



OFFICE OF THE
SECRETARY

2016 APR -8 PM 4: 57

MURIEL BOWSER

MAYOR

APR 8 2016

The Honorable Phil Mendelson
Chairman
Council of the District of Columbia
John A. Wilson Building
1350 Pennsylvania Avenue, NW, Suite 504
Washington, DC 20004

Dear Chairman Mendelson:

In accordance with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01 (2014 suppl.)), and pursuant to section 209 of the District of Columbia Health Occupations Revision Act of 1985, effective March 25, 1986 (D.C. Law 6-99; D.C. Official § 3-1202.09), which established the Board of Physical Therapy ("Board"), I am pleased to nominate the following persons:

Dr. Timothy Vidale
2505 Ralph Ellison Way NE
Washington, DC 20018
(Ward 5)

for reappointment as a licensed physical therapist member and chairperson of the Board, for a term to end April 16, 2019;

Dr. Margaret Plack
1 Terrace Ct, NE
Washington DC 20002
(Ward 6)

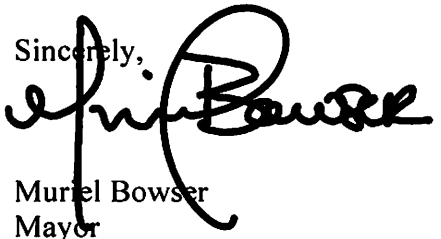
for appointment as a licensed physical therapist member of the Board, replacing Senora Simpson, for a term to end April 16, 2018; and

Mr. Joel Hemphill
5110 Sherier Place NW
Washington, DC 20016
(Ward 3)

for appointment as a licensed physical therapist member of the Board, to serve as a, replacing Beverly Gordon, and to serve for a term to end April 16, 2017.

Enclosed, you will find biographical information detailing the experience of the above-mentioned nominees, together with proposed resolutions to assist the Council during the confirmation process.

I would appreciate the Council's earliest consideration of this nomination for confirmation. Please do not hesitate to contact me, or Steven Walker, Director, Mayor's Office of Talent and Appointments, should the Council require additional information.

Sincerely,

Muriel Bowser
Mayor



Chairman Phil Mendelson
at the request of the Mayor

A PROPOSED RESOLUTION

IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

Chairman Phil Mendelson, at the request of the Mayor, introduced the following resolution,
which was referred to the Committee on _____

To confirm the reappointment of Dr. Timothy Vidale to the Board of Physical Therapy.

RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, that this resolution may be cited as the "Board of Physical Therapy Timothy Vidale Confirmation Resolution of 2016".

Sec. 2. The Council of the District of Columbia confirms the reappointment of:

Dr. Timothy Vidale
2505 Ralph Ellison Way NE
Washington, DC 20018
(Ward 5)

as a licensed physical therapist member and chairperson of the Board of Physical Therapy pursuant to section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 20142; D.C. Official Code § 1-523.01(2014 suppl.)), and pursuant to section 209 of the District of Columbia Health Occupations Revision Act of 1985, effective March 25, 1986 (D.C. Law 6-99; D.C. Official § 3-1202.09), and to serve for a term to end April 16, 2019.

Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution, upon its adoption, to the nominee and to the Office of the Mayor.

Sec. 4. This resolution shall take effect immediately.

Timothy L. Vidale, PT, DPT
2505 Ralph Ellison Way NE, Washington, D.C. 20018
(202) 679-0985 • timvidale@gmail.com

EXPERIENCE

Therapydia Clinic Director/Owner: <i>July 2014- Present</i>	Washington, DC
District of Columbia Board of Physical Therapy Chairman: <i>September 2015-Present</i>	Washington, DC
United States Olympic Committee Pan American Medical Team Team USA Clinic, Softball, Modern Pentathlon: <i>July 2015</i>	Toronto, Canada
Howard University Assistant Professor: Intro & Advanced Musculoskeletal Physical Therapy: <i>May 2012- May 2015</i>	Washington, DC
DC Furies Women's Rugby Club Sports Physical Therapist/ Trainer: <i>May 2013- Present</i>	Washington, DC
Washington Injury and Sports Performance Clinic Director of Physical Therapy: <i>January 2012- July 2014</i>	Washington, DC
DC Slayers Rugby Club Head Sports Physical Therapist/Trainer: <i>May 2012- May 2014</i>	Washington, DC
Center for Neuromuscular and Massage Rehabilitation Orthopedic Physical Therapist: <i>April 2011- July 2012</i>	Washington, DC
Equinox Fitness Institute Professor: Anatomy and Cardiovascular Exercise: <i>April 2011-August 2011</i>	Tyson's Corner, VA
Sports Therapy And Rehabilitation Sports Orthopedic Physical Therapist: <i>October 2010-January 2011</i>	Washington, DC

RELEVANT WORK EXPERIENCE

BreakThru Physical Therapy Sports Performance Trainer: <i>May 2009- June 2010</i>	Medford, NJ
Sterling High School Track and Field Hurdles and Sprints Coach: <i>March 2009- June 2010</i>	Somerdale, NJ
University of Medicine and Dentistry of New Jersey Wellness Center Exercise Specialist: <i>August 2007- June 2008</i>	Stratford, NJ

PUBLICATIONS AND RESEARCH PRESENTATIONS

Physical Therapy Treatment of Common Orthopedic Conditions Textbook
November 2015- Hamstring Strain Chapter

Recurrent Hamstring Injury: Considering Following Operative and Non-Operative Management
November 2014- International Journal of Sports Physical Therapy

Timothy L. Vidale, PT, DPT
2505 Ralph Ellison Way NE, Washington, D.C. 20018
(202) 679-0985 • timvidale@gmail.com

The use of Whole Body Vibration on Patients with Neurodegenerative Diseases and Stroke

February 2010- University of Medicine and Dentistry of New Jersey

April 2010- APTA NJ State Conference

Running- Technique, Injuries and Trends

December 2009- MedSport-University of Michigan Sports Medicine

March 2010- Pinelands Running Club

LICENSES & CERTIFICATIONS

District of Columbia Board of Physical Therapy Washington, DC
License in Physical Therapy- *Current*

Kinetacore Richmond, VA
Functional Dry Needling- *Level 1*

Sports Physical Therapy Section Washington, DC
Emergency Medical Responder- *Current*

American Red Cross Washington, DC
CPR Certification- *Current*

Florida A & M University Tallahassee, FL
Certificate in Rehabilitation Services Management- *December 2006*

EDUCATION

Rutgers University Stratford, NJ
Doctor of Physical Therapy- *May 2010*

Florida A & M University Tallahassee, FL
Bachelor of Science in Health Sciences- *December 2006*

SERVICE

United States Olympic Committee, Olympic Training Center
Sports Physical Therapy Association State Representative- District of Columbia
APTA Private Practice Section Education Committee
FSBPT Resolutions Committee
2013 Marine Corps Marathon
Howard University Health Science Mentoring
Migrant Worker Program- Pediatric & Adult Screenings

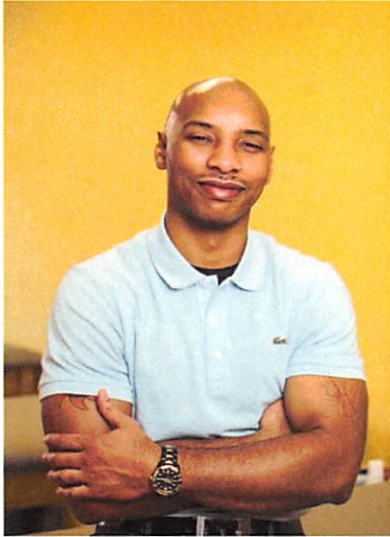
AFFILIATIONS

American Physical Therapy Association- Sports Section
American Physical Therapy Association- Private Practice Section
American Physical Therapy Association- DC Chapter
American Association of Physical Therapy
Federation of State Boards of Physical Therapy



Executive Office of the Mayor - Office of Talent and Appointments
John A. Wilson Building | 1350 Pennsylvania Avenue, Suite 600 | Washington, DC 20004

Timothy Vidale



Timothy Vidale currently a member and Chair of the Board of Physical Therapy.

Dr. Vidale is an astute physical therapist who is involved in the community and invested in multiple endeavors. He was an Assistant Professor in the Doctor of Physical Therapy program at Howard University and is the Chief Physical Therapist for the DC Slayers and DC Furies Rugby clubs. He served as an invited Physical Therapist volunteer for the United States Olympic Committee in Colorado Springs, CO in May 2014 and was a part of the Team USA medical staff at the Pan American Games in Toronto in 2015.

As the current chairman of the Board of Physical Therapy, Dr. Vidale has proven has already proven his skills and worth. Dr. Vidale attained his Doctorate of Physical Therapy from Rutgers University in Stratford, NJ. Following graduation, Dr. Vidale relocated to Washington, D.C. and continued to hone his craft of Sports and Orthopedic Physical Therapy. Dr. Vidale is also a published author, with publications in internationally distributed text books and scholarly journals.

A Ward 5 resident, Dr. Vidale received his Bachelor's degree in Health Science from Florida A&M University, in Tallahassee, FL, where he was also a 4-year Division I track and field, and received his Doctor of Physical Therapy from Rutgers University in 2010.



GOVERNMENT OF THE DISTRICT OF COLUMBIA
Executive Office of Mayor Muriel Bowser



Office of the General Counsel to the Mayor

To: Lauren C. Vaughan
From: Betsy Cavendish
Date: April 5, 2016
Subject: Legal sufficiency review of Mayor's Proposed Resolution appointing Dr. Timothy Vidale to the Board of Physical Therapy

This is to Certify that this office has reviewed the above-referenced Mayor's Proposed Resolution and found it to be legally unobjectionable. If you have any questions in this regard, please do not hesitate to call Rob Hawkins, Deputy General Counsel, Executive Office of the Mayor, at 202-724-1303, or me at 202-724-7681.

A handwritten signature in cursive script that reads 'Elizabeth A. Cavendish'.

Elizabeth Cavendish