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OFFICE OF THE  
SECRETARY

MURIEL BOWSER  
MAYOR

MAR 23 2017

The Honorable Phil Mendelson  
Chairman  
Council of the District of Columbia  
John A. Wilson Building  
1350 Pennsylvania Avenue NW, Suite 504  
Washington, DC 20004

Dear Chairman Mendelson:

In accordance with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01), and pursuant to section 215 of the District of Columbia Health Occupations Revisions Act of 1985, effective March 14, 1995 (D.C. Law 10-205; D.C. Official Code § 3-1202.15), I am pleased to nominate the following person:

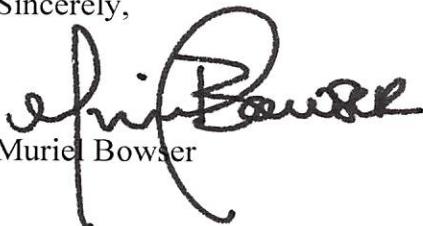
Mr. Cary Bland  
3738 Military Road NW  
Washington, DC 20015  
(Ward 3)

for reappointment as a massage therapist licensed in the District member of the Board, for a term to end October 29, 2020.


Enclosed, you will find biographical information detailing the experience of the above-mentioned nominee, together with a proposed resolution to assist the Council during the confirmation process.

I would appreciate the Council's earliest consideration of this nomination for confirmation. Please do not hesitate to contact me, or Steven Walker, Director, Mayor's Office of Talent and Appointments, should the Council require additional information.

Sincerely,



Muriel Bowser

  
Chairman Phil Mendelson  
at the request of the Mayor

A PROPOSED RESOLUTION

IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

Chairman Phil Mendelson, at the request of the Mayor, introduced the following resolution,  
which was referred to the Committee on \_\_\_\_\_.

To confirm the reappointment of Mr. Cary Bland to the Board of Massage Therapy.

RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this  
resolution may be cited as the "Board of Massage Therapy Cary Bland Confirmation Resolution  
of 2017".

Sec. 2. The Council of the District of Columbia confirms the reappointment of:

Mr. Cary Bland  
3738 Military Road NW  
Washington, DC 20015  
(Ward 3)

as a massage therapist licensed in the District member of the Board of Massage Therapy,  
pursuant to section 215 of the District of Columbia Health Occupations Revisions Act of 1985,  
effective March 14, 1995 (D.C. Law 10-205; D.C. Official Code § 3-1202.15), for a term to end  
October 29, 2020.

Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution,  
upon its adoption, to the nominee and to the Office of the Mayor.

Sec. 4. This resolution shall take effect immediately.

Cary Bland LMT, NMT  
Cary Bland Therapeutic Massage

#### About Cary Bland:

I am applying to continue my service as a Member of the D.C. Board of Massage Therapy because I believe that I have something significant to contribute, based on my many years of experience in the massage therapy profession. Over the years, I have witnessed, and indeed, taken part in, the transformation of the massage profession to a place where licensed massage therapist are widely acknowledged by the general public as well trained and respectable healthcare professionals. I would like to do my part to ensure that this is, and continues to be, the case and that the public can be confident that the care and service they receive from licensed massage therapists is of the highest standard.

#### Experience:

- 2012-2015: Served as 1st Vice President of the D.C. Chapter of the American Massage Therapy Association

- 2010-Present: Served as Member of the D.C. Board of Massage Therapy

- 2000 - Present Served as Principal of Cary Bland Therapeutic Massage, A successful private massage therapy practice in Chevy Chase, D.C. which emphasizes pain management, stress reduction and optimizing sports performance.

- 1985 - 2000: Maintained a private massage therapy practice in Chevy Chase, MD, primarily focused on Sports Massage

- 1990 - 2000: Served as Clinic Advisor for American Running Association, writing on the topic of Sports Massage.

- 1992: Served as Staff as Sports Massage therapist for 1992 Olympic Gymnastic trials, Baltimore, MD

- 1990-1991: Served as Sports Massage Therapist for George Washington University Men's Track Team.

- 1990: Served on Medical Staff as Sports Massage Therapist for 1990 Goodwill Games, Seattle, WA.

- 1988: Served as Sports Massage Therapist as Member of National Sports Massage Team for 1988 Winter Olympics, Calgary, Alberta

- 1987: Served as Sports Massage Therapist for Fuji/Sun Tour Masters Cycling Team, National Cycling Championships
- 1986: Served as Sports Massage Therapist for Winning / Peugeot Women's Cycling Team, Tour of Texas
- 1986: Served as Sports Massage Therapist for U.S. National Cycling Team, Colorado Springs, Colorado
- 1985-1995: Co-Founded and Served as Director for The National Capital Area Sports Massage Team.

#### Education/Certifications:

- University of Maryland: bachelors of Science Degree in Dietetics
- Potomac Myotherapy Institute: 1000hr Massage Therapy Certification
- AMAT (American Massage Therapy Association): National Sports Massage Certification
- AMTA Registered Massage Therapist Certification
- Institute for Natural Health: Neuromuscular Therapy, St John Method Certification
- NCBTMB (National Certification Board for Therapeutic Massage and Bodywork): Nationally Certified in Therapeutic Massage and Bodywork

#### Associations

- 1<sup>st</sup> Vice President, D.C. Chapter of The American Massage Therapy Association
- Member, D.C. Board of Massage Therapy (January 2010-Present)
- Sponsor, National Capital Velo Club (2006 • Present)
- NCBTMB (Nationally Certified in Therapeutic Massage and Bodywork), NCBTMB (1992-2009)
- Professional Active Member, American Massage Therapy Association (1985-Present)
- National Capital Area Sports Massage Team (Co-Founder and Director 1986-1995)
- Active Member, Montgomery County Road Runners Club (1985-Present)
- Active Member, National Capital Velo Club (1981- Present)



Executive Office of the Mayor - Office of Talent and Appointments  
John A. Wilson Building | 1350 Pennsylvania Avenue, Suite 600 | Washington, DC 20004

## Cary Bland



Mr. Bland is a Licensed Massage Therapist and owner of Cary Bland Therapeutic Massage and current member of the District of Columbia Board of Massage Therapy.

Mr. Bland has been a massage therapist for more than 30 years providing services to help clients overcome soft tissue injuries and painful conditions. His therapeutic approach includes Neuromuscular Massage Therapy, Sports Massage Therapy, Swedish Massage, and a variety of other site-specific manual therapies for massage and stretching. Mr. Bland has advocated for the profession of massage therapy by working to create regulations during his tenure with the American Massage Therapy Association and through collaboration with national peers by serving as the District of Columbia delegate to the Federation of State Massage Therapy Boards.

A Ward 3 resident, Mr. Bland received a Bachelor of Science in Dietetics from the University of Maryland.



GOVERNMENT OF THE DISTRICT OF COLUMBIA  
Executive Office of Mayor Muriel Bowser



Office of the General Counsel to the Mayor

**To:** Lolita Alston, Steve Walker  
**From:** Betsy Cavendish  
**Date:** March 13, 2017  
**Subject:** Legal sufficiency review of Resolutions appointing Joseph Reo and Danielle Weatherford, and reappointing Cary Bland to the Board of Massage Therapy

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**This is to Certify** that this office has reviewed the above-referenced Resolutions and found them to be legally unobjectionable. If you have any questions in this regard, please do not hesitate to call Karuna Seshasai, Deputy General Counsel, Executive Office of the Mayor, at 202-724-1303, or me at 202-724-7681.

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Elizabeth Cavendish