



2017 FEB 10 PM 1:16
OFFICE OF THE
SECRETARY

MURIEL BOWSER
MAYOR

FEB 10 2017

The Honorable Phil Mendelson
Chairman
Council of the District of Columbia
John A. Wilson Building
1350 Pennsylvania Avenue NW, Suite 504
Washington, DC 20004

Dear Chairman Mendelson:

In accordance with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01, and pursuant to section 217 of the District of Columbia Health Occupations Revisions Act of 1985, effective March 10, 2004 (D.C. Law 6-99, as amended by D.C. Law 15-88; D.C. Official Code § 3-1202.17), I am pleased to nominate the following person:

Ms. Sheila Holt
625 Jefferson Street NE
Washington, DC 20011
(Ward 5)

for reappointment as a marriage and family therapist licensed in the District member of the Board, for a term to end February 5, 2020.

Enclosed, you will find biographical information detailing the experience of the above-mentioned nominee, together with proposed resolution to assist the Council during the confirmation process.

I would appreciate the Council's earliest consideration of this nomination for confirmation. Please do not hesitate to contact me, or Steven Walker, Director, Mayor's Office of Talent and Appointments, should the Council require additional information.

Sincerely,

Muriel Bowser


Chairman Phil Mendelson
at the request of the Mayor

A PROPOSED RESOLUTION

IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

Chairman Phil Mendelson, at the request of the Mayor, introduced the following resolution,
which was referred to the Committee on _____

To confirm the reappointment of Ms. Sheila Holt to the Board of Marriage and Family Therapy.

RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, that this resolution may be cited as the “Board of Marriage and Family Therapy Sheila Holt Confirmation Resolution of 2017”.

Sec. 2. The Council of the District of Columbia confirms the reappointment of:

Ms. Sheila Holt
625 Jefferson Street NE
Washington, DC 20011
(Ward 5)

as a marriage and family therapist licensed in the District member of the Board of Marriage and Family Therapy, pursuant to section 217 of the District of Columbia Health Occupations Revisions Act of 1985, effective March 10, 2004 (D.C. Law 6-99, as amended by D.C. Law 15-88; D.C. Official Code § 3-1202.17), for a term to end February 5, 2020.

Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution, upon its adoption, to the nominee and to the Office of the Mayor.

Sec. 4. This resolution shall take effect immediately.

Sheila A. Holt

Education

Master of Science in Organizational Leadership-NYACK College-Coursework
M.A. Counseling-Minor School Counseling-Gerontology-University of D.C.-1986
B.A. Social Work and Rehabilitation-University of D. C.-1981
Trinity University (Post Graduate coursework- Special Ed. Admin. /Supervision)
International Baccalaureate Program- D. C. Public Schools -June, 2007
National Board Certified Teachers-Candidate-D. C. Public Schools, September, 2006

Licenses – Washington D C Health Professional Board

Marriage and Family Therapist-LMFT
Professional Counselor-LPC
Associate Social Work (undergraduate)-LASW

Boards

Selective Service Board-DC National Guard-Washington DC
UDC Psychology-Counseling Department –Current Advisory Member- Past Advisory Board
Chairperson
DC School Counselors Association- Past-Trustee
Education Council Trinity University of Washington DC
DC Board of Marriage and Family Therapy-Chairperson (Oct. 2012-Current)

Certifications

American Mental Health Counselors Association Diplomate Specialist-Family (Nov. 2013)
Board Certified Coach-pending renewal
School Counselor
Pupil Personal Worker
Program Specialist
Attendance Counselor
Adult Education
Adoption Specialist-pending renewal
QPR Suicide Prevention Gateway Instructor-pending renewal

Training

Initial Board Member Training-Selective Service Board-DC National Guard Washington DC-9/3/13

Distance Credentialed Counselor-DCC

Senior Ambassador-DCOA Ambassador Program-July 2015

QPR Suicide Prevention Gatekeeper Instructor-Howard University

Certification Pending Exam: Certified Addiction Counselor-TRA

Microsoft Office Suite Technology-Howard University-Wash. D. C.

Computer Forensics-UDC-Community College of the District of Columbia

Office Track-Byte Back Community Computer Training Center-Wash. D.C.

Training Resources, Inc.-Certified Addiction Counselor-Coursework

Professional Organization Affiliations

DC Mental Health Counselors Association-President

DC Public Schools Counselors Ass.-Past president

DC Counseling Association-Past president

Professional Experience

Trinity University Washington D.C.- Adjunct Instructor- School Counseling Program.

Fall 2012-13; Spring 2014, Summer 2015 & 16. Provide counselor development to graduate students and theory/skills support in a classroom/field support in a training format.

University of the District of Columbia, Washington, D. C. -Adjunct Instructor

School /Mental Counseling Programs 2014-2016.

Private Practice Counseling/Mental Health Counseling work with individuals, couples, families and groups to help address and treat mental and emotional disorders and to promote mental health. June 2011- present.

Board of Education-Washington, D. C.-Profession-Fall 1985-Fall 2010

- Developed, organized, coordinated, and directed guidance programs that provided continuous process of assistance to students through the identification of needs in the areas of academic, career, and personal/social development.
- Developed and coordinated broad components of guidance service: orientation/articulation, developmental approached, appraisal, adjunctive procedures, administrative, evaluation/research and follow-up services) to ensure assistance.
- Utilized an interdisciplinary approach, and applied an individualized/group approach to student potential and goals based on counseling theories.
- Demonstrated team leadership skills as well as the ability to contribute as a vital team member.
- Demonstrated sound knowledge of district service agencies.

- Demonstrated proficiency in making administrative and procedural decisions and judgments.
- Developed and implemented programs/activities that addressed cultural differences and student needs.
- Coordinated pilot project-DCPS School Based Mental Health Project in collaboration with the DC Department of Mental Health.
- Served as a field-site coordinator for local college/university interns and externs in the areas of counseling, psychology, and social work.
- Recruited volunteers for varied programs and activities.
- Served on Superintendent's Citywide D.C. Public School Interagency Youth Task force on Grief, Loss and Healing (911, Mercury Exposed-Ballou SHS , Anthrax Exposed-Brentwood Post Office-Washington, D C., etc).

Bowie State University-Bowie, Maryland-Adjunct Instructor-Fall 1993-Spring 2009

Sociology Department-Undergraduates-Continuing Education.

William Wendt Center for Grief, Loss, and Healing-Washington, D. C.

Counselor/Trainer 2001

- Anthrax Exposed- Brentwood Post Office-Washington, D C.-Provided individual counseling for Victims exposed to Anthrax.
- Volunteer Trainer-Provided training for new volunteer grief counselors.

Howard University Violence Prevention Program-Washington, D. C.

Psycho-Social Educational Group Leader-March-June, 1995.

- Conducted psycho-social educational group session for Washington, D. C. urban youth presenting emotional problems. Referred by Citywide D. C. Public School staffs.

Board of Education-Washington, D. C.-Attendance Counselor-April-June, 1985

- Program development: developed, organized, coordinated, and directed an attendance program to address student truancy and risk factors. Provided guidance and counseling services.

Teen Mothers-Sasha Bruce Program, Washington, D.C.-Relief Counselor 1985-1990

- Provided guidance and counseling services to individuals and small groups, as well as life skills and parenting training to District of Columbia teenage girls identified as wards of the city.



Executive Office of the Mayor - Office of Talent and Appointments

John A. Wilson Building | 1350 Pennsylvania Avenue, Suite 600 | Washington, DC 20004

Sheila Holt



Sheila A. Holt, LPC, LMFT, LASW, DCMHCA, is a licensed counselor, marriage and family therapist, associate social worker in private practice, and the chairperson of the District of Columbia Board of Marriage and Family Therapy.

Ms. Holt has over 30 years of experience as a professional counselor and currently focuses on marriage and family counseling and therapy. She is trained in play therapy, suicide-prevention, and adoption, as well as Allied and Behavioral Health Continuing Education. She is a Senior Ambassador with the D.C. Office on Aging, as well as an adjunct professor at Trinity Washington University and the University of the District of Columbia. Ms. Holt played an integral role as the Professional School Counselor in the Pilot Project on Enhanced Mental Health Assistance at Miner Elementary School and the University of the District of Columbia School Counseling quest for CACREP accreditation. Ms. Holt served as a DCPS professional school counselor for over 24 years. She has served as president for the DC School Counselors Association, DC Counseling Association, and the DC Mental Health Counselors Association.

A Ward 5 resident, Ms. Holt received a Bachelor of Arts in Social Work and Rehabilitation from the University of the District of Columbia, and a Master of Arts in Counseling from the University of the District of Columbia.



GOVERNMENT OF THE DISTRICT OF COLUMBIA
Executive Office of Mayor Muriel Bowser



Office of the General Counsel to the Mayor

To: Lolita Alston, Steve Walker
From: Betsy Cavendish
Date: February 2, 2017
Subject: Legal sufficiency review of Resolution reappointing Sheila Holt as a Member of the Board of Marriage and Family Therapy

This is to Certify that this office has reviewed the above-referenced Resolution and found it to be legally unobjectionable. If you have any questions in this regard, please do not hesitate to call me at 202-724-7681.

A handwritten signature in cursive script that reads "Elizabeth A. Cavendish".

Elizabeth Cavendish