



2017 MAR 29 PM 3:41
OFFICE OF THE
SECRETARY

MURIEL BOWSER
MAYOR

MAR 29 2017

The Honorable Phil Mendelson
Chairman
Council of the District of Columbia
John A. Wilson Building
1350 Pennsylvania Avenue NW, Suite 504
Washington, DC 20004

Dear Chairman Mendelson:

In accordance with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01), and pursuant to section 209 of the District of Columbia Health Occupations Revision Act of 1985, effective March 25, 1986 (D.C. Law 6-99; D.C. Official Code § 3-1202.09), I am pleased to nominate the following person:

Ms. Bernardine Evans
1701 Poplar Lane NW
Washington, DC 20012
(Ward 4)

for appointment as a physical therapist licensed in the District member of the Board of Physical Therapy, replacing Christopher Cousins, for a term to end April 16, 2020.

Enclosed, you will find biographical information detailing the experience of the above-mentioned nominee, together with a proposed resolution to assist the Council during the confirmation process.

I would appreciate the Council's earliest consideration of this nomination for confirmation. Please do not hesitate to contact me, or Steven Walker, Director, Mayor's Office of Talent and Appointments, should the Council require additional information.

Sincerely,

A handwritten signature in black ink, appearing to read "Muriel Bowser".

Muriel Bowser



Chairman Phil Mendelson
at the request of the Mayor

A PROPOSED RESOLUTION

IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

Chairman Phil Mendelson, at the request of the Mayor, introduced the following resolution,
which was referred to the Committee on _____.

To confirm the appointment of Ms. Bernardine Evans to the Board of Physical Therapy.

RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this resolution may be cited as the "Board of Physical Therapy Bernardine Evans Confirmation Resolution of 2017".

Sec. 2. The Council of the District of Columbia confirms the appointment of:

Ms. Bernardine Evans
1701 Poplar Lane NW
Washington, DC 20012
(Ward 4)

as a physical therapist licensed in the District member of the Board of Physical Therapy,
pursuant to section 209 of the District of Columbia Health Occupations Revision Act of 1985,
effective March 25, 1986 (D.C. Law 6-99; D.C. Official Code § 3-1202.09), replacing
Christopher Cousins, for a term to end April 16, 2020.

Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution,
upon its adoption, to the nominee and to the Office of the Mayor.

Sec. 4. This resolution shall take effect immediately.

Bernardine Spaulding Evans, PT, DPT, GCS
Program Director
Clinical Assistant Professor
College of Nursing and Allied Health Sciences
Department of Physical Therapy

Education

Utica College of Syracuse University, Utica, NY Post professional Doctorate of Physical Therapy	2010 -2012
Northern Alabama University, Florence, AL School of Business	1987- 1988
University of Maryland Eastern Shore, Princess Anne, MD Bachelors of Science, Physical Therapy.	1984-1986
Howard University, Washington D.C. Pre-physical therapy major,	1983- 1984
Prince Georges Community College , Lanham, MD Associates in Arts, General studies, minor psychology	1981-1982

Licensure/Certification Information

APTA Geriatric Certification Specialist	March 8, 2014
Physical Therapist	
Maryland (16942),	1990 – 2010
District of Columbia (2200),	1989- 1999
District of Columbia (871083)	2009 - present
Alabama (1119)	1986 – 1990

Employment

Howard University – College of Nursing and Allied Health Sciences Physical Therapy Program Director	August 15th , 2016 to present
Howard University – Department of Allied Health Division of Physical Therapy Clinical Assistant Professor	January 7, 2013 to May 2016
Providence Hospital Department of Physical Therapy Per Diem Acute Care PT	March 2015 – to present
Providence Hospital – Carroll Manor Nursing Facility	Sept 2010 – March 2015

Per Diem staff PT

Maryland Visiting Nurses Association 2009 - 2010
Part time staff Home Health PT

Montgomery College, Takoma Park, Md. 2006 - 2010
Adjunct Professor PTA Program

Americare Home Health, Fort Washington, Md. 2004 - 2006
Staff PT

Asbury Methodist Village/Flagstaff Rehab Gaithersburg, Md
Director of Rehabilitation and Restorative Services 2000 - 2003

RehabWorks MD, DC
Senior Physical Therapist 2002-2003

B and R HealthServices Laurel, Md.
Facility Supervisor 1998 - 2002

Mariner Rehabilitation Laurel, Md.
Senior PT 1996-1998

Independant Contractor - 1994 - 1996
provided staff PT, directoral PT services for multiple facilities including John's Hopkins Outpatient PT, Dundalk, Md., Manor Care Silver Spring and Laurel, Jewish Home, Rockville; Multiple POP's in Rockville, Md.

Adventist Home Health Services – varying locations in MD and DC
Staff PT 1992 – 1996

Maryland Orthopedics - Laurel, Md.
Staff PT 1992 -1996

Howard University Hospital – Washington DC
Work Hardening Specialist 1989 – 1991

Tri - county Home Health Agency - AL 1987 - 1989

Humana Hospital - Florence, AL
Staff PT 1986 – 1989

Memberships (both current and past)

DCPTA Chair of the Participation committee
Academy of Geriatric Specialist
SANAA Board Member National Museum of African Art
Executive Committee member Jack and Jill of America DC Chapter
Geriatric Society of Washington
American Physical Therapy Association; Neurology Section and Geriatric Section
Foundation for Physical Therapy
Docent and presenter National Museum of Health and Medicine
AKA Sorority - IGO Chapter
American Red Cross Volunteer
Girl Scout Product Sales Manager NW DC
Democratic National Committee
Shepherd Park Citizens Association
FONZ

Advisory Positions

Wound Care management consultant –
Bay State Medical and Hill-Rom 1994 -1999
Orthopedic Clinic rehabilitative consultant –
Wilson Healthcare Center, Asbury Methodist Village 2000-2003
Prosthetic/Orthotic clinic
Humana Hospital 1986-88
Ergonomics/ Employee Education –
Howard University Hospital, Washington DC.
Asbury Methodist Village, Gaithersburg, Maryland
Lisner-Louise Home, Washington DC

Honors and Awards

Service Award (10 years) National Museum of Health and Medicine
Service Award (5 years), Providence Hospital
Part Time Faculty Service Award, Montgomery College
Service Award American Red Cross,
Service Awards Girl Scouts Council of the Nation's Capital (GSCNC)
Chairmanship award Benjamin and Edith Spaulding Descendent's Association (BESDA)
Outstanding Process Action Team, Asbury Corporation

Committees/Boards:

Epsilon Sigma Tau Allied Health Honor Society committee Howard University 2016 and 2017
Reader of names for the Department of Physical Therapy Doctoral Candidates White Coat ceremony
and Graduation Ceremony 2016 and 2017
MC Graduation Ceremony College of Nursing and Allied Health Sciences 2016 and 2017

Chair of College of Nursing and Allied Health Sciences Sesquicentennial Anniversary Awards Soiree 2017

Chair Participation committee DCPTA (DC chapter of the American Physical Therapy Association)

Government of the District of Columbia Office on Aging: Falls Free Coalition 2015 – present

Student Affairs Committee – College of Nursing and Allied Health Sciences Howard University

Graduation Clearance Committee College of Nursing and Allied Health Sciences 2015 to present

Journal of Orthopedic Research and Physiotherapy Herald Scholarly Open Access Editorial Board – 2015 – present

Grievance Committee – College of Nursing and Allied Health Sciences Howard University

Research Interest:

Prevention and Wellness in the Geriatric population

Health Related Disparities in the African American community

Health Related Disparities in Centenarian populations

Current Teaching Responsibilities

Howard University DPT program

2012-present

Fall Semester

PHTH 706 Principles of Pathology

PHTH 745/776 Wellness Practice

PHTH 562 Intro to Neuromuscular system

Spring semester

OTTH Principles of Disease – Occupational Therapy program

RTTH Pathophysiology – Radiation Therapy program

PHTH 713-01 - Therapeutic Exercise

PHTH 572 Advanced Neuromuscular

PHTH 754 - Integrative clinical seminars Long Term Care/Skilled Nursing Facility

PHTH 709 - Special Topics Advanced Geriatrics Module

PHTH 771 Capstone Project

Past Teaching Responsibilities:

Montgomery College, PTA Program

2005 – 2010

Fall Semester

PT201 Medical Recording for the PTA

2006 – 2010

Spring Semester

PT 211 Therapeutic Procedures III 2010 - 2010
PT 213 Therapeutic Procedures IV 2005 – 2010

Utica College of Syracuse University DPT program
PHT 713 Prevention and Wellness (TA) March/April 2012

Presentations/Speaking Engagements:

Falls Prevention March 2017

The Injured Brain March 2017

Teddy Bear Clinic September 2016

Falls Awareness Day DC Senior centers September 22, 2016

Brain Moves: March 2016

Health Fair: Cardiovascular Disease – Zion Baptist Church November 2015

Falls Prevention Program Hattie Holmes Senior Wellness Center September 23, 2015
In honor of National Falls Prevention Day

Fitness Programs for children 8 and under
Teddy Bear Clinic: National Museum of Health and Medicine September 19, 2015

Brain Moves: Understanding normal and abnormal patterns of movement
Brain Awareness Week: National Museum of Health and Medicine
March 17, 2015

Interdisciplinary approach to Physical Therapy in the Geriatric Population
Howard University School of Social Work – Multidisciplinary Center
September 2014

Preventative Health in the Older African American Male June 2014
John Edgar Howard Senior Center

Fitness programs for children 8 and under
Teddy Bear Clinic: National Museum of Health and Medicine September 13, 2014

Health Fair: Outcomes measures for wellness across the lifespan
Zion Baptist Church: Health fair November 2014

Ongoing Research:

Detection and Treatment of Sarcopenia and Myosteatosis in Older African Americans

Principal Investigator: Michel Harris-Love, DPT Co-Investigators: Bernardine Spaulding Evans PT, DPT, GCS, Dr. Marc Blackman, Dr. Vernon Bond.

3 year ongoing study using isokinetic technology, ultrasonography, DXA and CT scanning to evaluate muscle mass in older African Americans using populations at the DC VAMC and HUH.

Proposals pending IRB approval:

Correlation between Urinary tract infections and bladder dysfunction in patients with Parkinson's Disease: Principal Investigators: Bernardine Evans PT, DPT, GCS and Carole Burnett PT, DSc

Trends in Functional Capacity Evaluation/Work Hardening Clients – Longitudinal Study Principal Investigator: Bernardine Evans PT, DPT, GCS Co- Investigator: Carolyn Dockett PT

Completed Research:

Depression in the Geriatric Population: Is There a Link between Physical Activity and Depression in Elderly, Community-Dwelling, Black Men?

Principle Investigator: Bernardine Spaulding Evans Co-Investigator: Kara Dorsey, SPT

This 10 month study involved use of a survey formatted by the investigators to screen for depression in this population. The study used populations located in the Washington DC area and affiliated with the Department of Aging senior centers.

Correlation between strengthening and conditioning in dancers – Principal Investigator: Bernardine Evans PT, DPT, GCS Co-Investigator: Carole Burnett PT, DSc ; Safiya deFour, SPT

Preferences of Healthcare Providers by West Africans: Principal Investigator: Bernardine Evans PT, DPT, GCS Co-Investigator: Okezie Onuoha, SPT

Publications: proposed submission of completed research to Peer Reviewed Journal 2017

Specialty Education and Continuing Education

2005-present: National Museum of Health and Medicine Docent training: Continuing Professional Education

(as a DOD [department of defense] docent, I receive monthly training and ongoing access electronically in regards to current topics in traumatic brain injury research, polytrauma rehabilitation/prosthetic/amputee rehabilitation, post -traumatic stress research, and pathology updates. We meet as a multidisciplinary group of neuroscientist, anthropologist, physicians, clinical lab and nursing professionals to discuss current topics related to military medicine)

<i>Combined Sections Meeting APTA</i>	<i>February 15-19, 2017</i>
<i>DCPTA Combined conference MD, DC, Delaware</i>	<i>November 2016</i>
<i>OTAGO certification</i>	<i>October 2016</i>
<i>Education Conference/Self Study Workshop CAPTE</i>	<i>October 2016</i>
<i>NEXT conference APTA</i>	<i>June 2016</i>
<i>Distance Learning Seminar(DLSI)</i>	<i>April 2016</i>
<i>Research Week Howard University</i>	<i>April 11-15</i>
<i>IPE Conference</i>	<i>April 7, 2016</i>
<i>Combined Sections Meeting APTA</i>	<i>February 17-20, 2016</i>
<i>Teaching with Technology CETLA</i>	<i>January 29, 2016</i>
<i>HE-TAP (Higher Education Technical Assistance Project) workshop</i>	
<i>Office of Minority Health Resource Center</i>	<i>September 14-16, 2015</i>
<i>NEXT APTA conference</i>	<i>June 3-6, 2015</i>
<i>CITI training</i>	<i>May 2015</i>
<i>CSM (combined sections meeting) APTA</i>	<i>February 4-7, 2015</i>
<i>CETLA workshops</i>	
<i>Flipping the Classroom</i>	<i>March 2014</i>
<i>Problem Based Learning</i>	<i>February 2014</i>
<i>CETLA Training</i>	
<i>CA12 Assessing Online Courses (pending)</i>	<i>4/21/14</i>
<i>PE01 Polling with Poll Everywhere</i>	<i>4/2/14</i>
<i>BB01 Building Blackboard Courses</i>	<i>1/27/14</i>
<i>WC12 Discouraging Plagiarism</i>	<i>12/6/14</i>
<i>American Red Cross</i>	<i>2000 - 2002</i>
<i>Instructor CPR American Red Cross</i>	
<i>Covey / Ritz Carlton Managerial Facilitator</i>	<i>1999 – 2003</i>
<i>Tai Chi</i>	<i>1997</i>
<i>Pilates Instructor Training</i>	<i>1991/1994</i>
<i>Wound Care</i>	<i>1987</i>
<i>Cybex Back Systems</i>	<i>1987</i>
<i>FCE training</i>	<i>1986</i>
<i>Back School of Atlanta</i>	<i>1986</i>
<i>Post Surgical Hand Rehabilitation</i>	
<i>Spain Rehab Birmingham, Ala.</i>	<i>1987</i>
<i>Manual Therapy – Stanley Paris, S-1,S-2</i>	<i>1986/1988</i>

1986-2014

Board Certification as Geriatric Specialist 2013

International Brain Awareness Week March (every year since 2005)

Pharmacology for the PT

OASIS C training

An Intergrated Approach to Shoulder Dysfunction for PTA's

APTA self study workshop

MCAPD conference for Adjuncts

Topics in Physical Therapy: Neurology

The Problem Knee

NDT Techniques

Feldenkrais Method

Motor Learning/Motor Planning

Biomechanical Evaluation and Treatment of the LE

Reducing Falls Risk in the Elderly

Geriatric Neurology/Carol Lewis

Geriatric Orthopedics/Carol Lewis

Home Care for the Frail Elderly Patient

Treatment of the Frail Elderly Patient

Reimbursement Issues and Documentation

APTA: PPS training



Executive Office of the Mayor - Office of Talent and Appointments
John A. Wilson Building | 1350 Pennsylvania Avenue, Suite 600 | Washington, DC 20004

Bernardine Evans



Dr. Bernardine Evans, PT, DPT, GCS is the Physical Therapy Program Director at the Howard University College of Nursing and Allied Health Sciences

In this capacity, Dr. Evans instructs graduate physical therapy, occupational therapy, and undergraduate radiation therapy students in pathology. Additionally, she teaches neurology and the principles of therapeutic exercise. Dr. Evans previously served as Director of Restorative and Rehabilitative Services at Asbury Methodist Village in Gaithersburg, Maryland where she was responsible for the operation of a 2,000 member resident continuing care retirement community. A practicing therapist, Dr. Evans provides physical therapy at Carroll Manor Nursing Home and Providence Hospital and serves on the editorial review boards for orthopedic research and physiotherapy. Dr. Evans is a member of the American Physical Therapy Association as well as the

Geriatric Society of Washington DC.

A Ward 4 resident, Dr. Evans received an Associate of Arts in General Studies, a Bachelor of Science in Physical Therapy from the University of Maryland Eastern Shore and a Doctorate of Physical Therapy from Utica College of Syracuse University.



GOVERNMENT OF THE DISTRICT OF COLUMBIA
Executive Office of Mayor Muriel Bowser



Office of the General Counsel to the Mayor

To: Lolita Alston, Steve Walker
From: Betsy Cavendish
Date: March 20, 2017
Subject: Legal sufficiency review of Resolution appointing Bernardine Evans to the Board of Physical Therapy

This is to Certify that this office has reviewed the above-referenced Resolution and found it to be legally unobjectionable. If you have any questions in this regard, please do not hesitate to call me at 202-724-7681.

A handwritten signature in cursive script that reads 'Elizabeth A. Cavendish'.

Elizabeth Cavendish