



MURIEL BOWSER
MAYOR

APR 29 2019

2019 APR 29 PM 4:43
OFFICE OF THE
SECRETARY

The Honorable Phil Mendelson
Chairman
Council of the District of Columbia
John A. Wilson Building
1350 Pennsylvania Avenue, NW, Suite 504
Washington, DC 20004

Dear Chairman Mendelson:

In accordance with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01), and pursuant to section 3042 of the Fatality Review Committee Amendment Act of 2018, effective October 30, 2018 (D.C. Law 22-168, D.C. Official Code § 5-1431.01), I am pleased to nominate the following individual:

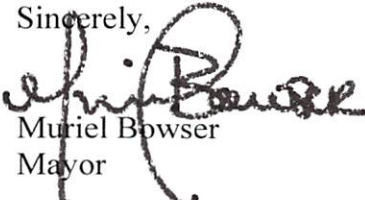
Ms. Mildred Sheppard
213 15th St. SE
Washington, DC 20003
(Ward 6)


for appointment as a representative from a hospital located in the District member to the Violence Fatality Review Committee, for a term to end three years from the date of confirmation.

Enclosed you will find biographical information detailing the experience of the above nominee, together with a proposed resolution to assist the Council during the confirmation process.

I would appreciate the Council's earliest consideration of this nomination for confirmation. Please do not hesitate to contact me, or Steven Walker, Director, Mayor's Office of Talent and Appointments, should the Council require additional information.

Sincerely,


Muriel Bowser
Mayor


Chairman Phil Mendelson
at the request of the Mayor

A PROPOSED RESOLUTION

IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

Chairman Phil Mendelson, at the request of the Mayor, introduced the following resolution,
which was referred to the Committee on _____.

To confirm the appointment of Mildred Sheppard to the Violence Fatality Review Committee.

RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this resolution may be cited as the “Violence Fatality Review Committee Mildred Sheppard Confirmation Resolution of 2019”.

Sec. 2. The Council of the District of Columbia confirms the appointment of:

Ms. Mildred Sheppard
213 15th St. SE
Washington, D.C. 20003
(Ward 6)

as a representative from a hospital located in the District member to the Violence Fatality Review Committee, established by section 3042 of the Fatality Review Committee Amendment Act of 2018, effective October 30, 2018 (D.C. Law 22-168; D.C. Official Code § 5-1431.01), and in accordance with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142, D.C. Official Code § 1-523.01), for a term to end three years from the date of confirmation.

Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution, upon its adoption, to the nominee and to the Office of the Mayor.

Sec. 4. This resolution shall take effect immediately.

MILDRED SHEPPARD, MSW, LICSW

EDUCATION

Boston College Graduate School of Social Work, Chestnut Hill, MA
Masters in Clinical Social Work: Health/Mental Health
Cum Laude

May 2012

University of Florida, Gainesville, FL
Bachelor of Arts, Early Childhood/Special Education
Magna Cum Laude

May 2009

SOCIAL WORK EXPERIENCE

Full-time Employment:

Washington Hospital Center, Washington, DC
Trauma Community Outreach Social Worker

February 2018-Present

- Develop and implement a holistic, trauma informed, intensive continuum of services to male survivors of violence in the DC area. Responsible for both providing clinical care, and implementing systematic structure and program management.
- Collaborate through outreach efforts, and coordinate with area providers in order to promote positive development and progress for individuals impacted by a violent crime.
- Federally funded grant initiative with IRB approval for randomized control study of the efficacy of hospital-based violence intervention program.

The Massachusetts General Hospital, Sumner M. Redstone Burn Center, Boston, MA
Clinical Social Worker II

February 2016- February 2018

- Develop comprehensive bio-psychosocial assessments responsive to age appropriate patient/family needs and concerns for individuals admitted to Burn and Cardiac services.
- Develop treatment plans and initiates clinical interventions, utilizing individual and group treatment modalities, including but not limited to Cognitive Behavioral Therapy, Emotional Support, Solution Focused, and Motivational Interviewing. Analyzes course and results of treatment.
- Works effectively as part of a social work and interprofessional patient care team.
- Provides mandated assessments when abuse is suspected (child, disabled adult, elder) and specialized safety assessment when violence is suspected.

Program Management

- Coordinate continuing education opportunities for unit staff including nursing and other allied health professions. Collaboration with several other services to help provide staff with a variety of learning experiences.
- Facilitate monthly unit debriefings to discuss unit strengths and challenges
- Coordination of peer support services for patient's both during hospitalization and post discharge.

Boston Emergency Services Team (B.E.S.T.) Program, Boston Medical Center, Boston, MA

Crisis Intervention Counselor

June 2012- February 2016

- Psychiatric clinician in the emergency department working as part of multi-disciplinary team to assess and intervene with individuals with acute psychiatric needs and their families regarding the impact of emotional and social problems, specifically in regards to mental health, trauma, substance abuse and domestic violence.
- Experience with children, adolescents, adults and geriatric individuals in fast paced emergency department servicing lower socioeconomic populations of the city.
- Complete bio-psychosocial and safety evaluations in order to help determine appropriate level of care.
- Assist in the development and implementation of the clinical pathways for behavioral health patients in the ED.
- Experience with Behavioral Health insurance authorization for continuum of care

Jail Diversion Clinician

August 2012- August 2013

- Work in partnership with Boston Police Department, both at local station and responding to calls with assigned officers on duty.
- Seek to redirect individuals with mental illness, substance use, and co-occurring disorders from the criminal justice system into treatment when appropriate and safe at the point prior to arrest.
- Conduct on-site psychiatric crisis evaluations for individuals post arrest in the event they are endorsing or exhibiting acute psychiatric symptoms.
- Enhance public safety by identifying strategies that can be safe and effective in handling acute situations in which police are called regarding a person who is in an emotional crisis.

Practicum Placement Experience:

Boston Emergency Services Team (B.E.S.T) Program, Boston Medical Center, Boston, MA

Crisis Intervention Counselor, MSW Intern

September 2012- May 2012

- Interview patients, and collateral contacts to gather information regarding patient's presenting problems and the impact on the patients functioning in the community as part of a comprehensive bio-psychosocial assessment, including risk factors and acuity.
- Review all data with attending physicians to formulate plan of care.

Urban Neighborhoods Healthy Families, Catholic Charities, Dorchester, MA

Case Manager, In-home Therapist, MSW Intern

September 2010- May 2011

- Home visits and case management for diverse client populations of pregnant, or first-time parents under the age of twenty-one.
- Weekly face-to-face visits in the home for individual and family therapy services. Intake, assessment, evaluation and goal setting for the client and their families.
- Interventions include Cognitive Behavioral Therapy, modeling appropriate parenting skills, and psycho-education on child development and prenatal care.

SUPERVISORY, LEADERSHIP & VOLUNTEER EXPERIENCE

Simmons College, Boston, MA

Field Education Supervisor

August 2017- Present

- Ensures that the student be incorporated into the agency system and helped to learn its philosophy, mission, place in the community, practices, and procedures.
- Provide two hours a week of formal supervisory conferences with final year MSW student. Responsible for reading and providing feedback for process recordings and other documentation.
- Consulting with school representatives and completing student evaluations.
- Attend biweekly Seminar on Supervision

Department of Social Work Advisory Committee, The Massachusetts General Hospital, Boston, MA

Committee Member

April 2016- Present

- Monthly meeting with social work department director to discuss new developments, issues, and concerns as voiced by colleagues during team meetings.

Year Up, Boston, Ma

Mentor

October 2015- July 2016

- Year Up is a one-year, intensive training program that provides low-income young adults, ages 18-24, with a combination of hands-on skill development, college credits, corporate internships, and support.
- One-on-one mentoring with student currently enrolled in training program consisting of weekly supervision.
- Discuss daily concerns, obstacles and successes in the context of program, as well as goals, and provide support both professionally and personally for youth.

EIM Medical Mission, San Pedro/ Sula, Honduras

Orthopedic and OB/GYN medical services

January 2010- January 2015

- Ten day medical mission trips each January.
- Organization of team including submitting necessary forms, arranging for appropriate supplies and donations;

- creating team agenda including operating room and clinic schedule.
- Assisting physicians and registered nurses in patient care, and surgical procedures. Provide prenatal health to area mothers and teens to expand education and awareness.

Human Trafficking Committee, Boston Medical Center, Boston, MA

Member

September 2014- February 2016

- Develop strategies on how to more effectively serve population.

Clinical Social Work Intern Group Supervision, Boston Medical Center, Boston, MA

Supervising Clinician

December 2015- July 2016

- Weekly group supervision with social work and mental health counseling interns in outpatient Behavioral Health Clinic at Boston Medical Center to provide necessary clinical supervision.

LICENSURE

Virginia, Department of Health Professions, Health Regulatory Board

Board of Social Work: Licensed Clinical Social Worker

January 2018- Present

District of Columbia, Department of Health, Health Professions Licensing

Board of Social Work: Licensed Independent Clinical Social Worker

October 2017- Present

Commonwealth of Massachusetts, Division of Professional Licensure

Board of Social Work: Licensed Independent Clinical Social Worker

September 2015- October 2018

PROFESSIONAL MEMBERSHIP

National Association of Social Workers

Active Member

October 2010- Present



Executive Office of the Mayor - Office of Talent and Appointments
John A. Wilson Building | 1350 Pennsylvania Avenue, Suite 600 | Washington, DC 20004

Mildred Sheppard



Mildred Sheppard is a trauma community outreach social worker at the Washington Hospital Center. In her role as an outreach specialist, she seeks to provide clinical care to survivors of violence in Washington, DC. She also oversees programs that promote positive developments regarding violent crime and hospital-based violence intervention.

Ms. Sheppard has also provided support services to those impacted by violence in the Boston area during her time as a clinical social worker and crisis intervention counselor.

A Ward 6 resident, Ms. Sheppard received a Bachelor of Arts in Early Childhood/Special Education from the University of Florida as well as a Masters in Clinical Social Work from Boston College Graduate School of Social Work.



GOVERNMENT OF THE DISTRICT OF COLUMBIA
Executive Office of Mayor Muriel Bowser



Office of the General Counsel to the Mayor

To: Alana Intrieri, Steve Walker
From: Betsy Cavendish
Date: April 19, 2019
Subject: Legal sufficiency review of Resolutions nominating Kenyatta Hazlewood, Juanita Price, Clayton Rosenberg and Mildred Sheppard as members to the Violence Fatality Review Committee

This is to Certify that this office has reviewed the above-referenced legislation and found it to be legally unobjectionable. If you have any questions in this regard, please do not hesitate to call me at 202-724-7681.

A handwritten signature in black ink, written in a cursive style. The signature reads 'Elizabeth A. Cavendish'.

Elizabeth Cavendish