



**MURIEL BOWSER**  
**MAYOR**

July 12, 2022

The Honorable Phil Mendelson  
Chairman  
Council of the District of Columbia  
John A. Wilson Building  
1350 Pennsylvania Avenue, NW, Suite 504  
Washington, DC 20004

Dear Chairman Mendelson:

In accordance with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01), and pursuant to section 3 of the Maternal Mortality Review Committee Establishment Act of 2018, effective June 5, 2018 (D.C. Law 22-111; D.C. Official Code § 7-671.02), I am pleased to nominate the following person:

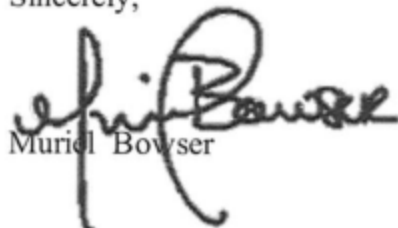
Dr. Melissa Fries  
Old Hundred Road  
Dickerson, MD 20842

for reappointment as a person with experience in obstetrics and gynecology from a District hospital or birthing center member of the Maternal Mortality Review Committee, for a term to end January 10, 2025.

Enclosed you will find biographical information detailing the experience of the above-mentioned nominee, together with a proposed resolution to assist the Council during the confirmation process.

I would appreciate the Council's earliest consideration of this nomination for confirmation. Please do not hesitate to contact me, or Steven Walker, Director, Mayor's Office of Talent and Appointments, should the Council require additional information.

Sincerely,

  
Muriel Bowser



Chairman Phil Mendelson  
at the request of the Mayor

A PROPOSED RESOLUTION

IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

To confirm the reappointment of Dr. Melissa Fries to the Maternal Mortality Review Committee.

RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this resolution may be cited as the "Maternal Mortality Review Committee Dr. Melissa Fries Confirmation Resolution of 2022".

Sec. 2. The Council of the District of Columbia confirms the reappointment of:

Dr. Melissa Fries  
Old Hundred Road  
Dickerson, MD 20842

as a person with experience in obstetrics and gynecology from a District hospital or birthing center member of the Maternal Mortality Review Committee, pursuant to section 3 of the Maternal Mortality Review Committee Establishment Act of 2018, effective June 5, 2018 (D.C. Law 22-111; D.C. Official Code § 7-671.02), for a term to end January 10, 2025.

Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution, upon its adoption, to the nominee and to the Office of the Mayor.

Sec. 4. This resolution shall take effect immediately.

**CURRICULUM VITAE**

**MELISSA HOWARD FRIES, M.D.**

**Present Title:** Director of Genetics and Fetal Medicine; Special Moms/Special Babies,



**Marital Status:** Married, two children

**EDUCATION**

| INSTITUTION  | DATES          | DEGREE       |
|--|----------------|--------------|
| Okaloosa Walton Jr. College, Niceville, FL   | 1970-1972      | A.A.—Biology |
| California State University, Sacramento, CA  | 1972-1974      | B.S.—Biology |
| University of Southern California, Los Angeles, CA   | 1975-1977      | M.S.Ed       |
| Uniformed Services University of the Health Sciences, Bethesda, MD                             | 1980-1984      | M.D.         |
| Residency: Obstetrics and Gynecology, Wilford Hall Air Force Medical Center, Lackland AFB, TX  | 1984-1988      | -            |
| Fellowship: Reproductive/Medical Genetics University of California, San Francisco              | 7/1989-12/1991 | -            |
| Fellowship: Obstetric Sonography University of California, San Francisco                       | 1/1992-6/1992  | -            |
| Solvay Educational Scholars Fellowship, Association of Professors of Gynecology and Obstetrics | 1/1998-2/1999  | -            |

**Certification:** Board Certified, American College of Obstetrics and Gynecology, Dec, 1994  
Recertified, 2021  
Board Certified, American Board of Medical Genetics, September, 1993  
Recertified: through 2021  
Gene Care First trimester Prenatal Screening and ultrasound diagnosis  
NT certification, Fetal Medicine Foundation, recertified, 2020

**State Licenses:** Virginia 2022 Maryland 2022 District of Columbia 2022

**Awards:** National Merit Scholarship, 1970-1974  
Board of Regents Award, Uniformed Services University, 1984  
Janet M. Glasgow Award, American Medical Women's Association, 1984  
Outstanding Staff Educator, Keesler OB/GYN Residency, 1993  
Educational Scholars' Fellowship, 1998-1999  
APGO Outstanding Educator Award, 6/2000  
Outstanding Staff Teaching Award, Keesler OB/GYN residency, 2001  
ACOG Outstanding Section Award, Army and Air Force Sections, Armed Forces District, 2004  
Kermit Krantz Award for Outstanding Air Force Obstetrician/Gynecologist, 2006  
ACOG/CREOG National Faculty Award, 2007  
Outstanding Educator Award, Medstar Washington Hospital Center: 2012, 2013

Nurses' Choice Physician Collaboration Award, Medstar Washington Hospital Center, 2015  
George E. Stevens Award for Excellence in Academic Teaching in Obstetrics and Gynecology Medstar GUH/WHC, June, 2015

**Membership:** Alpha Omega Alpha Medical Honor Society (elected Junior year)  
Member, American Society of Human Genetics  
Fellow, American College of Medical Genetics  
Fellow, American Congress of Obstetrics and Gynecology  
Fellow, Society of Maternal Fetal Medicine  
American Institute of Ultrasound in Medicine

**Positions Held:** staff Obstetrician-gynecologist, Williams AFB, AZ, 7/88-5/89

Dual position: Staff obstetrician-gynecologist and medical geneticist (Primary referral source for prenatal diagnosis Tricare Region 4), Keesler AFB, MS, 7/92-7/02

**OB/GYN Residency Program Director**, Keesler AFB, MS: 7/95-7/02

Clinical Associate Professor (non-tenure track), Obstetrics and Gynecology, University of South Alabama Medical School, Mobile, AL 1993-2002

Adjunct Assistant Professor of Physician Assistant Studies, University of South Alabama Medical School, Mobile, AL 1993-2002

Adjunct Associate Professor of Obstetrics and Gynecology, Uniformed Services University of the Health Sciences, Bethesda, MD 2001-2003

Associate Professor of Anatomy, Physiology, and Genetics  
Associate Professor of Obstetrics and Gynecology, Uniformed Services University of the Health Sciences, Bethesda, MD, 6/2003-2013

Director, Medical Genetics, Department of Anatomy, Physiology, and Genetics, Uniformed Services University of the Health Sciences, Bethesda, MD, 8/2002-3/2006

Director, Medical Genetics, Obstetric and Gynecology Dept., Naval Medical Center-Bethesda, MD, 9/2002-3/2006

**Department Chairman, Obstetrics and Gynecology**, Naval Medical Center, Bethesda, MD; 7/2004-3/2006

Vice-Chair, Women's and Infants' Services, Medstar Washington Hospital Center, 2010-Nov, 2013

**Chairman, Obstetrics and Gynecology**, Medstar Washington Hospital Center, Nov, 2013-January, 2021

Director, Special Moms/Special Babies Program, Washington Hospital Center and Children's National Medical Center, 2008-present  
Director of Genetics and Fetal Medicine, Washington Hospital Center, Washington DC; 4/2006-present



**Professor**, Clinical Educator Track, Georgetown University School of Medicine, May, 2018-present.

High risk Obstetrics Provider, Operation Welcome Allies, Ft. Pickett, Va: 9/2021-12/2021.

**Appointed Positions:**

Education Officer, OB/GYN Flight, Keesler AFB, MS: 1/95-6/95

Scientific Program Director, Armed Forces District Meeting-American College of Obstetricians and Gynecologists, 10/97

Chairperson, Ethics and Professionalism Section, Professional Education Committee, Keesler Medical Center, 1995-2002

Co-Chairperson, Obstetrics and Gynecology Division, Air Force Clinical Surgeons' annual Meeting, April 3-7, 2000, Biloxi, MS.

Trustee, Perinatal Resources, Inc. Hilliard, Ohio, 2002-2013

Clinical Director, AMEDD Cystic Fibrosis Screening Project, 2003-2006

Hospital Representative, District of Columbia Infant Mortality Committee: 2017-present

Mayoral Appointment: District of Columbia Maternal Mortality Committee: 3/2019 to present

Clinical Director, DC Perinatal Quality Collaborative, DC Health/DC Hospital Association administration, 6/2020-present

Mayoral Key Expert: DC Vaccine creation and administration, 2020

Member, Medstar Washington Hospital Center Board of Directors, 2017-present.

**National Appointments:**

Vice Chair, Air Force section, Armed Forces District, American College of Obstetricians and Gynecologists, October, 2002-2004

Chair, Air Force section, Armed Forces District, American College of Obstetricians and Gynecologists, Oct, 2004-Oct, 2005

Education Committee, American College of Medical Genetics, Jan, 2004-2010

Member, Genetics Committee, American College of Obstetricians and Gynecologists, Jan, 2004-2007

**University**

Chair, Biosafety Committee, Uniformed Services University, Bethesda, MD, 2004-2006

**Committees**

Admissions Committee Member, Uniformed Services University, 2003-2006

**Research Grants:**

1996: \$1 million from DOD/Health Affairs for Breast Education and Awareness Research for development of Familial Breast and Ovarian Cancer Research Project

1997: \$900,000 from DOD/Health Affairs, Familial Breast and Ovarian Cancer Research Project  
1998: \$400,000 from DOD/Health Affairs, Familial Breast and Ovarian Cancer Research Project  
1998: Solvay Educational Scholars' grant for research in Medical Professionalism  
2003: AMEDD Venture Capital fund grant, \$35,000, to USUHS Dept. of Anatomy, Physiology, and Genetics and USUHS Graduate School of Nursing  
2005: USUHS pilot grant funds: \$5000: Signaling Mechanisms in Down Syndrome Platelets  
2018: Washington DC DOH Prevention of Preterm Birth Grant, \$875,000

**Medals:** Air Force Achievement Medal, 1997  
Meritorious Service Medal, 1999; 2003, (first oak leaf cluster)  
Defense Meritorious Service Medal, 2006  
Navy Meritorious Service Medal, 2006

**Professional** Air War College (in correspondence), 2000

#### **PUBLICATIONS**

1. Fries MH, Hankins GDV. Motor vehicle accident associated with minimal maternal trauma but subsequent fetal demise. *Ann Emerg Med* 1989; 18: 301-304.
2. Fries MH, Goldberg JD, Golbus MS, Parer JT. Intrauterine transfusions for alloimmunization: post procedural bradycardia in late third trimester. *Israeli J OB/GYN* 1991; 2(1): 6-10.
3. Fries MH, Goldberg JD, Golbus MS. Treatment of acardius-acephalic twin gestation by hysterotomy and selective delivery. *OB/GYN* 1992; 79 (4): 601-604.
4. Kuller JA, Hoffman EP, Fries MH, Golbus MS. Prenatal diagnosis of Duchenne muscular dystrophy by fetal muscle biopsy. *Human Genetics* 1992; 90: 34-40.
5. Fries MH, Goldstein RB, Filly R, and Callen P. The effect of velamentous cord insertions on the etiology of twin-twin transfusion syndrome. *OB/GYN* 1993; 81 (4): 569-574.
6. Fries MH, Lebo R, Schonberg SA, Golabi M, Seltzer WK, Gitelman SE, Golbus MS. Mental retardation locus in Xp21 chromosome microdeletion. *Am J Med Gene* 1993; 46: 363-368.
7. Fries MH, Kuller JA, Norton ME, Yankowitz J, Kobori J, Good WV, Ferriero D, Cox V, Donlin SS, Golabi M. Facial Features of Infants Exposed Prenatally to cocaine. *Teratology* 1993; 48: 413-420.
8. Fries MH, Filly RA, Callen PW; Goldstein RB; Goldberg JD; Golbus MS. Growth retardation in prenatally diagnosed cases of gastroschisis. *Journal of Ultrasound in Medicine*, 1993; 12 (10): 583-8.
9. Fries MH, Kuller JA, Jurecki E, Packman, S. Prenatal counseling in heterozygotes for ornithine transcarbamylase deficiency. *Clinical Pediat. Sept, 1994: 525-529.*
10. Brost BC, Newman RB, Fries MH, Calhoun BC. The effects of hemodialysis on total intrauterine volume. *Ultrasound Obstet. Gynecol.* 1996; 8: 34-36.

11. Fries MH, Rinaldo P, Schmidt-Sommerfeld E, Jurecki E, Packman S. Isovaleric acidemia: response to a leucine load after three weeks of supplementation with glycine, L-carnitine, and combined glycine-carnitine therapy. *J Pediatr* 1996; 129: 449-52.
12. Brost BC, Newman RB, Fries MH, Calchoun BC. The effects of hemodialysis on total intrauterine blood volume. *Ultrasound Obstet Gynecol* 1996; 8(1): 34-6.
13. Bartholomew D, Abshire T, Fries M, Smith A. Novel missense mutation in the coagulation factor IX catalytic domain associated with moderate disease. *Human Mutation* 1997; 9 (1):72-3.
14. O'Connell LP, Fries MH, Zeringue E, and Brehm, W. Triage of abnormal postmenopausal bleeding: a comparison of endometrial biopsy and transvaginal sonohysterography versus fractional curettage with hysteroscopy. *Am J Obstet Gynecol* 1998; 178:956-61.
15. Johnson JP, Golabi M, Norton ME, Rosenblatt RM, Feldman GM, Yang SP, Hall BD, Fries MH, Carey JC. Costello syndrome: Phenotype, natural history, differential diagnosis, and possible cause. *J Pediatr* 1998;133:441-8.
16. Fries MH. Professionalism in Obstetrics and Gynecology residency Education: the view of Program Directors. *Obstet Gynecol* 2000; 95 (2): 314-316..
17. Fries MH, Carter C, Daniels J, Hailey J, Holt C, Hume R, Martin L, Flannigan J, Nunes M. Diagnostic criteria for testing for BRCA1 and 2: the experience of the DOD Familial Breast/ovarian Cancer Research Project. *Mil Med* 2002; 167:99-103.
18. Fries MH, Carter C, Daniels J, Hailey J, Holt C, Hume R, Martin L, Flannigan J, Nunes M. Guidelines for evaluation of patients at risk for inherited breast and ovarian cancer. *Mil Med* 2002;167: 93-98.
19. Fries MH, Flannigan J, Hailey BJ, Licklider D. Outcome of Five Years Accelerated Surveillance in Patients at High Risk for Inherited Breast/Ovarian Cancer: Report of a Phase II Trial. *Military Medicine* 169 (6), June, 2004: 411-6.
20. Fries MH, Bashford M, Nunes M. Implementing prenatal screening for cystic fibrosis in routine obstetric practice. *Am J Obstet Gynecol* Feb 2005; 192(2):527-34.
21. Brumfield SS, Fausett MB, Fries MH. Intrauterine fetal resuscitation following complications of closed fetal surgery. *Fetal Diagn Ther.* 2005 Jul-Aug (4); 272-4.
22. Timofeev, J, Fries MH, Ruiz G, Driggers, R. Intravenous Epoprostenol for Management of Pulmonary Arterial Hypertension during Pregnancy. *AJP Reports*, 2013, Oct;3(2):71-4.
23. Donofrio MT, Levy JR, Schuette JJ, Skurow-Todd K, Sten MB, Stallings C, Pike JI, Krishnan A, Ratnayaka K, Sinha P, DuPlessis AJ, Downing DS, Fries MH, Berger JT. Specialized delivery room planning for fetuses with critical congenital heart disease. *Am J Cardiol.* 2013 Mar 1; 111(5):737-47.
24. Harris RC, Fries MH, Boyle A, Adeniji-Adele H, Cherian, Z, John AS. Multidisciplinary management of pregnancy in complex congenital heart disease: a model for coordination of care. *Congenit Heart Dis*, 2014 Jan 22: doi 10.1111/chd12163 (epub ahead of print).
25. Fries MH. Ethical Concerns in Prenatal Diagnosis. *J Hosp Ethics*, 2014; 3(3):109-112.



26. Clark-Ganheart CA, Iqbal SN, Brown DL, Black S, Fries MH. Understanding the limitations of circulating cell free fetal DNA: an example of two unique cases. *J Clin Gynecol Obstet* 2014, 3:38-70.
27. Clark-Ganheart CA, Fries MH, Leifheit KM, Jensen TJ, Moreno-Ruiz NL, Ye PP, Jennings JM, Driggers RW. Use of Cell-Free DNA in the Investigation of Intrauterine Fetal Demise and Miscarriage. *Obstet Gynecol* 2015; 125 (6): 1321-1327.
28. Friday, K, Moak JP, Fries MH, Iqbal, S. Catecholaminergic Ventricular Tachycardia, Pregnancy and Teenager: Are they compatible? *Pediatric Cardiology* 2015 (Aug); 36 (7):1542-7.
29. Lynce F, DeMarco T, Fries M, and Smith K. Deleterious BRCA1/2 mutations in an urban population of Black women. *Breast Cancer Research and Treatment*, 2015 (Aug); 153(1): 201-9.
30. Bishop LA, Patel S, Fries MH. A case of recurrent luteo hyperreactionalis. *J Clin Ultrasound*, 2016 Feb 19 doi:10.1002/jcu.22343.
31. Guidry-Grimes L (commentary MH Fries), The Case of Ms D: A Family's Request for Posthumous Procurement of Ovaries. *J Clin Ethics*, 2016 Spring;27(1):51-8.
32. Parikh, LI, Jelin AC, Iqbal SN, Belna SL, Fries MH, Patel M, Desale, S, Ramsey, PS. Glycemic control, compliance, and satisfaction for Diabetic gravidas in centering group care. *J Mater Fetal Neonatal Med*, 2016 Jul, 21: 1-6.
33. Fries MH. Analysis: OB/GYN Genetics. *J Clin Ethics*. 2016 Spring: 27(2):59-60.
34. Kuo CY, Baker H, Fries MH, Yoo JJ, Kim PCW, Fisher JP. Bioengineering Strategies to Treat Female Infertility. *Tissue Eng Part B Rev*.2017 May; 30(10): 1221-1226.
35. Parikh LI, Grantz KL, Iqbal SN, Huang CC, Landy HJ, Fries MH, Reddy UM. Neonatal outcomes in fetuses with cardiac anomalies and the impact of delivery route. *Am J Obstet Gynecol*. 2017 Oct;217(4):469.e1-469.312.
36. Parikh LI, Iqbal SN, Jelin AC, Overcash RT, Tefera E, Fries MH. Third trimester ultrasound for fetal macrosomia: optimal timing and institutional specific accuracy. *J Matern Fetal Neonatal Med*. 2017 Nov 28:1-5.
37. Crochet S, Huang CC, Fries M, Scott RK. Implementation of universal rapid human immunodeficiency virus screening on labor and delivery. *Ther Adv Infect Dis*. 2018 Mar; 5(2):47-54.
38. Kawakita T, Fries M, Singh J, Al-Kouatly HB. Pregnancies complicated by maternal osteogenesis imperfect type III: a case report and review of literature. *Clin Cas Rep*. 2018 May 21; 6(7):1252-1257.
39. Lee AC, Haddad A, Fries MH, Al-Kouatly, HB. Risk factors, clinical findings, and outcomes in pregnancies with coronary artery dissection: A case series. *Eur J Prev Cardiol*. 2019 Mar; 26(5):544-548.
40. Adams AD, Aggarwal N, Fries MH, Donofrio MT, Iqbal SN. Neonatal and maternal outcomes of pregnancies with a fetal diagnosis of congenital heart disease using a standardized delivery room management protocol. *J Perinatol*.2020 Feb; 40(2):316-323.
41. Spiliopoulos M, Kuo CY, Eranki A, Jacobs M, Rossi CT, Iqbal SN, Fisher JP, Fries MH, Kim PCW. Characterizing placental stiffness using ultrasound shear-wave elastography in healthy and pre-eclamptic pregnancies. *Arch Gynecol Obstet*.2020 Jul 16 doi:10.1007/s00404-020-05697.



## BOOK CHAPTERS

Golbus MS, Fries MH. Surgical Antepartum Fetal Therapy. In: The High Risk Fetus, Lin C-C, ed. Springer-Verlag: Chicago, 1993.

Fries MH, Golbus MS. Prenatal Diagnosis. In: Scientific American Introduction to Molecular Medicine, Leder P, Clayton DA, Rubenstein E, eds. Scientific American Inc: New York: 1994. (Note: Voted best medical book of 1995 by the British Medical Society).

Fries MH. Pre-Implantation Embryo Analysis. In: Prenatal Diagnosis and Reproductive Genetics, Kuller JA, Chescheir NC, Cefalo, RC, eds. Mosby-Year Book Inc.: St. Louis, 1996.

Fries, MH. Licit and Illicit Drug Use in Pregnancy: Epidemiology, Amphetamines, LSD, PCP, and "T"s and Blues. In: Drug Therapy in Pregnancy, 3<sup>rd</sup> Ed, Niebyl, J and Yankowitz, J, eds. ,2001.

Fries MH, Best G, and Woods JR. Licit and Illicit Drugs: Marijuana and Cocaine. In: Drug Therapy in Pregnancy, 3<sup>rd</sup> Ed, Niebyl, J and Yankowitz, J, eds. ,2001

## BOOK REVIEWS

Filkins, K, ed. Prenatal Diagnosis, 2<sup>nd</sup> ed. Am J Hum Genet 1991; 43: 788.

Milunsky, A. ed. Genetic Disorders and the Fetus, 3<sup>rd</sup> ed. Am J Hum Genet 1993; 46: 347.

## REPORTS

Guidelines for the Management of Patients at Risk for Inherited Breast and Ovarian Cancer. Developed for DOD Breast Cancer Working Group, September, 1998.

Toolkit for Prenatal Screening for Cystic Fibrosis: A Guide to Use and Counseling Materials. Developed for the US Army Medical Department, January, 2003.

## PRESENTATIONS

### Posters:

Pre-implantation mouse embryo analysis for beta glucuronidase deficiency. Presented at American Society of Human Genetics Annual Meeting, Oct.12-16, 1990, Cincinnati, OH.

Fetal bradycardia after third trimester intravascular intrauterine transfusion. Presented at Society of Perinatal Obstetricians Annual Meeting, Feb. 2-3, 1991, San Francisco, CA.

Treatment of acardiac-acephalic twin gestations by hysterotomy and selective delivery. Presented at Society of Perinatal Obstetricians Annual Meeting, Feb. 2-3, 1991, San Francisco, CA.

Mental retardation in carriers of complex glycerol kinase deficiency. Presented at the International Congress of Human Genetics, Oct. 4-11, 1991, Washington, D.C.

Prenatal counseling for carriers of ornithine transcarbamylase deficiency. Presented at the International Congress of Human Genetics, Oct. 4-11, 1991, Washington, D.C.

Renal function after in-utero intervention for fetal obstructive uropathy. Presented at the Society of Perinatal Obstetricians Annual Meeting, Feb 2-5, 1992, Orlando, FL.

The distinctive facies of prenatal cocaine exposure. Presented at the American Society of Human Genetics Annual Meeting, Nov. 9-13, 1992, San Francisco, CA.

Schmidt-Sommerfeld E, Fries MH, et al. The effect of glycine and carnitine therapy on isovaleryl glycine and isovaleryl carnitine excretion in isovaleric acidemia. Presented at the 6th International Congress of Inborn Errors of Metabolism, May 27-31, 1994, Milan, Italy.

Fries MH, Reilly PA, Williams TC, Ridgon D. Partial trisomy 5q resulting from chromosome 7 insertion: an expansion of the phenotype. Presented at the American Society of Human Genetics Annual Meeting, Oct, 1994, New Orleans, La.

Ballard M, Fries MH. Prenatal diagnosis of massive cranial hemangioma with neonatal development of Kasabach-Merit syndrome. Presented at the Armed Forces District Meeting of the American College of Obstetricians and Gynecologists, 20-24 October, 1996, Nashville, TN.

Curry AK, Fries MH. Antepartum Management of chorion-amnion Separation. Presented at the Armed Forces District Meeting of the American College of Obstetricians and Gynecologists, 20-24 October, 1996, Nashville, TN.

O'Connell L, Fries MH, Brehm W. Triage of abnormal post-menopausal bleeding: preliminary findings. Presented at the Armed Forces District Meeting of the American College of Obstetricians and Gynecologists, 20-24 October, 1996, Nashville, TN. **Winner of Outstanding Poster Award.**

Hester, M and Fries, MH. Prenatal Diagnosis of Limb-Body Wall Anomaly. Presented at the Armed Forces District Meeting of the American College of Obstetricians and Gynecologists, 12-15 October, 1997, New Orleans, LA.

Fries, MH; Nunes, M, et al. Comprehensive Management for familial Breast/Ovarian Cancer in a military health care setting. Presented at the American Society of Human Genetics annual meeting, 29 Oct-2 Nov, 1997, Hyatt Regency Hotel, Baltimore, MD.

Weatherly RL; Hudson GT; Sawyer CD; Cadman ML; Fries MH, Bartholomew DW; and Nunes ME. Test interpretation and clinical perspective in BRCA1/BRCA2 molecular analysis of high risk breast cancer patients. Presented at the American Society of Human Genetics annual meeting, 27-31 Oct, 1998, Colorado Convention Center, Denver, Colorado.

Fries, MH; Brost, B. Expanding attending staff teaching skills through development of a faculty journal club. Presented at the Association of Professors of Gynecology and Obstetrics annual meeting, Feb 21-24, 1999; Marriott Marina Resort, San Diego, CA.

Fries, MH. The evaluation and development of professional qualities in obstetrics and gynecology resident training programs. Presented as an APGO/Solvay Educational Scholars' special interest poster at the Association of Professors of Gynecology and Obstetrics annual meeting, Feb 21-24, 1999; Marriott Marina Resort, San Diego, CA.

Fries, MH et al. Diagnostic Discrimination Quality of Criteria for BRCA1/2 Testing. Presented at the American Society of Human Genetics annual meeting, 19-23 October, 1999, San Francisco, CA.

Fries, MH, et al. Genetic Discrimination in Disability Determination. Presented at the annual American Society of Medical Genetics meeting, Mar 1-4, 2001, Miami, FL.

Wiedenhoefer JF and Fries, MH. Unpredictable pregnancy outcome in patients with cystic fibrosis. Presented at the annual American Society of Medical Genetics meeting, Mar 1-4, 2001, Miami, FL and the Air Force Clinical Surgeons' Meeting, 2-5 April 2001, San Antonio, TX.

Fries, MH, Bashford M, and Nunes M. A Pilot Program for Cystic Fibrosis Screening: the Keesler AFB experience. Presented at the annual Armed Forces District Meeting of the American College of Obstetricians and Gynecologists, October 18-22, 2002, Honolulu, HI. **Winner of Outstanding Poster Award.**

Fries, MH, Bashford M, and Nunes M. A Pilot Program for Cystic Fibrosis Screening: Lessons Learned. Presented at the annual American College of Medical Genetics Clinical Meeting, March 13-16, 2003, Sheraton San Diego, San Diego, CA.

Seibert, D and Fries, MH. Use of Simulated Patients for Genetic Counseling Education in Cystic Fibrosis. Presented at the annual International Society of Nurses in Genetics meeting, October 23-26, 2004, Metropolitan Hotel, Toronto, Canada.

Timofeev J, Fries MH, Ruiz G, and Driggers, R. Use of Etopan for treatment of pregnancy complicated by pulmonary hypertension. Poster presentation for MWHC Research Day, 2013.

Friday, K, Ganheart-Clark C, Fries MH. Use of wound vac for prevention of seroma in Obese patients at time of cesarean delivery. Poster Presentation for MWHC Research Day, 2013 **(Winner of Outstanding Poster for Residents 1-3)**

Ganheart-Clark C; Driggers, R; Fries MH. Use of cell-free fetal DNA for evaluation of early pregnancy loss. Poster and Oral Presentation for MWHC Research Day, 2014. **(Winner of Outstanding Fellow Presentation.)**

Haddad A, Mokhtari N, Kawakita T, Iqbal S, Fries M. Indications for Preterm Birth by Gestational Age. ACOG 2019 Annual Clinical and Scientific Meeting, Nashville, TN (May 3-6, 2019)

Haddad A, Tripureneni P, Mokhtari N, Fries M, Iqbal I. Evaluation of Early Screening for Gestational Diabetes Mellitus (GDM) with standard HbA1C. SMFM 40<sup>th</sup> annual Pregnancy Meeting, Feb 3-8, 2020, Grapevine TX.

Haddad A, Saeed H, Fries M, Iqbal I. The Epigenetic Effect of Metformin on the Fetus. SMFM 41<sup>st</sup> Annual Pregnancy Meeting, February 25-30, 2021.

#### Oral Presentations:

Treatment of acardiac-acephalic twin gestations by hysterotomy and selective delivery. Presented to the Armed Forces District Meeting of the American College of Obstetricians and Gynecologists, October 5-10, 1991, Cincinnati, OH.

Fetal Cocaine Embryopathy. Presented to the Western Region/Clinical Dysmorphology Seminar, May 8, 1992, Seattle, Washington.

Forceps and Vacuum Deliveries. Conference: Antepartum and Intrapartum Fetal Management, June 5-7, 1992, Hyatt Regency Hotel, San Francisco, CA.



The role of velamentous cord insertions in the etiology of twin-twin transfusion syndrome. Presented at the Society of Perinatal Obstetricians Annual Meeting, Feb. 11, 1993, San Francisco, CA.

Invasive Fetal Prenatal Diagnosis: Spearthrowing vs. Fishing? Presented at the Air Force Clinical Surgeons' Meeting, Mar. 29-Apr 4, 1996, San Antonio, TX.

Non-traditional Means of Inheritance. Presented at the Air Force Clinical Surgeons' Meeting, Mar. 29-Apr 4, 1996, San Antonio, TX.

Prenatal Diagnosis. Presented at the Maternal Fetal Review Session, Armed Forces District Meeting of the American College of Obstetricians and Gynecologists, 20-24 October, 1996, Nashville, TN.

Maternal Serum Screening for Fetal Abnormalities. Presented at the Maternal-Fetal Review Session, Armed Forces District Meeting of the American College of Obstetricians and Gynecologists, 20-24 October, 1996, Nashville, TN.

Edgeworth DJ, Fries MH. Ovarian Varicoceles and chronic pelvic pain: a case report and literature review. Presented at the Armed Forces District Meeting of the American College of Obstetricians and Gynecologists, 20-24 October, 1996, Nashville, TN.

Comprehensive management for familial breast/ovarian cancer in a military health care setting. Presented at the DOD Breast Cancer Research Conference, July 28-29, 1997, Hyatt Regency Crystal City, Alexandria, VA.

Patient indications for mutation testing after referral for genetic counseling for breast/ovarian cancer. Presented at the Breast Cancer Symposium, Madigan Army Medical Center, Tacoma Washington, 13 Aug, 1997.

The Familial Breast Cancer Research Project, presented at the Region 4 Tricare Meeting, 11 Sept 1997, Adam's Mark Hotel, Mobile, AL.

Guidelines for the management of patients at risk for inherited breast and ovarian cancer. Presented at the DOD Breast Cancer Research Conference, 17 Sept 1998, Town and Country Convention Center, San Diego, CA.

Guidelines for the management of patients at risk for inherited breast and ovarian cancer. Presented at the Clinical Practice Update Seminar, 1 July 1999, sponsored by Baptist Hospital, Pensacola Naval Air Station, Pensacola, FL

Sonographic criteria for the Diagnosis of Down syndrome. Presented at the Armed Forces District-American College of Obstetricians and Gynecologists annual meeting, Nov1-4, 1999, San Antonio, TX.

Inherited Breast/Ovarian Cancer: Guidelines for management based on the experience of the DOD Familial Breast Cancer Research Project. Presented at the Society of Air Force Clinical Surgeons' Meeting, April 3-7, 2000, Grand Casino, Biloxi, MS.

Diagnosis of Fetal Congenital Anomalies by Ultrasound. Presented at the Annual Regional Radiology Conference, 23 Sept 2000 and Sept. 2002, Imperial Palace Casino, Biloxi, MS.

Prenatal Screening for Cystic Fibrosis: The AMEDD approach. Presented at the Armed Forces District Meeting, American College of Obstetrics and Gynecology, October 19, 2004 (Dr. Diane Seibert, co-author, presenting.)



Genetic Counseling. Presented at the Annual Columbus Comprehensive Review Course and Orlando Comprehensive Review Course in Obstetrics and Gynecology, 11 October 2000, 8 October 2001, 27 October 2001, 8 October 2002, 1 November 2002, 14 October 2003, and 31 October 2004, October 2005, October 2006, October 2007, Oct, 2009, October 2010, October, 2011, October 2012..

Maternal Serum Screening for Fetal Anomalies. Presented at the Annual Columbus Comprehensive Review Course and Orlando Comprehensive Review Course in Obstetrics and Gynecology, 11 October 2000, 8 October 2001, 27 October 2001, 8 October 2002, 14 October 2003, 22 October 2004, 19 October 2004, October, 2005, October 2006, October 2007, October 2008, October 2009, October 2010, October 2011, October 2012..

Prenatal Diagnosis. Presented at the Annual Columbus Comprehensive Review Course and Orlando Comprehensive Review Course in Obstetrics and Gynecology, 11 October 2000, 8 October 2001, 27 October 2001, 8 October 2002, 1 November 2002, 14 October 2003, 31 October 2003; 22 October 2004, 19 October 2004, October 2005, 31 October 2006, October, 2007, October 2009, October 2010, October 2011, October 2012.

Female Sexual Function and Dysfunction, Presented at the Orlando Comprehensive Review Course in Obstetrics and Gynecology, October 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012.

Teratology, Presented at the Annual Columbus Comprehensive Review Course, October, 2007, 2008, 2009, 2010, 2011, 2012

Abnormalities of Meiosis, Uniformed Services University Medical Student scheduled lecture, September 2014, 2015, 2016, 2017, 2018, 2019, 2020.

#### **Invited Lectures/Grand Rounds**

Mendenhall Guest Lecturer, University of South Alabama Resident Research Day: The Department of Defense Familial Breast/Ovarian Cancer Research Project, 7 June 2002.

Outcome of Accelerated Surveillance in patients at risk for inherited breast and ovarian cancer. Presented at the annual Armed Forces District Meeting of the American College of Obstetricians and Gynecologists, Oct 22, 2002; Honolulu, HI.

Inherited Thrombophilias. Invited Lecturer, Grand Rounds, Obstetrics and Gynecology Service, Malcolm Grow Medical Center, Andrews AFB, MD, Nov. 16, 2002

Genetic Counseling. Invited Lecturer, Capital Area Obstetrics and Gynecology Residency Training Program, Walter Reed Army Medical Center, Jan. 9, 2003.

Genetics and Behavior. Presented at the Early Intervention Services Conference 2003, US Naval Hospital, Roosevelt Roads, PR, March 5-7, 2003.

Basic Principles of Cancer Genetics and Genetic Cancer Syndromes of the Breast and Female Genital Tract. Invited Lecturer, Capital Area Gynecologic Oncologic Fellowship Training Program, Walter Reed Army Medical Center, April 1 and 8, 2003 and February 2006

Medical Genetics Principles for the Air Force Legal Officer, March 24, 2004; April 13, 2005 and March, 2006, Andrews AFB, MD

Grand Rounds, Obstetrics and Gynecology, Washington Hospital Center, 5 Sept. 2006: First Trimester Screening

Grand Rounds, Endocrinology, Washington Hospital Center/Georgetown University  
Endocrinology Program: 17 April 2007: Genetics in Endocrinology

Grand Rounds, Internal Medicine, Washington Hospital Center, 25 April 2007: Genetics in  
Internal Medicine

Grand Rounds, Obstetrics and Gynecology, Georgetown University Hospital, 17 May 2007: First  
Trimester Screening

Grand Rounds, Obstetrics and Gynecology, Franklin Memorial Hospital, 28 September 2007:  
Maternal Serum Screening

The Genetics of Diabetes, Review Section Mar 31, 2011, International Society of Diabetes in  
Pregnancy, Washington DC

Grand Rounds, Obstetrics and Gynecology, Washington Hospital Center, 19 May 2011,  
Revolutionary Medicine in Cuba

Management of Congenital Heart Disease in Pregnancy, May 26, 2011; Adult Congenital Heart  
Disease Program, Omni Shoreham Hotel.

Innovations in Prenatal Diagnosis, Medstar Update in Obstetrics, Harbor Hospital, March 15,  
2013

Contraception in Adolescents with Congenital Heart Disease. Adult Congenital Heart Disease  
Program, Omni Shoreham Hotel, May 17, 2013.

NICU Grand Rounds, Updates in Prenatal Diagnosis, 5 Sept 2013, Washington Hospital Center

Girls' Night Out: "Taking Care of the Girls: The Importance of Family History," Largo Community  
Church, October 6, 2013

Update on Prenatal Diagnosis, The High Risk Fetus and Newborn, Omni Shoreham, Washington,  
DC, Nov 6, 2013.

Moderator and Program Director, Adult Congenital Heart Disease Regional Meeting, May 16-17,  
2014, Marriott Conference Center, North Bethesda, MD.

Presentations: MWHC approach to management of pregnancy in patients with adult congenital  
heart disease; contraception in patients with adult congenital heart disease; 3 case presentations  
of pregnancy management in congenital heart disease.

The Rise and Fall of the Placenta, Fetal Medicine Telemedicine Series, Dec, 2014 Childrens'  
National Medical Center, Washington, DC.

Moderator and Program Director, Adult Congenital Heart Disease Regional Meeting, April 17-18,  
2015, Liaison Hotel, Capital Hill, Washington DC

Presentations: Recurrence risk in Congenital Heart Disease  
4 case presentations of pregnancy management in congenital heart disease

Chronic Hypertension in Women: Updates  
American Society of Nurse Midwives, 28 June 2015  
Gaylord National Harbor, Oxon Hill, MD

Grand Rounds: Holy Cross Hospital, Silver Spring, MD: "Doctor, will my Baby be all right?—  
Prenatal Diagnosis in the time of too many options, Dec, 2015.

Sexuality after Breast Cancer: Invited lecture, Hope Connections for Cancer Support, 25 April, 2016.

Moderator and Program Director: Adult Congenital Heart Disease Regional Meeting, Sept, 2016, Omni Shoreham Hotel, Washington DC.

Presentation: Managing pregnancy in the patient with ACHD.

Grand rounds presentation, Prince Georges County Hospital: Management of pregnancy in women with congenital heart disease, November, 2017.

Moderator and Program Director, Adult Congenital Heart Disease Regional Meeting, University of Maryland Conference Center, April 13-14, 2018.

Presentation: Labor management in the patient with Congenital Heart Disease

Moderator and Program Director, Adult Congenital Heart Disease Regional Meeting, Bethesda Pooks Hill Marriott, Oct 3-4, 2019

Presentation: Prenatal evaluation of women with congenital heart disease

Speaker, 4<sup>th</sup> International Summit on the Fetal Brain, Four Seasons Hotel, Washington DC, Nov 21-22, 2019

Presentation: Implementing maternal mental health services in obstetrical care

**Research Interests:** Identification, education, counseling, testing, and management of familial breast/ovarian cancer  
Medical professionalism in residency training  
Pregnancy management in patients with adult congenital disease  
Ethical, legal, and social implications of medical genetics  
Medical genetics counseling for language and learning impaired patients

#### **References**

Dr. Sara Iqbal, Program Director, MFM Fellowship, Medstar Washington Hospital Center, 301-980-7018

Dr. Diane Seibert, Associate Dean for Technology, GSN, Uniformed Services University of the Health Sciences, 4301 Jones Bridge Road, Bethesda, MD 20814: 301 295-1001 or 410 599-2743

Dr. Gregory Argyros, President, Medstar Washington Hospital Center, 202 877-5053





Executive Office of the Mayor - Office of Talent and Appointments

John A. Wilson Building | 1350 Pennsylvania Avenue, Suite 600 | Washington, DC 20004

### **Dr. Melissa Fries**



As a reproductive geneticist and high-risk obstetrician, Dr. Fries recognizes the privilege of caring for those whose road to motherhood has been difficult and uncertain. Mothers with genetic conditions, such as brittle bone disease, or problems, such as repaired congenital heart anomalies, have special risks in pregnancy. She is committed to providing the most compassionate and experienced care for these high-risk women and their infants--comprehensive, honest, and committed care from preconception to postpartum. Dr. Fries works as part of a multidisciplinary and regional involvement of the adult physicians at MedStar Washington Hospital Center and the Fetal Program at Children's National Medical Center. This inclusiveness allows women who may have doubted their chance for a healthy and successful pregnancy to realize their dreams.

Dr. Fries has spent over 30 years in the field of obstetrics and gynecology. She completed a residency at Wilford Hall Air Force Medical Center and a fellowship in reproductive genetics at University of California-San Francisco. After 26 years in the Air Force, she retired from the military and joined the faculty at Medstar Washington Hospital Center. She presently serves as the department Chairperson and the Director of the Special Moms/Special Babies program.

Dr. Fries received her Associate Degree in Biology from Okaloosa-Walton Community College, a Master of Science in Biology from California State University, a Master of Science in Education from the University of Southern California, and a Doctor of Medicine from Uniformed Services University of the Health Sciences.





GOVERNMENT OF THE DISTRICT OF COLUMBIA

Executive Office of Mayor Muriel Bowser



Office of the General Counsel to the Mayor

**To:** Bryan Hum, Steve Walker  
**From:** Betsy Cavendish  
**Date:** June 30, 2022  
**Subject:** Legal sufficiency review of Resolutions nominating members to the Maternal Mortality Review Committee

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**This is to Certify** that this office has reviewed the above-referenced resolutions and found them to be legally unobjectionable. If you have any questions in this regard, please do not hesitate to call Vanessa Careiro, Deputy General Counsel, Executive Office of the Mayor, at 202-724-1303, or me at 202-724-7681.

A handwritten signature in cursive script that reads 'Elizabeth A. Cavendish'.

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Elizabeth Cavendish