

MURIEL BOWSER MAYOR January 11, 2021

The Honorable Phil Mendelson Chairman Council of the District of Columbia John A. Wilson Building 1350 Pennsylvania Avenue, NW, Suite 504 Washington, DC 20004

Dear Chairman Mendelson:

In accordance with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01), and pursuant to section 305 of the Fiscal Year 2002 Budget Support Act of 2001, effective October 3, 2001 (D.C. Law 14-28; D.C. Official Code § 2-1374), which established the Commission on Asian and Pacific Islander Community Development ("Commission"), I am pleased to nominate the following person:

Ms. Karen Kwok Chapin Street, NW Washington, DC 20009 (Ward 1)

for appointment as a public voting member of the Commission, replacing Julie Won, for a term to end April 17, 2023.

Enclosed, you will find biographical information detailing the experience of the above-mentioned nominee, together with a proposed resolution to assist the Council during the confirmation process.

I would appreciate the Council's earliest consideration of this nomination for confirmation. Please do not hesitate to contact me, or Steven Walker, Director, Mayor's Office of Talent and Appointments, should the Council require additional information.

Sincerely,

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Chairman Phil Mendelson at the request of the Mayor

A PROPOSED RESOLUTION

IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

To confirm the appointment of Ms. Karen Kwok to the Commission on Asian and Pacific Islander Community Development.

RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this resolution may be cited as the "Commission on Asian and Pacific Islander Community Development Karen Kwok Confirmation Resolution of 2021".

Sec. 2. The Council of the District of Columbia confirms the appointment of:

Ms. Karen Kwok Chapin Street, NW Washington, DC 20009 (Ward 1)

- as a public voting member of the Commission on Asian and Pacific Islander Community
- Development, established by section 305 of the Fiscal Year 2002 Budget Support Act of 2001,
- effective October 3, 2001 (D.C. Law 14-28; D.C. Official Code § 2-1374), and in accordance
- with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C.
- Official Code § 1-523.01), replacing Julie Won, for a term to end April 17, 2023.
- Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution,
- upon its adoption, to the nominee and to the Office of the Mayor.
  - Sec. 4. This resolution shall take effect immediately.

# KAREN CARMEN KWOK

MSN, FNP-BC, MPH

1439 Chapin Street NW #103, Washington, DC 20009 nursekkwok@gmail.com 415-200-9275

#### **OBJECTIVE**

Seeking Commission opportunity contributing to community health, civic engagement, & collective action for an API wellness agenda in an equitable & inclusive District of Columbia

# KEY QUALIFICATIONS

- GLOBAL HEALTH ADVISOR WITH MASTER'S IN PUBLIC HEALTH: Johns Hopkins University graduate with over 20 years engaging interdisciplinary teams for health systems strengthening efforts
- FIELD EXPERIENCE: Sub-Saharan Africa, Central/Southeast Asia, Latin America & Caribbean
- TECHNICAL EXPERTISE: FP/RH, RMNCAH, NCD, oncology, immunizations, TB/HIV, & HMIS
- PROJECT MANAGEMENT: Train-the-trainer for capacity development supervising 2-5 direct reports with NCD community initiatives ranging from \$1 Million to \$30.5 Million with Project Hope & Peace Corps
- USER EXPERIENCE DESIGN: Super User for electronic health records, Content Expert in medical device focus groups, & Hackathon Enthusiast applying Human-Centered Design in global development evaluation
- DONOR FAMILIARITY: USAID (including Saving Mothers Giving Life), Project CURE, PEPFAR, CDC, DOD, FEMA, HHS, JICA, SIDA, Project Hope, Mercy Corps, & California HealthCare Foundation
- ADVANCED PRACTICE NURSE: UC San Francisco graduate & American Nurses Credentialing Center recognized as Family Nurse Practitioner Content Expert Panelist with over 17 years in delivering patient care
- LANGUAGES: proficiency in conversational & medical Spanish & Cantonese

#### EDUCATION: PUBLIC HEALTH & FAMILY NURSING

Johns Hopkins University, Baltimore, Master of Public Health

2005

- Specialty: Program Evaluation, Bill & Melinda Gates Reproductive Health Institute
- · Awards: Alice & William Hinckley Fund, Association of Teachers of Preventive Medicine

University of California, San Francisco, Master of Science in Nursing

2004

- · Specialty: Advanced Practice Nurse Practitioner in Family Medicine
- · Awards: School Traineeship, Asian Health Sciences Scholar, California League for Nursing

## SAFETY NET PATIENT CARE: CASE MANAGEMENT IN HEALTH SERVICES

Nurse Practitioner, County Public Health Clinics, CA & Howard University, DC

2002 – 2016, 2018 - now

- · Elected interdepartmental liaison with quality improvement for patient safety & efficient provider workflow
- Dedicated child-centered family, school, & clinic solution for special learning & optimal health needs
- Integrated NCD & oncology family-centered careplan with specialty recommendations for dementia, substance dependence, cognitive & physical disabilities, homelessness, & refugees seeking asylum
- · Awarded by Hartford Geriatric Academy, California HealthCare Foundation, Women Health Care Executives

#### Registered Nurse, San Francisco & Oakland, CA

2001 - 2005

Kaiser Permanente, Mission Neighborhood, SF General Hospital, & Edgewood Children's Center

- · Designed multidisciplinary behavioral health careplan for Pediatric residents in Level 14 fostercare home
- Triaged Pediatric, Teen, OB/GYN, & Adult Clinics' advice calls & urgent care walk-ins for key populations (LGTBQ, sex workers, users of injection drugs) with medical & behavioral health needs

## **CAPACITY DEVELOPMENT: INSTRUCTION & FACILITATION**

#### **Guest Lecturer**

2017 - now

California Institute of Integral Studies, University of San Francisco, University of Maryland

Presented case studies in global maternal child health for graduate students in social work, humanitarian ethics,
 & medical anthropology to promote critical thinking in international diplomacy

#### Workshop Trainer & Co-Facilitator

2009 - 2011, 2015 - 2016

Diversity Works & Soliya, San Francisco Bay Area, CA & online global forum

- Co-facilitated Diversity Works training on community volunteerism for after-school teachers, middle school students, & graduate business students from Japan to promote social entrepreneurism
- Co-led Soliya virtual classroom discussions with students from US, Pakistan, Libya, & Italy on human rights, social services, & race relations topics to increase diversity awareness & inclusion

# Advisory Board: Strategic Planning Chair

2009 - 2012

Young Nonprofit Professional Network, San Francisco Bay Area, CA & USA

· Led remote collaboration for San Francisco, Orlando, Chicago, & Boston chapters on lessons learned in

strategic planning to promote knowledge sharing & nonprofit professionalism

- Spearheaded designing webinar for strategic planning best practices & national conference panel presentation for over 150 participants representing 43 chapters
- · Awards: Hands on Bay Area, National Urban Fellowship, BoardSource Leadership Forum

# PRIVATE SECTOR ENGAGEMENT: NCD MEDICAL DEVICES & DISASTER MANAGEMENT

# Project Management: Public Health Consultant

2018

J&M Global Solutions, Alexandria, VA

Devised team dashboard, process map, & logic model for project launch of \$1 Million biodefense portfolio

#### **Clinical Practice Consultant**

2006 - 2010

Blueshift Global Partners, Panasonic Electronics, San Francisco & San Jose, CA

- Designed feasibility analyses, proposed user experience in key features, & drafted new business development in medical device innovation adapted for patients with low literacy & physical disabilities
- Synthesized specialist expertise in translation science for engineers devising diabetes, cholesterol, sensorineural hearing loss, mental health, & knee replacement postoperative rehabilitation devices

## HSS MULTILATERAL PARTNERSHIPS: PHC PROJECT MANAGEMENT

## Public Health Technical Lead: Logistics Consultant

2011 - 2017

Project Hope & Mercy Corps: on-site in Latin America & Asia

June 2011 – July 2011 Bayan Olgii & Khentii regions, Mongolia:

- Trained 2 participants in facilitator role to assess social dynamics, youth development, & optimal child learning for nomadic families relocated to urban centers in the Social Safety Net Project
- Coordinated Project Hope clinic operational logistics for efficient clinic flow, provider productivity, & quality of health services provided to 200 patients/day in USAID/DOD mission

December 2013 - January 2014 Dhaka, Bangladesh:

- Formulated rapid needs assessment for bachelor's faculty exchange program to promote poverty reduction, women's empowerment, health workforce reinvestment, & global nursing professionalism
- Poster presentation with 2015 Bangladesh Development Initiative on chronic malnutrition

January 2016 - February 2016 Santo Domingo, Dominican Republic:

- Designed curriculum with faculty deployment, clinical site, & academic partnership recommendations for pediatric trauma program to improve survival & rehabilitation outcomes for independent function November 2017 – December 2017 San Juan, Puerto Rico:
- Assessed post-Hurricane Maria disaster recovery needs resulting in funded \$1 Million diabetes initiative
- · Awards: HIVE Global Leadership Program, Give1 Project France Entrepreneurship Summit

## **USAID Saving Mothers Giving Life: Maternal Health Project Implementers**

2016 - 2017

Peace Corps Response, Kalomo, Southern Province, Zambia

- Designed community health worker training curriculum to educate community members about post-partum hemorrhage, preeclampsia, HIV, & sepsis as part of \$30.5 Million USAID portfolio
- Audited perinatal registry data to track quality indicators for HIV health services, ARV medication inventory, & neonatal transmission with PEPFAR & CDC supply chain projections
- Developed toolkit with Sustainable Development Goal targets in maternal & pediatric health outcomes to support diversified project portfolios & independent grantseeking by Ministries

# NGO TECHNICAL EXPERTISE: MCH COMMUNITY MOBILIZATION

## **Health Consultant**

2007 - 2008, 2011 - 2012

African Immigrant Refugee Resource Center & African Advocacy Network, San Francisco, CA

- Conducted focus groups on health, legal, & employment concerns of African refugees & immigrants based on needs assessment & utilization-focused evaluation plan to assist community integration
- · Drafted technical reports on grant deliverables achieved with training 20+ community health workers
- Trained 20+ Ivory Coast, Togo, Ethiopia, Eritrea, Senegal, Ghana, & Morocco community leaders on "Know Your Rights" for seeking health services with \$500000 California HealthCare Foundation support

## Program Committee Member: Strategic Planning Consultant

2009 - 2010

One World Children's Fund, San Francisco Bay Area, CA; Uganda, Africa

- Co-facilitated 10-person grantee capacity development training on metric selection, data analysis, & program
  evaluation to assess organization performance in promoting child welfare
- Led on-site workshops to establish data collection systems tracking \$400 Million shillings with academic &

# well-being indicators for orphan & vulnerable children in Jinja & Soroti, Uganda

## Program Evaluation Consultant

2000 - 2005

Child Family Health International, Salvadoran Association for Rural Health Promotion on-site:

July 2001 - August 2001 Delhi, Dehra Dun, & Than Gaon, India

June 2002 - July 2002 Oaxaca City & Puerto Escondido, Mexico

May 2003 - June 2003 Santa Ana, El Salvador

May 2005 - June 2005 La Paz, Bolivia

- Designed evaluations measuring health outcomes & service utilization for grant reporting on program performance in Ecuador, Mexico, India, & South Africa
- Poster presentation with \$10K grant award on outreach conducted with India Village President, local clinic staff, & enrollment of 80 households in health education (personal hygiene, family planning, & dental care)
- Trained Bolivia Local Coordinator on needs assessment, program evaluation, & grantseeking skills for social services & health programs serving street children

# PUBLIC HEALTH: MCH PROGRAM IMPLEMENTATION & EVALUATION.

# Immunization Project Coordinator, Perinatal Social Work Volunteer

1996 - 2000

CommuniCare Health Centers, Yolo County, CA

Employee recognition award including full-time program staff promotion for annual audit of 3 clinic sites:

- Performed data verification with over 600 pediatric charts reviewed on immunization practices to achieve above 95% up-to-date immunization status
- Designed quarterly training materials with interactive instruction: pre-test, case scenarios for routine & catch-up immunization schedules, post-test for 20 Medical Assistants & providers
- Organized clinic workflow & logistics for immunization registry enrollment of hospital newborn deliveries & migrant farmworkers in Healthy Start clinics to decrease lost opportunities for immunizations

# UC Davis Student Health Center, Peer Counselors in Sexuality

Health Education Intern

1997 - 1998

- Provided 5 sessions in peer education with behavioral change communication for 20 young adults on sexual health, including LGBTQ concerns
- Mentored peer counseling with over 150 individuals on pregnancy & sexual orientation topics to encourage safer sex, STI/HIV prevention, & reproductive health

# Yolo County Public Health Department, Davis & Woodland, CA

1996 - 1998

2012 -----

- Maternal & Child Health Intern
- Drafted needs assessment for interventions minimizing school truancy, drug use, & adolescent pregnancy for migrant farmworker & low-income families with rural community leaders, social services, & government
- Prepared monthly reports for Yolo County Maternal & Child Health Advisory Board with targets in performance indicators & partnership development with health services for 12000 vulnerable children

#### PHC KNOWLEDGE MANAGEMENT: POSTER PRESENTATIONS

 Effectiveness of Cascade Training & Supervision (CTS): Scaling Improved Maternal Health Outcomes, Zambia, AFREHealth Symposium Abstract

Community Health Workers: Addressing Childhood Micronutrient Deficiencies in Chittagong
 Hill Tracts, Bangladesh Development Initiative, Universities for Global Health
 2015, 2016

 Bangladesh Health Systems Strengthening Initiative: Reevaluating Health Workforce Capacity, Bangladesh Development Initiative Conference

## SELECT AWARDS

<ul> <li>President's Volunteer Service Award, Corporation for National &amp; Community Service</li> </ul>	2013
America's Leaders of Change, National Urban Fellowship	2011

# • Mentor: New Sector Alliance Organization of Chinese Americans, Peace Come

mentor: New Coctor Amarice, Organization of Chillege Americans, Feace Corps	2013 - NOW
<ul> <li>Objective Reviewer: Association Teachers of Preventive Medicine, IREX Community</li> </ul>	2008 - now
Solutions Program, Core Group Technical Review Committee, USAID Youth Power	
F	

• Family Nurse Practitioner Content Expert: Panelist, Abstract Reviewer, Standard
Setting, Item Writer: American Nurses Credentialing Center



Executive Office of the Mayor - Office of Talent and Appointments John A. Wilson Building | 1350 Pennsylvania Avenue, Suite 600 | Washington, DC 20004

# Karen Kwok



Karen Kwok, MSN, FNP-BC, MPH, is an advocate, educator, and collaborator in public health and family nursing. Her passion for public service includes wellness programs and patient care services in California's Yolo, Fresno, San Mateo, and San Francisco Counties as well as the Ministry of Health in Sub- Saharan Africa, Asia, and Latin America/Caribbean. In cultural humility, she finds joy in connecting with her patients of Asian, Latino, and African American descent. With over 20 years committed to patient health advocacy in resilient communities, she now serves as a Nurse Practitioner at Washington DC's Howard University.

The American Nurses Credentialing Center has identified Ms. Kwok as a Family Nurse Practitioner content expert for the national certification exam. She consults for a variety of organizations ranging from companies working on innovative point-of-care medical devices, fiscal sponsoring agencies supporting child welfare, and capacity building with community development nonprofit organizations. Recognized for her potential in social innovation, she received leadership fellowships with Hands on Bay Area, Active Citizens, New Politics Academy, and National Urban Fellows.

Her team-oriented position draws from mentoring in shared leadership and passion for health equity in resilient communities. With mentoring young women of color, she seeks a vision of health equity and wellness opportunities reflective of this shared leadership. Ms. Kwok's areas of scholarship include improving access to primary health care and community-based partnership development with recognition from peer professional organizations and foundations, notably Hartford Geriatric Academy, Bill and Melinda Gates Institute, California Governor Gray Davis, and President Obama for her public service.

A Ward 1 resident, Ms. Kwok holds a Master of Science degree in Nursing from the University of California and a Master of Public Health from Johns Hopkins University.



# GOVERNMENT OF THE DISTRICT OF COLUMBIA Executive Office of Mayor Muriel Bowser



Office of the General Counsel to the Mayor

To:

Ronan Gulstone, Steve Walker

From:

Betsy Cavendish

Date:

November 2, 2020

Subject:

Legal sufficiency review of resolutions nominating Ronak Desai, Jennifer Hara, Benjamin Takai, John Tinpe, Dana Tai Soon Burgess, Tiffany Hsieh, Karen Kwok, Elena Son, and Sina Uipi to the Commission on Asian and Pacific Islander

Community Development

Elijabet A. Cavendish

This is to Certify that this office has reviewed the above-referenced legislation and found it to be legally unobjectionable. If you have any questions in this regard, please do not hesitate to call me at 202-724-7681.

Elizabeth Cavendish