manual intervention to facilitate normal growth and development patterns. She also helped older children adapt and participate in physical education and academic classrooms.

A Ward 4 resident, Ms. Quiñones received a Bachelor of Science in Technical Management from DeVry University and an Associate of Science in Physical Therapy from Northern Virginia Community College.



GOVERNMENT OF THE DISTRICT OF COLUMBIA  
Executive Office of Mayor Muriel Bowser



Office of the General Counsel to the Mayor

**To:** Tomas Talamante, Steve Walker  
**From:** Betsy Cavendish  
**Date:** March 8, 2024  
**Subject:** Legal sufficiency review of Resolutions nominating Bernardine Evans, Ana Quiñones, and Rayan Hagona-Wordie as members of the Board of Physical Therapy

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**This is to Certify** that this office has reviewed the above-referenced resolutions and found them to be legally unobjectionable. If you have any questions in this regard, please do not hesitate to call Erika Satterlee, Deputy General Counsel, Executive Office of the Mayor, at 202-724-1303, or me at 202-724-7681.

A handwritten signature in cursive script that reads 'Elizabeth A. Cavendish'. The signature is written in black ink and is positioned above a horizontal line.

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Elizabeth A. (Betsy) Cavendish