



MURIEL BOWSER
MAYOR

April 27, 2023

The Honorable Phil Mendelson
Chairman
Council of the District of Columbia
John A. Wilson Building
1350 Pennsylvania Avenue, NW, Suite 504
Washington, DC 20004

Dear Chairman Mendelson:

In accordance with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01), and pursuant to section 215 of the District of Columbia Health Occupations Revision Act of 1985, effective March 14, 1995 (D.C. Law 10-205; D.C. Official Code § 3-1202.15), I am pleased to nominate the following person:

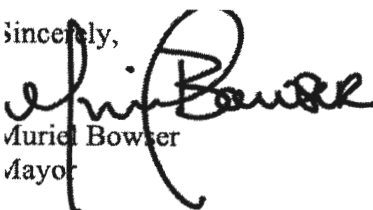
Ms. Regina McLinden
4th Street, SW
Washington, DC 20024
(Ward 6)

for appointment as a massage therapist licensed in the District member of the Board of Massage Therapy, replacing Joseph Reo, for a term to end October 29, 2025.

Enclosed you will find biographical information detailing the experience of the above-mentioned nominee, together with a proposed resolution to assist the Council during the confirmation process.

I would appreciate the Council's earliest consideration of this nomination for confirmation. Please do not hesitate to contact me, or Steven Walker, Director, Mayor's Office of Talent and Appointments, should the Council require additional information.

Sincerely,


Muriel Bowser
Mayor



Chairman Phil Mendelson
at the request of the Mayor

A PROPOSED RESOLUTION

IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

To confirm the appointment of Ms. Regina McLinden to the Board of Massage Therapy.

RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this resolution may be cited as the "Board of Massage Therapy Regina McLinden Confirmation Resolution of 2023".

Sec. 2. The Council of the District of Columbia confirms the appointment of:

Ms. Regina McLinden
4th Street, SW
Washington, DC 20024
(Ward 6)

as a massage therapist licensed in the District member of the Board of Massage Therapy, pursuant to section 215 of the District of Columbia Health Occupations Revision Act of 1985, effective March 14, 1995 (D.C. Law 10-205; D.C. Official Code § 3-1202.15), replacing Joseph Reo, for a term to end October 29, 2025.

Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution, upon its adoption, to the nominee and to the Office of the Mayor.

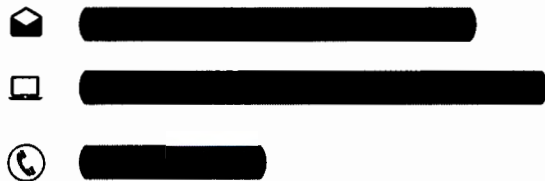
Sec. 4. This resolution shall take effect immediately.



Regina McLinden

LMT, CMLDT, ESTHETICIAN

Contact



Credentials

DC Licensed Massage Therapist
MT2295

DC Certified Esthetician
CSES5200716

Klose Training CMLDT
KTM1020PA12

AMTA: DC Chapter
Chair: Community Outreach
Committee
Board Secretary

American Red Cross
CPR + First Aid Certified

ITM Chiang Mai (Thailand)
Certified Thai Massage Levels I-IV

Education History

CIDESCO Skincare Certification 2018-2019
Tajmeel: Qatar International Beauty School

Massage Therapy Diploma 2017
American Massage and Bodywork Institute

High School Diploma with Honors 2014
Fauquier High School

Currently Enrolled
Northern Virginia Community College (NVCC)

Work Experience

Global Wellness Options Nov 2020 - Present
Founder

- Managing day to day operations of a self-owned massage practice, including customer relations, advertising, regulatory adherence, and charitable work
- Providing direct services as a licensed massage therapist

Eaton Hotel Oct 2019 - Present
Massage Therapist: Community Outreach

- Organizing and executing charity massage events for unserved members of the community to receive free bodywork services.

The Watergate Hotel Oct 2017 - Jan 2021
Massage Therapist

- Providing direct services as a licensed massage therapist in a luxury environment informed by Forbes standards for protocols
- Traveling internationally to visit product providers and receive education on treatment methods



Executive Office of the Mayor - Office of Talent and Appointments
John A. Wilson Building | 1350 Pennsylvania Avenue, Suite 600 | Washington, DC 20004

Regina McLinden



Ms. Regina McLinden is a licensed massage therapist and founder of Global Wellness Options.

Throughout her career, Ms. McLinden has been a dedicated massage therapist, esthetician, and certified manual lymphatic drainage therapist. At Global Wellness Options, her practice is uniquely eclectic, utilizing worldly training in different massage modalities that explore luxury spa services. Ms. McLinden is deeply involved with the entire wellness journey of her massage clients and provides in-depth work that is tailored to individual needs. She provides direct services as a licensed massage therapist, with gentle approaches to muscular and lymphatic manipulation.

Ms. McLinden believes in the power of bodywork to serve as a tool in social justice movements to empower, nurture, and comfort communities that would benefit from soft touch the most. She started Global Wellness Options to make such services available to everyone who was ready to amplify their approaches to self-care. To expand her reach, Ms. McLinden has since partnered with Eaton Workshop DC, to extend free massage and lymphatic drainage services to underserved members of the community and social activists. She currently serves as the chair of the AMTA DC Chapter's Community Outreach Committee, as well as the secretary of their DC board. Ms. McLinden is also a District of Columbia certified esthetician, certified in CPR and first aid from the American Red Cross, and ITM Chiang Mai certified in Thai massage levels I to IV.

A Ward 6 resident, Ms. Regina McLinden is a student majoring in Psychology.



GOVERNMENT OF THE DISTRICT OF COLUMBIA
Executive Office of Mayor Muriel Bowser



Office of the General Counsel to the Mayor

To: Tommy Wells, Steve Walker
From: Betsy Cavendish
Date: March 31, 2023
Subject: Legal sufficiency review of Resolutions nominating Cary Bland, Johanna Brooks, Maisha Goss-Johns, and Regina McLinden as members of the Board of Massage Therapy

This is to Certify that this office has reviewed the above-referenced resolutions and found them to be legally unobjectionable. If you have any questions in this regard, please do not hesitate to call Vanessa Careiro, Deputy General Counsel, Executive Office of the Mayor, at 202-724-1303, or me at 202-724-7681.

A handwritten signature in black ink that reads 'Elizabeth A. Cavendish'.

Elizabeth A. (Betsy) Cavendish