



MURIEL BOWSER
MAYOR
January 11, 2021

The Honorable Phil Mendelson
Chairman
Council of the District of Columbia
John A. Wilson Building
1350 Pennsylvania Avenue NW, Suite 504
Washington, DC 20004

Dear Chairman Mendelson:

In accordance with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01), and pursuant to section 217 of the District of Columbia Health Occupations Revisions Act of 1985, effective March 10, 2004 (D.C. Law 15-88; D.C. Official Code § 3-1202.17), I am pleased to nominate the following person:

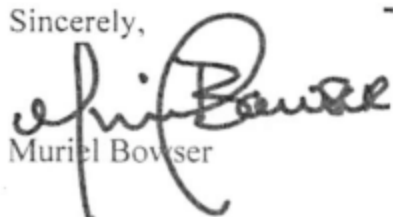
Ms. Angela Sarafin
D Street NW
Washington, DC 20004
(Ward 2)

for reappointment as a licensed marriage and family therapist licensed in the District member of the Board of Marriage and Family Therapy, for a term to end January 3, 2023.

Enclosed, you will find biographical information detailing the experience of the above-mentioned nominee, together with a proposed resolution to assist the Council during the confirmation process.

I would appreciate the Council's earliest consideration of this nomination for confirmation. Please do not hesitate to contact me, or Steven Walker, Director, Mayor's Office of Talent and Appointments, should the Council require additional information.

Sincerely,


Muriel Bowser



Chairman Phil Mendelson
at the request of the Mayor

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6 A PROPOSED RESOLUTION
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9 IN THE COUNCIL OF THE DISTRICT OF COLUMBIA
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14 To confirm the reappointment of Ms. Angela Sarafin to the Board of Marriage and Family
15 Therapy.

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17 RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this
18 resolution may be cited as the "Board of Marriage and Family Therapy Angela Sarafin
19 Confirmation Resolution of 2021".

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21 Sec. 2. The Council of the District of Columbia confirms the reappointment of:

22
23 Ms. Angela Sarafin
24 D Street NW
25 Washington, DC 20004
26 (Ward 2)
27

28 as a marriage and family therapist licensed in the District member of the Board of Marriage and
29 Family Therapy, pursuant to section 217 of the District of Columbia Health Occupations
30 Revisions Act of 1985, effective March 10, 2004 (D.C. Law 15-88; D.C. Official Code § 3-
31 1202.17), for a term to end January 3, 2023.

32 Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution,
33 upon its adoption, to the nominee and to the Office of the Mayor.

34 Sec. 4. This resolution shall take effect immediately.

Angela Sarafin, M.A., LMFT

EDUCATION

MA, Behavioral Science – Family Therapy, UH-Clear Lake, Houston, TX, 2007

BS, Computer Science, summa cum laude, St. Edward's University, Austin, TX, 1998

Mechanical engineering coursework, Boston University, Boston, MA, 1992-1995

COUNSELING EXPERIENCE

Sarafin Family Therapy, PLLC

President, Therapist, and Supervisor (June 2011-present)

Houston, TX (October 2011 – present)

Transitioned the business from a sole proprietorship to a corporation in 2012. Manage all aspects of the business for both Texas and DC, including oversight of contract therapists in the Houston office.

Provide clinical supervision and business management development for LMFT Associates and LPC Interns (Texas licenses).

Washington, DC (June 2011 – October 2011; October 2015-present)

Provide individual, marriage, and family counseling on a variety of issues including Christian spiritual development, couples conflict, parent/child interaction problems (including role reversals), adjustment problems due to major life changes, anxiety and depression.

Provide coaching for clients in leadership/management roles in various industries by addressing communication, interpersonal dynamics (often related to family of origin issues), and general leadership skill development.

Facilitated life-purpose exploration group for young women (Fall 2011).

DC Marriage and Family Therapists, Washington, DC

Contract Counselor (October 2010 – October 2011)

Provided individual, couples, and family counseling in a private practice office setting.

Delee D'Arcy Therapy, League City, TX

Contract Counselor (February 2009- September 2010)

Provided individual, couples, and family counseling in a private practice office setting.

Family Service Center of Galveston County, TX (June 2007-September 2010)

Provided individual, family, and couples counseling services to an ethnically and socio-economically diverse population.

Individual and Family Therapist (May 2010 – September 2010)

Provided counseling at Galveston County juvenile detention center and in an office setting.

STAR Program Director (*November 2008- May 2010*)

Children enrolled in the program were considered at-risk for abuse, truancy, and involvement with the juvenile justice system. Many had a history of physical and/or sexual abuse and most were from divorced homes or were living with non-parent guardians.

Provided STAR counseling (described below), managed the program including 5 employees in 3 counties.

Program oversight: worked with financial staff to develop annual budget, managed annual budget (grant amount > \$350,000; total program budget of > \$400,000), monitored progress towards clinical contract goals, coordinated with data entry staff and state-level contract managers to ensure that contract rules were followed, developed relationships with schools and other referral sources.

FY2009: program ended the year within 5% of target goal in spite of interruption of services due to Hurricane Ike.

FY2010: program met the annual goal by the end of the 3rd quarter; this was the first time the program ever met the goals set by the state contract.

Staff Management: hired employees, reviewed case files and monthly reports, provided clinical suggestions during case review, conducted annual performance reviews, assigned counseling cases and provided general administrative oversight.

STAR counselor (*June 2007- May 2010*)

Provided solution-focused individual, group, and family counseling services to children and their families. Engaged in community outreach efforts and collaborated with local schools and courts. Implemented use of the "Why Try?" group curriculum for court-referred teens.

The Council on Alcohol and Drugs Houston, TX

Graduate Intern (*June 2006 – May 2007*)(*completed more than 600 direct client contact hours*)

Provided individual, group, and family counseling services. Incorporated various art activities into therapy to facilitate insight and growth. Client base included individuals seeking drug abuse treatment, families dealing with addiction, individuals in recovery, clients referred by Child Protective Services, families dealing with illness, aging, and other lifecycle transitions. Designed curriculum, facilitated a life-focus group. Conducted home-based therapy for new mothers in addiction recovery. Provided individual counseling and co-facilitated an open group for women in the hospital environment. Conducted psychosocial assessments for children exposed to drugs or alcohol.

LICENSES

Licensed Marriage and Family Therapist

(Texas License # 201152 with "approved supervisor" designation)

(DC license #000137)

Licensed Professional Counselor

(Texas License # 64650 with “approved supervisor” designation)

ADDITIONAL TRAINING

EMDR Basic training completed December 2016. Currently seeking certification.

Gottman Method Couples Counseling – level 1 via DVD, Level 2 via in-person training.
Took Level 2 class a second time as a refresher in 2013.

VOLUNTEER WORK

The Rising Women’s Conference (2016)

Registration team lead for the conference, participated in high-level logistics planning, trained other volunteers on the registration and check-in process, assisted as needed during the two-day conference.

University Baptist Church, Houston, TX (2009 – 2015)

Group Facilitator for a women’s emotional support and spiritual development group (lasting about 1 year), for a women’s Bible study group (1 semester), for a weekly prayer group (lasting 3 years), and for a grief support group (lasting one semester).

Bible Study Fellowship International (2011-2013)

Children’s Leader for daytime women’s group. Planned weekly age-appropriate lessons and activities for children ages 5 years and younger.

YWCA (2011)

Tutor for adult in GED program who needed encouragement regarding academic ability and assistance with mathematics concepts.

OTHER WORK

ABT Financial Consultants, LLC (February 2016 – January 2017) Provided remote technical and business process support to improve internal project management and to help establish new workflow processes for bookkeeping work.

University of Houston (November 2003 – May 2007) Facilitated the design and implementation of a database system for the Office of Institutional Research to manage data accuracy, automate common calculations, and allow more flexibility for ad hoc reporting. Assisted the PeopleSoft design and implementation team in expanding the custom reporting module to accommodate multiple campuses while maintaining existing functionality for the Clear Lake campus. Developed new business processes and wrote user manuals for those processes.

1998-2003 Business process analysis and software design and development for companies in the petrochemical, healthcare, and aerospace industries.



Executive Office of the Mayor - Office of Talent and Appointments
John A. Wilson Building | 1350 Pennsylvania Avenue, Suite 600 | Washington, DC 20004

Angela Sarafin



Angela Sarafin, M.A., LMFT is a current member of the Board of Marriage and Family Therapy and is a licensed Marriage and Family Therapist in Washington, DC.

Ms. Sarafin has experience working with various types of client populations including at-risk youth, recovering addicts, couples in marital crisis, and individuals dealing with identity formation, trauma recovery, and life/work balance. She has managed a private practice since 2011 and has provided supervision for several post-graduate interns since 2012. Ms. Sarafin works with adult individuals and couples in Capital Hill.

A Ward 2 resident, Ms. Sarafin received a Master of Arts in Behavioral Health – Family Therapy from the University of Houston-Clear Lake.



GOVERNMENT OF THE DISTRICT OF COLUMBIA
Executive Office of Mayor Muriel Bowser



Office of the General Counsel to the Mayor

To: Ronan Gulstone, Steve Walker
From: Betsy Cavendish
Date: February 18, 2020
Subject: Legal sufficiency review of Resolution nominating Angela Sarafin and Sheila Holt as a members of the Board of Marriage and Family Therapy

This is to Certify that this office has reviewed the above-referenced legislation and found it to be legally unobjectionable. If you have any questions in this regard, please do not hesitate to call me at 202-724-7681.

A handwritten signature in cursive script that reads 'Elizabeth A. Cavendish'.

Elizabeth Cavendish