



MURIEL BOWSER
MAJOR

July 27, 2020
The Honorable Phil Mendelson
Chairman
Council of the District of Columbia
John A. Wilson Building
1350 Pennsylvania Avenue NW, Suite 504
Washington, DC 20004

Dear Chairman Mendelson:

In accordance with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01), and pursuant to section 209 of the District of Columbia Health Occupations Revision Act of 1985, effective March 25, 1986 (D.C. Law 6-99; D.C. Official Code § 3-1202.09), which established the Board of Physical Therapy ("Board"), I am pleased to nominate the following person:

Dr. Timothy Vidale
Ralph Ellison Way, NE
Washington, DC 20018
(Ward 5)

for appointment as a physical therapist licensed in the District member of the Board of Physical Therapy, replacing Joel Hemphill, for a term to end April 16, 2023.

Enclosed, you will find biographical information detailing the experience of the above-mentioned nominee, together with a proposed resolution to assist the Council during the confirmation process.

I would appreciate the Council's earliest consideration of this nomination for confirmation. Please do not hesitate to contact me, or Steven Walker, Director, Mayor's Office of Talent and Appointments, should the Council require additional information.

Sincerely,

A handwritten signature in black ink, appearing to read "Muriel Bowser".
Muriel Bowser



Chairman Phil Mendelson
at the request of the Mayor

1
2
3
4
5
6 A PROPOSED RESOLUTION
7

8
9 IN THE COUNCIL OF THE DISTRICT OF COLUMBIA
10
11

12
13
14 To confirm the appointment of Mr. Timothy Vidale to the Board of Physical Therapy.
15

16 RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this

17 resolution may be cited as the "Board of Physical Therapy Timothy Vidale Confirmation
18 Resolution of 2020".

19
20 Sec. 2. The Council of the District of Columbia confirms the appointment of:
21

22 Dr. Timothy Vidale
23 Ralph Ellison Way, NE
24 Washington, DC 20018
25 (Ward 5)

26
27 as a physical therapist licensed in the District member of the Board of Physical Therapy,
28 pursuant to section 209 of the District of Columbia Health Occupations Revision Act of 1985,
29 effective March 25, 1986 (D.C. Law 6-99; D.C. Official Code § 3-1202.09), replacing Joel
30 Hemphill, for a term to end April 16, 2023.

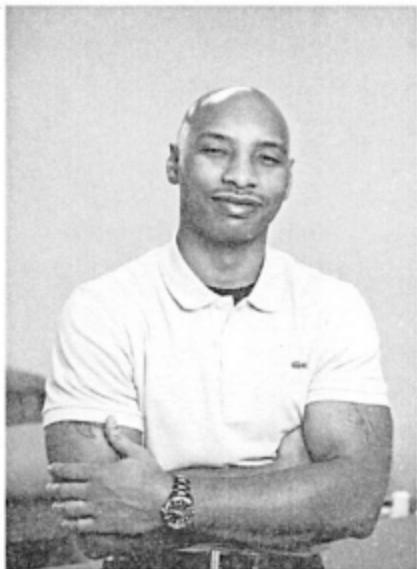
31 Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution,
32 upon its adoption, to the nominee and to the Office of the Mayor.

33 Sec. 4. This resolution shall take effect immediately.



Executive Office of the Mayor - Office of Talent and Appointments
John A. Wilson Building | 1350 Pennsylvania Avenue, Suite 600 | Washington, DC 20004

Dr. Timothy Vidale



Dr. Tim Vidale is the CEO of Momentous Sports Medicine and the former Physical Therapist for the Minnesota Twins. He is also a former member and chairperson of the Board of Physical Therapy. Dr. Vidale currently serves as the team Physical Therapist for the USA Softball National team and was part of the Team USA Olympic Committee medical staff at the 2015 Pan American Games.

Dr. Vidale is a published author, with publications in internationally distributed text books and scholarly journals and is also a content reviewer for the International Journal of Sports Physical Therapy. He specializes in sports injuries and sports performance and also performs functional dry needling. Dr. Vidale currently serves on the Nominating Committee for both the American Academy of Sports Physical Therapy and the Federation of State Boards of Physical Therapy. He also sits on the Board of Trustees for CGFNS International. Dr. Vidale is also actively involved in the Private Practice Section, American Academy of Physical Therapy and the American College of Sports Medicine.

A Ward 5 resident, Dr. Vidale earned his MBA from George Washington University and is completing his FAAOMPT from the Institute for Athlete Regeneration.



Dr. Timothy L. Vidale, PT, DPT, MBA, CSOMT

2505 Ralph Ellison Way NE, Washington, D.C. 20018

(202) 679-0985 • timvidale@gmail.com

SPORTS EXPERIENCE

Momentous Sports Medicine	Washington, DC
CEO/ Founder/ Sports Physical Therapist: <i>February 2019-Present</i>	
Minnesota Twins	Ft. Myers, FL/ Minneapolis, MN
Physical Therapist andp Rehab Coordinator: <i>February 2018- January 2019</i>	
Therapydia DC	Washington, DC
Clinic Director/ Owner: <i>July 2014- February 2018</i>	
USA Softball Men's National Team	Oklahoma City, OK
Head Sports Physical Therapist/ Performance Coach: <i>April 2016- Present</i>	
DC Furies Rugby Club	Washington, DC
Sports Physical Therapist/ Trainer: <i>May 2013- April 2017</i>	
NBA Summer League	Orlando, FL
Sports Physical Therapist: <i>July 2016</i>	
Howard University Track & Field	Washington, DC
Sports Physical Therapist: <i>August 2013- May 2016</i>	
United States Olympic Committee: Team USA Pan American Games	Toronto, Canada
Sports Physical Therapist: Team USA Training Room, Softball, Modern Pentathlon: <i>July 2015</i>	
DC Slayers Rugby Club	Washington, DC
Head Sports Physical Therapist/Trainer: <i>May 2012- May 2014</i>	
United States Olympic Committee Olympic Training Center	Colorado Springs, CO
Sports Physical Therapist: <i>May 2014- June 2014</i>	
Marine Corps Marathon	Washington, DC
Sports Physical Therapist: <i>October 2013</i>	
BreakThru Physical Therapy	Medford, NJ
Sports Performance Trainer: <i>May 2009- June 2010</i>	
MedSport	Ann Arbor, MI
Sports Physical Therapist Intern: <i>September 2009-December 2009</i>	
Sterling High School	Somerdale, NJ
Track and Field Hurdles and Sprints Coach: <i>March 2009- June 2010</i>	
Rutgers Wellness Center	Stratford, NJ
Exercise Specialist: <i>August 2007- June 2008</i>	

Dr. Timothy L. Vidale, PT, DPT, MBA, CSOMT

2505 Ralph Ellison Way NE, Washington, D.C. 20018

(202) 679-0985 • timvidale@gmail.com

Florida A&M University Track and Field

4 year Division I 400M hurdler, 4 time team conference champion: 2002-2006

Tallahassee, FL

CLINICAL AND ACADEMIC EXPERIENCE

Tulane University

New Orleans, LA

Adjunct Professor: Strength and Conditioning: *November 2019-Present*

District of Columbia Board of Physical Therapy

Washington, DC

Chairman: *September 2015- January 2018*

SPTS Kevin Wilk Traveling Sports Fellowship

Dallas, TX; Greenville, SC; Minneapolis, MN

Sports Physical Therapy Fellow: *April 2017*

Howard University

Washington, DC

Assistant Professor: Musculoskeletal Physical Therapy: *May 2012- May 2015*

Washington Injury and Sports Performance Clinic

Washington, DC

Director of Physical Therapy: *January 2012- July 2014*

Center for Neuromuscular and Massage Rehabilitation

Washington, DC

Orthopedic Physical Therapist: *April 2011- July 2012*

Sports Therapy And Rehabilitation

Washington, DC

Sports/Orthopedic Physical Therapist: *October 2010-January 2011*

PUBLICATIONS AND RESEARCH PRESENTATIONS

Imaging of Common Upper Extremity Sports Injuries

March 2017- Florida A&M University Sports Symposium

Physical Therapy Treatment of Common Orthopedic Conditions Textbook

November 2016- Hamstring Strain Chapter

Recurrent Hamstring Injury: Considering Following Operative and Non-Operative Management

November 2014- International Journal of Sports Physical Therapy

The Evolution of Sports and Orthopedic Physical Therapy

October 2014- AAPT Annual Conference

The use of Whole Body Vibration on Patients with Neurodegenerative Diseases and Stroke

February 2010- University of Medicine and Dentistry of New Jersey

April 2010- APTA NJ State Conference

Running- Technique, Injuries and Trends

December 2009- MedSport-University of Michigan Sports Medicine

March 2010- Pinelands Running Club

Dr. Timothy L. Vidale, PT, DPT, MBA, CSOMT

2505 Ralph Ellison Way NE, Washington, D.C. 20018

(202) 679-0985 • timvidale@gmail.com

LICENSES & CERTIFICATIONS

Certified Sports and Orthopedic Manual Therapist
Institute for Athlete Regeneration



Houston, TX

Physical Therapy License
Florida Board of Physical Therapy - *Current*

Tallahassee, FL

District of Columbia Board of Physical Therapy
License in Physical Therapy- *Current*

Washington, DC

National Strength and Conditioning Association
Certified Strength and Conditioning Coach

Colorado Springs, CO

Kinetacore
Functional Dry Needling- *Level II*

Richmond, VA

Selective Functional Movement Assessment
SFMA Certified- *Level I*

Philadelphia, PA

Sports Physical Therapy Section
Emergency Medical Responder- *Current*

Washington, DC

Florida A & M University
Certificate in Rehabilitation Services Management- *December 2006*

Tallahassee, FL

EDUCATION

Rutgers University
Doctor of Physical Therapy- *May 2010*

Stratford, NJ

George Washington University
Master of Business Administration- *December 2018*

Washington, DC

Institute for Athlete Regeneration
Fellow of American Academy of Orthopedic Manual Physical Therapists- *May 2019*

Houston, TX

Florida A & M University
Bachelor of Science in Health Sciences- *December 2006*

Tallahassee, FL

SERVICE

American Academy of Sports Physical Therapy- State Representative: District of Columbia

American Academy of Sports Physical Therapy- Nominating Committee

APTA Private Practice Section- Education Committee

CGFNS International- Board of Trustees

FSBPT- Nominating Committee

Florida A&M University Sports Symposium Planning Committee

International Journal of Sports Physical Therapy- Content Reviewer

Dr. Timothy L. Vidale, PT, DPT, MBA, CSOMT

2505 Ralph Ellison Way NE, Washington, D.C. 20018

(202) 679-0985 • timvidale@gmail.com

AFFILIATIONS

American Physical Therapy Association- Private Practice Section

American Physical Therapy Association- DC Chapter

American Academy of Sports Physical Therapy

American Association of Physical Therapy

American College of Sports Medicine

Federation of State Boards of Physical Therapy

National Strength and Conditioning Association