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OFFICE OF THE  
SECRETARY

MURIEL BOWSER  
MAYOR

MAR 27 2017

The Honorable Phil Mendelson  
Chairman  
Council of the District of Columbia  
John A. Wilson Building  
1350 Pennsylvania Avenue NW, Suite 504  
Washington, DC 20004

Dear Chairman Mendelson:

In accordance with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01, and pursuant to section 215 of the District of Columbia Health Occupations Revisions Act of 1985, effective March 14, 1995 (D.C. Law 10-205; D.C. Official Code § 3-1202.15), I am pleased to nominate the following person:

Ms. Darlene Jackson  
213 Oglethorpe Street NW  
Washington, DC 20011  
(Ward 4)

for reappointment as a massage therapist licensed in the District member of the Board of Massage Therapy, for a term to end October 29, 2019.

Enclosed, you will find biographical information detailing the experience of the above-mentioned nominee, together with a proposed resolution to assist the Council during the confirmation process.

I would appreciate the Council's earliest consideration of this nomination for confirmation. Please do not hesitate to contact me, or Steven Walker, Director, Mayor's Office of Talent and Appointments, should the Council require additional information.

Sincerely,

A handwritten signature in black ink, appearing to read "Muriel Bowser", written over a vertical line that extends down to the printed name below.

Muriel Bowser



Chairman Phil Mendelson  
at the request of the Mayor

A PROPOSED RESOLUTION

IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

Chairman Phil Mendelson, at the request of the Mayor, introduced the following resolution,  
which was referred to the Committee on \_\_\_\_\_.

To confirm the reappointment of Ms. Darlene Jackson to the Board of Massage Therapy.

RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this resolution may be cited as the "Board of Massage Therapy Darlene Jackson Confirmation Resolution of 2017".

Sec. 2. The Council of the District of Columbia confirms the reappointment of:

Ms. Darlene Jackson  
213 Oglethorpe Street NW  
Washington, DC 20011  
(Ward 4)

as a massage therapist licensed in the District member of the Board of Massage Therapy,

pursuant to section 215 of the District of Columbia Health Occupations Revisions Act of 1985,  
effective March 14, 1995 (D.C. Law 10-205; D.C. Official Code § 3-1202.15), and to serve for a  
term to end October 29, 2019.

Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution,  
upon its adoption, to the nominee and to the Office of the Mayor.

Sec. 4. This resolution shall take effect immediately.

# Darlene L. Jackson

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## SUMMARY

- Massage Therapist with over 10 years of experience in spa and mobile environments
- Dedicated to providing quality therapeutic massages and educating people on overall health and wellness
- Proficient with a wide range of therapy techniques including sports massage, body stretching and ROM, Swedish massage, deep tissue massage, myofascial release, hot stone massage, chair massage, and pre-natal/side-lying massage
- An experienced Licensed Practical Nurse with knowledge of medical terminology, documentation, and CPR/First Aid certification
- Organized and detail-oriented with exceptional communication, scheduling, and interpersonal skills

## PROFESSIONAL EXPERIENCE

Sail Away Massage Washington, DC/MD

Massage Therapist (Self Employed) April 2007 – Present

Provide mobile massage therapy services to 5 star hotels, spas, and high-profile clients using safe, appropriate and effective techniques

Develop and utilize therapeutic strategies to solve clients' soft tissue injuries and musculoskeletal problems such as back and neck pain, sprain and strains, sports injuries and stress related conditions

Perform sports deep tissue, and Swedish massages

Establish and maintain excellent client relationships to ensure repeat clientele

Jefferson Hotel Washington, DC

Massage Therapist/Esthetician (On Call) October 2011 –

Present Ensured massage area was clean, sanitized, and well-stocked

Utilized wide range of massage and therapy techniques

Four Seasons Hotel Washington DC

Massage Therapist October 2005 – April 2007

Performed massage techniques to reduce stress, control pain, and promote relaxation in a spa environment

Consulted with clients to obtain basic medical history, assess needs and problem areas, and determine appropriate massage technique

Washington Hospital Center Washington, DC

Licensed Practical Nurse October 1990 – July 2006

Prepared patients for surgical and other medical procedures

Served as a preceptor and training liaison for new hires

Contributed, updated, and organized components of the patient medical record

## EDUCATION

- Esthetics/Skin Care Certificate, 2008, The French Institute
- Massage Therapy Certificate, 2005, Baltimore School of Massage, Baltimore, MD
- Bachelor of Science in Information Systems, 2002, Columbia Union College, Takoma Park, MD

## Licenses/Certifications/Continuing Education

- Sports Massage March 2014
- Active Isolated Stretching August 2006
- Esthetics/ Skin Care License DC 2008
- Massage Therapy License DC 2005
- National Certification Board for Therapeutic Massage and Bodywork 2005
- CPR/First Aid Certification 2015
- Practical Nurse Certification 1990

## Affiliation and Associations

- Vice-Chair, DC Board of Massage Therapy (Current)

# Darlene L. Jackson

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Executive Office of the Mayor - Office of Talent and Appointments  
John A. Wilson Building | 1350 Pennsylvania Avenue, Suite 600 | Washington, DC 20004

## Darlene Jackson



Darlene Jackson is a self-employed massage therapist with Sail Away Massage and is a current member of the District of Columbia Board of Massage Therapy.

Ms. Jackson has been a practicing massage therapist for over 10 years. She is licensed in the District of Columbia and is a member of the Association of Bodywork and Massage Professionals. Ms. Jackson combined her former career as a licensed practical nurse with massage therapy to offer her clientele a wellness approach through integrative holistic bodywork where she employs therapeutic strategies to address soft tissue and musculoskeletal issues. She practices Deep Tissue Massage, Sports Massage, Swedish, Hot Stone, Pregnancy Massage and Reiki Healing Energy work.

A Ward 4 resident, Ms. Jackson received a Bachelor of Science in Information Systems from Columbia Union College and is an alumna of the Baltimore School of Massage.



GOVERNMENT OF THE DISTRICT OF COLUMBIA  
Executive Office of Mayor Muriel Bowser



Office of the General Counsel to the Mayor

**To:** Lolita Alston, Steve Walker  
**From:** Betsy Cavendish  
**Date:** March 17, 2017  
**Subject:** Legal sufficiency review of Resolutions reappointing Darlene Jackson to the Board of Massage Therapy

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**This is to Certify** that this office has reviewed the above-referenced Resolutions and found them to be legally unobjectionable. If you have any questions in this regard, please do not hesitate to call Karuna Seshasai, Deputy General Counsel, Executive Office of the Mayor, at 202-724-1303, or me at 202-724-7681.

A handwritten signature in cursive script that reads 'Elizabeth A. Cavendish'.

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Elizabeth Cavendish