



MURIEL BOWSER  
MAYOR

June 16, 2023

The Honorable Phil Mendelson  
Chairman  
Council of the District of Columbia  
John A. Wilson Building  
1350 Pennsylvania Avenue, NW, Suite 504  
Washington, DC 20004

Dear Chairman Mendelson:

In accordance with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01), and pursuant to section 209 of the District of Columbia Health Occupations Revision Act of 1985, effective March 25, 1986 (D.C. Law 6-99; D.C. Official Code § 3-1202.09), I am pleased to nominate the following person:

Ms. Rayan Hagona-Wordie  
55th Street, NE  
Washington, DC 20019  
(Ward 7)

for appointment as a physical therapist licensed in the District member of the Board of Physical Therapy, replacing Dr. Margaret Plack, to serve the remainder of an unexpired term ending April 16, 2024.

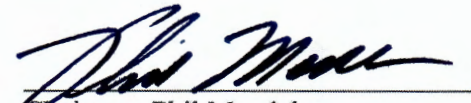
Enclosed you will find biographical information detailing the experience of the above-mentioned nominee, together with a proposed resolution to assist the Council during the confirmation process.

I would appreciate the Council's earliest consideration of this nomination for confirmation. Please do not hesitate to contact me, or Steven Walker, Director, Mayor's Office of Talent and Appointments, should the Council require additional information.

Sincerely,

A handwritten signature in black ink, appearing to read "Muriel Bowser".

Muriel Bowser  
Mayor

  
Chairman Phil Mendelson  
at the request of the Mayor

A PROPOSED RESOLUTION

IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

To confirm the appointment of Ms. Rayan Hagona-Wordie to the Board of Physical Therapy.

RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this resolution may be cited as the “Board of Physical Therapy Rayan Hagona-Wordie Confirmation Resolution of 2023”.

Sec. 2. The Council of the District of Columbia confirms the appointment of:

Ms. Rayan Hagona-Wordie  
55th Street, NE  
Washington, DC 20019  
(Ward 7)

as a physical therapy assistant licensed in the District member of the Board of Physical Therapy, pursuant to section 209 of the District of Columbia Health Occupations Revision Act of 1985, effective March 25, 1986 (D.C. Law 6-99; D.C. Official Code § 3-1202.09), replacing Dr. Margaret Plack, to serve the remainder of an unexpired term ending April 16, 2024.

Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution, upon its adoption, to the nominee and to the Office of the Mayor.

Sec. 4. This resolution shall take effect immediately.

# **Rayan Hagona-Wordie, Physical Therapist**

**EDUCATION:** Bachelor of Science – Physical Therapy University of Jordan. Amman, Jordan

## **HIGHLIGHTS OF QUALIFICATIONS:**

- Licensed to practice in the District of Columbia and Maryland
- Coordinates with health care providers to make recommendations for services that are appropriately provided at various points along a continuum of care to achieve the desired outcomes
- Experienced in a variety of settings including out-patient, and homecare
- Experienced in interacting with patients from a wide range of cultural, socio-economic, linguistic and religious backgrounds and sensitive to the unique needs of various communities
- Excellent time management, organizational, and problem-solving skills
- Excellent ability to work as an individual or practice in collaboration with a team.
- Proficient in the financial aspect of coding, billing, & reimbursement in the Physical Therapy field
- Fluent in English and Arabic

## **EXPERIENCE:**

### ***ASAP - Washington D.C. - Homecare Physical Therapist 4/2016 - Present***

- Planned and administered physical therapy treatment programs in patients' residence based on patient goals to restore patient to previous level of function or improve safety with functional mobility tasks
- Assessed the safety and accessibility of each patient's home environment and recommended adaptive equipment and/or home modifications as needed
- Developed home exercise programs to suit the needs of each patient using tools and materials readily available in patients' own home environment and regularly monitored for patient compliance
- Collaborated with entire medical treatment team for care plans
- Documented and filed incident reports and other relevant forms in a timely manner to maintain quality assurance
- Demonstrated competence in home visit documentation including Medicare OASIS
- Adhered to performing admissions in a timely manner and all necessary visits within certification period to ensure reimbursement for services rendered

### ***J.A.W. Therapy LLC - Washington, D.C. - Physical Therapist 01/2019 - Present***

- Contracted as the in-house physical therapist of the DC jail as part of a multi-disciplinary team to identify medical conditions in inmates and treat those whom may likely benefit from physical therapy
- Maintained a safe environment for inmates to receive physical therapy services without discrimination
- Advocated for inmates who were injured during their arrest and were processed without being informed of the nature of their present condition
- Conducted evaluations for continuity of care in inmates receiving physical therapy prior to incarceration
- Made decisions regarding dispensing of medically necessary equipment and devices as needed
- Designed individualized, but practical, home exercise programs for inmates which were in accordance with the rules and regulations of the jail environment
- Performed physical abilities tests to help determine inmate housing unit placement and if any mobility limitations existed and needed to be addressed

### ***Providence Hospital - Washington, D.C. - Physical Therapist 09/2015 – 12/2018***

- Contracted as the in-house physical therapist of the DC jail as part of a multi-disciplinary team to identify medical conditions in inmates and treat those whom may likely benefit from physical therapy
- Maintained a safe environment for inmates to receive physical therapy services without discrimination
- Advocated for inmates who were injured during their arrest and were processed without being informed of the nature of their present condition

- Conducted evaluations for continuity of care in inmates receiving physical therapy prior to incarceration
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**ATI- College Park, MD- Outpatient Staff Physical Therapist- 3/2015 - 9/2015**

- Operated as the lead clinician in a new out-patient clinic responsible for performing initial evaluations, treatment interventions, and discharges for patients
- Responsible for ordering all clinical supplies within the available monthly budget
- Experienced in the evaluation, treatment, and discharge of Medicare patients and well-informed of Medicare laws & regulations
- Performed administrative duties including but not limited to faxing reports, requesting for pre-authorization from a utilization review department, scheduling patient visits, checking patients in and out on computerized logging system.
- Ensured patient compliance by extending self to communicate appropriately with and follow up with all relevant parties involved in patient's care including physician, nurse case manager, attorney etc.

**KENNEDY CTR. FOR PERFORMING ARTS/ KIROV ACADEMY OF BALLET: Contract PT - 10/2014 - 05/2016**

- Contracted as an on-site Physical Therapist to treat special patient populations including but not limited to ballet students, dancers, and theatrical performers over short duration sessions
- Knowledgeable in the treatment of common dance related injuries
- Utilized a triage approach to address acute injuries and provided education and support to dancers with chronic or recurrent conditions
- Referred patients not responding to conservative treatment or those with serious injuries to appropriate specialist for further diagnostic testing and/or alternative treatment interventions as needed

**ALL THERAPY- Washington, DC: Senior Staff Physical Therapist- 12/13-2/15**

- Practiced as the only full-time therapist in a private orthopedic out-patient clinic primarily using a therapeutic exercise and manual therapy-based approach with the occasional use of modalities as needed
- Supervised 3 PT students and 1 PTA student during 6-8 week long clinical placements. Assisted in the development of clinical rotation handbook for students as well as the completion of weekly performance reviews and Clinical Performance Instruments
- Advocated for patients by participating in peer reviews related to insurance claim denials
- Demonstrated initiative with marketing project efforts to promote the business
- Skilled in the use of Web PT software for documentation and scheduling and VHI for home exercise program development

**KEYSTONE CARE -Philadelphia, PA: Contract Homecare Physical Therapist - 05/2013 - 08/2013**

- Handled 30 patient per week caseload ranging from pediatrics to geriatrics in a homecare setting
- Conducted supervisory visits with patients in a timely manner to ensure patient goals are being met with Physical Therapy Assistant and make necessary adjustments to treatment plan as needed
- Demonstrated ability to work efficiently by designing own weekly schedule with enough flexibility to include new evaluations and high priority patients
- Performed self-administrative duties including but not limited to logging mileage and travel times, and tracking patient authorizations of visits so as not to exceed those pre-approved by insurance
- Exhibited proficiency in healthcare documentation program RoadNotes/HomeWorks

**US HEALTHWORKS OCCUPATIONAL HEALTH CLINIC -La Porte, TX: Contract PT- 07/2012 - 01/2013**

- Operated as the sole therapist in the PT department of an occupational health clinic responsible for performing initial evaluations, treatment interventions, and discharges for patients
- Developed specific treatment plans which mirrored job related tasks to expedite patients' return to work
- Used tests for malingers to establish true need for physical therapy and prevent over-utilization of services
- Supervised technician in conducting physical abilities testing
- Provided in-services and orientation for safety personnel of client companies on workplace safety practices, the use of proper body biomechanics, correct workstation ergonomics



Executive Office of the Mayor - Office of Talent and Appointments  
John A. Wilson Building | 1350 Pennsylvania Avenue, Suite 600 | Washington, DC 20004

### Rayan Hagona-Wordie



Rayan Hagona-Wordie PT, is a licensed physical therapist in the District of Columbia and Maryland. She is a physical therapist for the D.C. Department of Corrections, a homecare physical therapist for ASAP D.C., and the creator and founder of J.A.W. Therapy, LLC.

At ASAP, Ms. Hagona-Wordie plans and administers a homecare physical therapy treatment program in a patient's home, based on patient goals to restore the patient to their previous level of function or improve safety with functional mobility tasks. At the Department of Corrections, she is a part of a multi-disciplinary team that identifies medical conditions in inmates within the jail. She also treats inmates with physical therapy needs. At J.A.W. Therapy, Ms. Hagona-Wordie provides physical therapy management consulting and physical therapy services.

Throughout her career, Ms. Hagona-Wordie has provided physical therapy services in out-patient and homecare. She continually coordinates with health care providers in order to make recommendations at various points in physical therapy continuum care. Ms. Hagona-Wordie formed J.A.W. Therapy in the hopes to better serve the residents east of the Anacostia River, by actively seeking to develop and expand its mobile outpatient physical therapy services.

A Ward 7 resident, Ms. Rayan Hagona-Wordie received a Bachelor of Science from the Physical Therapy University of Jordan.



GOVERNMENT OF THE DISTRICT OF COLUMBIA  
Executive Office of Mayor Muriel Bowser



Office of the General Counsel to the Mayor

**To:** Tommy Wells, Steve Walker  
**From:** Betsy Cavendish  
**Date:** March 7, 2023  
**Subject:** Legal sufficiency review of Resolution nominating Rayan Hagona-Wordie as a member of the Board of Physical Therapy

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**This is to Certify** that this office has reviewed the above-referenced resolution and found it to be legally unobjectionable. If you have any questions in this regard, please do not hesitate to call Vanessa Careiro, Deputy General Counsel, Executive Office of the Mayor, at 202-724-1303, or me at 202-724-7681.

A handwritten signature in cursive script that reads 'Elizabeth A. Cavendish'.

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Elizabeth A. (Betsy) Cavendish