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OFFICE OF THE
SECRETARY

MURIEL BOWSER
MAYOR

JUN 23 2017

The Honorable Phil Mendelson
Chairman
Council of the District of Columbia
John A. Wilson Building
1350 Pennsylvania Avenue NW, Suite 504
Washington, DC 20004

Dear Chairman Mendelson:

In accordance with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01), and pursuant to section 205 of the District of Columbia Health Occupations Revision Act of 1985, effective March 25, 1986 (D.C. Law 6-99; D.C. Official Code § 3-1202.05), I am pleased to nominate the following person:

Dr. Bretha Michelle Harris
4505 Fifth Street NW
Washington, DC 20011
(Ward 4)

for appointment as an allied health professional who is licensed in the District member of the Board of Long-Term Care Administration, filling a vacant seat, for a term to end July 21, 2020.

Enclosed, you will find biographical information detailing the experience of the above-mentioned nominee, together with a proposed resolution to assist the Council during the confirmation process.

I would appreciate the Council's earliest consideration of this nomination for confirmation. Please do not hesitate to contact me, or Steven Walker, Director, Mayor's Office of Talent and Appointments, should the Council require additional information.

Sincerely,

A handwritten signature in black ink, appearing to read "Muriel Bowser".

Muriel Bowser



Chairman Phil Mendelson
at the request of the Mayor

A PROPOSED RESOLUTION

IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

Chairman Phil Mendelson, at the request of the Mayor, introduced the following resolution,
which was referred to the Committee on _____.

To confirm the appointment of Dr. Bretha Michelle Harris to the Board of Long-Term Care
Administration.

RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this
resolution may be cited as the "Board of Long-Term Care Administration Dr. Bretha Michelle
Harris Confirmation Resolution of 2017".

Sec. 2. The Council of the District of Columbia confirms the appointment of:

Dr. Bretha Michelle Harris
4505 Fifth Street NW
Washington, DC 20011
(Ward 4)

as an allied health professional licensed in the District member of the Board of Long-Term Care
Administration, pursuant to section 205 of the District of Columbia Health Occupations Revision
Act of 1985, effective March 25, 1986 (D.C. Law 6-99; D.C. Official Code § 3-1202.05), filling
a vacant seat, for a term to end July 21, 2020.

Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution,
upon its adoption, to the nominee and to the Office of the Mayor.

Sec. 4. This resolution shall take effect immediately.

BIOGRAPHICAL SKETCH

NAME B. Michelle Harris, PhD, MPH, MS, RDN, LD	POSITION TITLE Associate Professor, University of the District of Columbia
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EDUCATION/TRAINING (*Begin with baccalaureate or other initial professional education, such as nursing include postdoctoral training.*)

INSTITUTION AND LOCATION	DEGREE (If applicable)	YEAR	FIELD OF STUDY
College of the Holy Cross, Worcester, MA	BA	1979	Chemistry
Framingham State College, Framingham, MA	MS	1987	Nutrition
Boston City Hospital, Boston, MA	---	1987-1988	Pre-professional R.D. Experience
Whittier Street Health Center, Boston, MA	---	1988-1989	Pre-professional R.D. Experience
Harvard University (HSPH), Boston, MA	MPH	1991	Maternal and Child Health
NIH Introduction to the Principles and Practices of Clinical Research, Bethesda, MD	Certificate	2004	Clinical Research Methods/Ethics
The Network of Minority Research Investigators Annual Training, Bethesda, MD	---	2005 to 2015 (excluding 2014)	Diabetes and related conditions
University of Maryland, College Park, MD	PhD	May 2007	Nutrition
University of the District of Columbia, DC	---	June 2012	Certificate in online course design and online teaching
NEA Emerging Leaders Academy	---	March 2015	Leadership
NMHD Translational Health Disparities Course	---	August 2015	Research

A. Positions and Honors

PROFESSIONAL EXPERIENCE:

1992-1994	Peace Corps Volunteer/Nutritionist, Guatemala, Central America
1995-1996	Public Health Nutritionist, Alexandria Health Department, Alexandria, VA
1996-1996	Director of Nutrition Services, Sunshine House, Washington, DC
1998-1999	Instructor, Computer Learning Center, Alexandria, VA
1998-2000	Public Health Nutritionist, District of Columbia Department of Health, Washington, DC
1999-2000	Instructor, Prince George's Community College, Largo, MD
2000-2005	Teaching Assistant/Instructor, University of Maryland (Nutrition Department)
2000-2005	Research Assistant, University of Maryland (Nutrition and Public Health Departments)
2005-present	Health Correspondent (Volunteer), <i>East of the River</i> Newspaper, Washington, DC
2006-2012	Assistant Professor, University of the District of Columbia, Washington, DC
2012-present	Associate Professor, University of the District of Columbia, Washington, DC

FELLOWSHIPS/AWARDS:

The National Bureau of Standards (now the National Institute of Standards and Technology, NIST), Gaithersburg, Maryland: National Junior Fellow, Analytical Chemistry Division, 1975-1979.

Harvard University School of Public Health, Boston, Massachusetts: A two-year fellowship for having a focus on domestic Maternal and Child Health (MCH) programs, 1989-1991.

American Association for the Advancement of Science (AAAS), April 2006. This award consists of a one-year sponsored membership in AAAS/*Science*.

University of Maryland President's Commission on Ethnic Minority Issues Graduate Student Minority Achievement Award, May 2006.

The Society of Minorities in Agriculture, Natural Resources, and Related Sciences (MANRRS) 2012 Advisor of the Year Award, March 2012 (Elected National Historian for 2013 to 2015.)

ARC Toastmaster Club, Toastmaster of the Year, 2014-2015

PROFESSIONAL AFFILIATIONS:

1988 to present:	Academy of Nutrition and Dietetics (AND/formerly ADA) (Registered and Licensed Dietitian/Nutritionist)
1988 to present:	District of Columbia Metropolitan Academy of Nutrition and Dietetics (DCMAND/formerly, DCMADA)
1996 to present:	American Public Health Association (APHA)
2004 to present:	American Society for Nutrition (ASN)
2004 to present:	Network of Minority Research Investigators (Under auspices of NIDDK, NIH)
2005 to present:	Society of Minorities in Agriculture, Natural Resources, and Related Sciences (MANRRS)
2006 to present:	Toastmasters International: Competent Communicator, Bronze, and Competent Leader
2007 to present:	Sigma Xi Scientific Research Society, University of Maryland Chapter
2010 to present:	District of Columbia Housing Authority Citywide Advisory Board Health Committee
2015 to present	Association for Clinicians for the Underserved (ACU)
2015 to present	Metropolitan Washington Public Health Association (MWPFA)

B. Publications and Presentations

Selected Peer-Reviewed Publications

Council KD, Wilson JC, **Harris BM**, O'Keefe AM, Henderson C, Nwazue E, Dixon B, Weaks F, Merengwa E. Improving Health Services for Residents Through Community-Based Participatory Research: A Public Housing Leadership Perspective, *Progress in Community Health Partnerships: Research, Education, and Action*, 7(1), Spring 2013, 89-93.

Yan AF, Zhang G, Wang MQ, Stoesen CA, **Harris BM**. Weight Perception and Weight Control Practice in a Multiethnic Sample of US Adolescents. *Southern Medical Journal* 2009;102(4):354-360.

Wang MQ, Katz R, Howard ED, **Harris M**, Yan F. Bioethical Issues in Biostatistics Consulting: Development of a Survey Instrument. *Psychological Reports* 2007;100:191-194

Selected Non-Peer Reviewed Publications

Harris BM. "A Career as a Health Professional: UDC is Helping to Fill the Gap in Health Resources." *East of the River* 2009 (February):42-43.

Harris BM. "DC Healthy Store Initiative: A Call for Hunger Solutions." *East of the River* 2008 (March):43-45.

Harris BM. "NBC4 Health and Fitness Expo: UDC Students Reach Out to the Public." *East of the River* 2008 (February):44-45.

Harris BM. "Thanksgiving and Atonement: UDC Students Share Across Cultural Boundaries." *East of the River* 2007 (September):58-59.

Harris BM. "Speech, Language, and Hearing Professions: M. Eugene Wiggins' Commitment to Health Professionals." *East of the River* 2007 (August):44-45.

Harris BM. "Nutrition and Food Science: Professions That Rock." *East of the River* 2007 (July):38-39.

Harris BM. "Breast and Prostate Cancer: Not a Battle of the Sexes." *East of the River* 2006 (October): 46.

Selected Presentations

Wilson JC, Jordan S, **Harris BM**, Council KD, "Building a Partnership for Improved Health in Public Housing: A Community-Based Research and Planning Process," Health Centers and Public Housing Symposium, Denver, Colorado, June 5, 2013.

Harris BM. The relationship of low birth weight and current obesity to diabetes in African American Women. **Poster Presentation**. Network of Minority Research Investigators, National Institute of Diabetes and Digestive and Kidney Diseases. Bethesda, Maryland. April 2007.

Harris BM, Voorhees CV. The Availability of Healthy Foods, BMI, and Dietary Patterns in Urban Adolescents. **Poster Presentation**. American Public Health Association Annual Conference. Washington, DC. November 5, 2007.

Harris BM. The Availability of Healthy Foods, BMI, and Dietary Patterns in Urban Adolescents. **Oral Presentation**. Active Living Research Diversity Partnership Grantees Workshop. Chicago, IL. December 11, 2007.

C. Research Support

Principal Investigator: Decreasing food-plate waste for the School Breakfast Program in an urban pre-kindergarten classroom: A pilot study scheduled to end Summer 2012. (Co-Investigator: Catherine Kling Nourse, UDC Student)

Source of Funding: A one-year, \$4,000, UDC Mini-grant

Principal Investigator: The Relationship Among the Availability of Healthy Foods, Body Mass Index, and Dietary Patterns in Urban Adolescents." Co-Principal Investigator: Carolyn C. Voorhees.

This project examined both individual and environmental food and nutrition factors for teen health. Nearly 200 adolescents will be enrolled.

Source of Funding: A two-year, \$80,000, Robert Wood Johnson Foundation Active Living Research Diversity Partnership Grant.

Principal Investigator: The Relationship of Low Birth Weight and Current Obesity to Diabetes in African American Women (Dissertation Research Project)

This project tested the validity of the fetal origins hypothesis in African American women 38 to 57 years of age. In addition, it examined the relationship among type 2 diabetes, abdominal obesity, and a wide spectrum of birth weights for this population, including those who were born heavy (>4,000 grams). Waist and hip circumferences, height, weight, blood pressure, and fasting blood glucose were measured. Approximately 400 women were enrolled.

Sources of Funding: Various in-kind donations from private industry, the media, and others.

Student Scholarship Grant Funding: Scholarships for Disadvantaged Students (SDS), **PI: (Total: \$912,850)**

2008-2009: \$123,394 (Regular)

2009-2010: \$277,897 (Regular); \$124,739 (ARRA)

2010-2011: \$233,140 (Regular); \$153,680 (ARRA)

2011-2012: \$123,394 (Regular)

Student Scholarship Grant Funding: SDS, Discipline (Nutrition) Coordinator: **(Total: \$106,775)**

2007-2008: \$106,775 (Regular)

Courses Taught

My teaching philosophy focuses on preparing students to become life-long learners and for taking responsibility for their own learning. (I tell students, “You are the captain of your ship.”) My courses are interactive and integrate peer instruction, experiential learning, research, team activities, student oral presentations, guest lecturers, panelists, and field trips. Reflective journaling is used to promote “deep learning” and personal responsibility for managing one’s own learning and for fostering life-long learning. My standards for my students and for myself are high, but students meet and exceed my expectations. My expectations for my students and for myself are clearly defined. Feedback is highly valued and is provided to students in a timely manner. I conduct both formative and summative evaluations for each of my courses every semester that I teach. I play the hand I am dealt (limited resources in terms of administrative support, insufficient number of faculty for the department, lack of funds for lab activities, competition for classroom space, etc.); however, I never give up on thinking outside of the box to procure requisite resources and alternatives. I project enthusiasm for each course I teach, for my profession, for my academic program, for the University of the District of Columbia, and for Washington, D.C., my natal city. Currently, I am working to integrate more technology into my courses.

Not only am I experienced in teaching in the traditional classroom, but as a public health expert, I have taken the opportunity to educate the public and professionals outside of the University. In 2010, I developed the curriculum for training paraprofessionals to become certified as Nutrition Education Technicians (Nutrition Assistants) for the D.C. WIC Program. On February 25, 2012, I facilitated a community nutrition workshop for residents of D.C. Public Housing. The topic was diabetes. The audience included residents of Fort Dupont and Stoddert Public Housing properties, and faculty and students of the George Washington University School of Public Health. I recently lectured an audience of professional members of the North Capitol Environmental Health Association at their annual regional meeting on January 19, 2012. My presentation was part of the theme titled, “What Are Our Children Eating?—Nutrition and Food Safety of the School Lunch Program in Washington, D.C.” One of the organizers of this meeting is a graduate of the Nutrition and Food Science Program, Food Science Option, a program that I hope will be reinstated soon. During my service as a U.S. Peace Corps Volunteer (Guatemala, Central America), I learned to utilize non-formal teaching methods to educate individuals and groups of men, women, and children, who had limited opportunity to enroll in school. I celebrate diversity in all its shapes, sizes, shades, genders, and ages. I have been successful in training UDC Nutrition students to become effective educators.

The following is a summary of my formal classroom-based teaching history.

University of the District of Columbia

Assistant Professor, 2006-present

- Geriatric Nutrition, lecture and lab (NUFS 374/375)
- Nutrition in the Life Cycle (NUFS 313)
- Nutrition Education, lecture and lab (NUFS 320/321)
- Community Nutrition, lecture and lab (NUFS 314/316)
- Food Economics, lecture and lab (NFSC 315/319)
- Introduction to Nutrition, lecture and lab (FDSC 104/106)
- Senior Seminar and Research (FDSC 490)

University of Maryland, College Park

Teaching Assistant/Instructor, 2000-2005

- Medical Nutrition Therapy (NFSC 460)
- Elements of Nutrition (NFSC 100)
- Maternal and Infant Nutrition (NFSC 615), a graduate course

Prince Georges Community College

Adjunct Faculty, 1999-2000

- Introductory Nutrition (NTR 101)

Computer Learning Center, Alexandria Virginia

Instructor, 1998-1999

- Introduction to Information Technology



Executive Office of the Mayor - Office of Talent and Appointments
John A. Wilson Building | 1350 Pennsylvania Avenue, Suite 600 | Washington, DC 20004

Bretha Michelle Harris



Dr. Harris is an Associate Professor at the University of the District of Columbia.

Dr. Harris is a registered dietitian, licensed dietitian, and nutrition educator with a focus on public and community health through education. As an Associate Professor of Nutrition at the University of the District of Columbia, Dr. Harris works on topics including, minority health, women's health, and health disparities. She is a former contributor to East of the River, a community newsmagazine that targets historically underserved populations in Wards 7 and 8, on issues of health and educational opportunities.

A Ward 4 resident, Dr. Harris received a Bachelor of Arts in Chemistry from the College of the Holy Cross, a Master of Science in Nutrition from Framingham State College, a Master of Public Health from Harvard University, and a Doctorate in Nutrition from the University of Maryland.



GOVERNMENT OF THE DISTRICT OF COLUMBIA
Executive Office of Mayor Muriel Bowser



Office of the General Counsel to the Mayor

To: Lolita Alston, Steve Walker
From: Betsy Cavendish
Date: June 19, 2017
Subject: Legal sufficiency review of Resolution appointing Bretha Harris as a Member of the Board of Long-Term Care Administration

This is to Certify that this office has reviewed the above-referenced Resolution and found it to be legally unobjectionable. If you have any questions in this regard, please do not hesitate to call Karuna Seshasai, Deputy General Counsel, Executive Office of the Mayor, at 202-724-1303, or me at 202-724-7681.

A handwritten signature in cursive script that reads 'Elizabeth A. Cavendish'.

Elizabeth Cavendish