



2019 APR 30 PM 3:39  
OFFICE OF THE  
SECRETARY

MURIEL BOWSER

MAYOR

APR 30 2019

The Honorable Phil Mendelson  
Chairman  
Council of the District of Columbia  
John A. Wilson Building  
1350 Pennsylvania Avenue NW, Suite 504  
Washington, DC 20004

Dear Chairman Mendelson:

In accordance with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01), and pursuant to section 202 of the District of Columbia Health Occupations Revision Act of 1985, effective March 25, 1986 (D.C. Law 6-99; D.C. Official Code § 3-1202.02), I am pleased to nominate the following person:

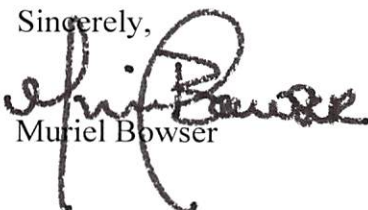
Ms. Njeri Jarvis  
114 Michigan Avenue NE, Apt 33H  
Washington, DC 20017  
(Ward 5)

for appointment as a licensed dietitian member of the Board of Dietetics and Nutrition, filling a new seat, for a term to end March 12, 2022.

Enclosed, you will find biographical information detailing the experience of the above-mentioned nominee, together with a proposed resolution to assist the Council during the confirmation process.

I would appreciate the Council's earliest consideration of this nomination for confirmation. Please do not hesitate to contact me, or Steven Walker, Director, Mayor's Office of Talent and Appointments, should the Council require additional information.

Sincerely,

  
Muriel Bowser



Chairman Phil Mendelson  
at the request of the Mayor

A PROPOSED RESOLUTION

IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

Chairman Phil Mendelson, at the request of the Mayor, introduced the following resolution,  
which was referred to the Committee on \_\_\_\_\_.

To confirm the appointment of Ms. Njeri Jarvis to the Board of Dietetics and Nutrition.

RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this resolution may be cited as the "Board of Dietetics and Nutrition Njeri Jarvis Confirmation Resolution of 2019".

Sec. 2. The Council of the District of Columbia confirms the appointment of:

Ms. Njeri Jarvis  
114 Michigan Avenue NE, Apt 33H  
Washington, DC 20017  
(Ward 5)

as a licensed dietitian member of the Board of Dietetics and Nutrition, pursuant to section 202 of the District of Columbia Health Occupations Revision Act of 1985, effective March 25, 1986 (D.C. Law 6-99; D.C. Official Code § 3-1202.02), filling a new seat, for a term to end March 12, 2022.

Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution, upon its adoption, to the nominee and to the Office of the Mayor.

Sec. 4. This resolution shall take effect immediately.

# Njeri Kai Jarvis RD /LDN / PGC

Herbalist / Registered Dietitian / Nutritionist

## Academic Qualifications

### *Howard University*

BSc- School of Pharmacy, Nursing & Allied Health Science – May 1999  
Major – Nutrition and Dietetics  
Minor – Dance

### *Maryland University of Integrative Health*

Graduate Certificate  
Medical Herbalism Clinical – April 2012

### *Maryland University of Integrative Health*

Prospective MSc –  
Therapeutic Herbalism (Product Design) Sept 2016 – December 2018

### *Tufts University*

Friedman School of Nutrition Science and Policy –

Graduate Certificate Course – Sustainable Agriculture and Food System’s “On the Farm”

September - November 2014

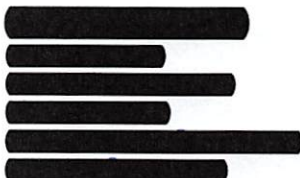
## Key Skills

### Areas of Expertise

- MNT and Care Planning
- Health & Wellness Promotion
- Curriculum Development
- Herbal Therapeutics
- Herbal product design
- Research and Analysis
- Education and Presentation
- Web design and Media

### Professional Abilities

- Provide Medical Nutrition Therapy (MNT) and instruction from a Functional Nutrition point of view
- Oversee the management of the FMC- Chillum DC Culinary Demonstration Kitchen, developing the menu, curriculum, the monthly educational newsletter, procurement and presentation.
- Wellness programming, engagement and evaluation
- Develop dynamic herbal products with comprehensive, data driven strategies for quality control.



## Career Summary

A driven, forward thinking, self motivated, detail oriented Herbalist and Nutritionist dedicated to the idea of using food and herbs as medicine for health. I am passionate about delivering quality care, instruction and education in an evidence based context; working well collaboratively and independently, managing projects and respecting deadlines. I possess an extensive history of providing medical nutrition therapy and herbal product research, development and creation.

**Proficiencies:** My course work in Medicinal Herbs, allows me to critically evaluate pharmacological research and its clinical relevance. I also have a strong ability translating the science from the page to the plate in practical and fun ways. I have excellent writing skills and a firm understanding of APA referencing and formatting. I have computer competency. I have a good understanding of DSHEA for supplements and GMP for Herbal products. As well, I have practical working knowledge of processing plant material into herbal products ready for distribution. I have a strong affinity for herbal agriculture and its promotion. I am comfortable with presenting education in numerous formats.

## Work Experience

### Herbalist and Functional Nutritionist

Bear Nutrition & Herbs (Founder / Owner)

- Research and develop herbal products specializing in women and children’s well care herbal syrups, adaptogenic non-coffee “coffee” beverages, Formula’s that support HPA-Axis
- Provide independent diet counseling focusig on improving GI health, digestion an assimilation at its base

### Renal Dietitian

Presenius Kidney Care - Chillum, DC October 2016 - present

DaVita Health Care Inc – Union Plaza, DC October 2014 - September 2016

Mercy Medical Center – Baltimore, MD September 2007 – October 2014

Renal Advantage, Adelphi, MD 2003 – 2008

Gambro Healthcare, Capital Heights, MD September 2001 – 2003

- Provide Medical Nutrition Therapy for patients with Chronic Kidney Disease; Present at Regional and Division meetings and contribute to National Newsletters: DaVita’s Dietian Connection and FMC- NA’s NNN

### Wellness Dietitian / Nutritionist

Kirov Academy of Ballet DC, Washington, DC May 2015 – October 2016

- Created and Developed the Nutrition Care Process and Curriculum for the school and the summer intensive; redesigned the kitchen menu to meet dancer’s nutrient needs and physical demands.

### Registered Dietitian

Adventist Home Health Silver Spring & Waldorf, MD, July 2015 – Feb 2017

- Provide Medical Nutritoin Therapy for home bound patietns from an integrative and functional nutrition approach
- Staff education and training on Nutrition Therapies with a focus on endocryn disorders.



Executive Office of the Mayor - Office of Talent and Appointments  
John A. Wilson Building | 1350 Pennsylvania Avenue, Suite 600 | Washington, DC 20004

## Njeri Jarvis



Ms. Jarvis is a Renal Dietitian at Fresenius Kidney Care and owns and operates Bear Nutrition and Herbs.

Ms. Jarvis has extensive clinical experience working with patients on improving nutrition and overall health and wellness. She currently manages the Culinary Kitchen at Fresenius Kidney Care, where she designs the menu, develops and adapts the recipes, procures the food and equipment, and conducts the monthly food demonstration. Ms. Jarvis also performs consulting work through her own business, Bear Nutrition and Herbs. She develops and implements nutrition and dietary programs for contracting companies and individuals.

A Ward 5 resident, Ms. Jarvis received a Bachelor of Science in Nutrition and Dietetics from Howard University, a Graduate Certificate in Medicinal Medicine in Medicinal Herbalism from Maryland University of Integrative Health, and is completing a Master of Science in Therapeutic Herbalism from Maryland University of Integrative Health.



GOVERNMENT OF THE DISTRICT OF COLUMBIA  
Executive Office of Mayor Muriel Bowser



Office of the General Counsel to the Mayor

**To:** Alana Intrieri, Steve Walker  
**From:** Betsy Cavendish  
**Date:** April 22, 2019  
**Subject:** Legal sufficiency review of Resolutions nominating Njeri Jarvis and DeAnna Nara as members to the Board of Dietetics and Nutrition

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**This is to Certify that** this office has reviewed the above-referenced legislation and found them to be legally unobjectionable. If you have any questions in this regard, please do not hesitate to call me at 202-724-7681.

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Elizabeth Cavendish