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OFFICE OF THE SECRETARY

VINCENT C. GRAY Mayor

June 20, 2014

The Honorable Phil Mendelson Chairman Council of the District of Columbia 1350 Pennsylvania Avenue, N.W., Suite 504 Washington, DC 20004

Dear Chairman Mendelson:

In accordance with section 2(f) of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01(f) (2013 Supp.)), and pursuant to section 209 of the District of Columbia Health Occupations Revision Act of 1985, effective March 25, 1986 (D.C. Law 6-99; D.C. Official Code § 3-1202.09 (2012 Repl.)), which established the Board of Physical Therapy ("Board"), I am pleased to nominate the following individual for reappointment:

> Christopher Cousins 6120 Utah Ave., N.W. Washington, D.C. 20015 (Ward 4)

as a licensed physical therapist member of the Board, for a term to end April 16, 2017.

Enclosed you will find all biographical information detailing the experience of the above-mentioned nominee, along with a proposed resolution to assist the Council during the confirmation process.

I would appreciate the Council's earliest consideration of this nomination for confirmation. Please do not hesitate to contact me or Darryl Gorman, Director, Office of Boards and Commissions, should the Council require additional information.

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Chairman Phil Mendelson at the request of the Mayor

#### A PROPOSED RESOLUTION

IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

To confirm the reappointment of Mr. Christopher Cousins to the Board of Physical Therapy.

RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this resolution may be cited as the "Board of Physical Therapy Christopher Cousins Confirmation Resolution of 2014".

Sec. 2. The Council of the District of Columbia confirms the reappointment of:

Christopher Cousins 6120 Utah Ave., N.W. Washington, D.C. 20015 (Ward 4)

as a licensed physical therapist member of the Board of Physical Therapy, in accordance with section 2(f) of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01(f)), and pursuant to section 209 of the District of Columbia Health Occupations Revision Act of 1985, effective March 25, 1986 (D.C. Law 6-99; D.C. Official Code § 3-1202.09), for a term to end April 16, 2017.

Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution, upon its adoption, each to the nominee and to the Office of the Mayor.

Sec. 4. This resolution shall take effect immediately.

# CHRISTOPHER K. COUSINS, PT

## EDUCATION

- MPT Emory University 1988
- BA Earlham College Sociology/Anthropology 1984

## **EMPLOYMENT**

- December, 2010 Present: PhysioDC/Christopher K. Cousins, PT, Inc, Washington DC
  - Advanced outpatient orthopedic manual, sports, dance private practice with 5 therapists and on site personal trainers. Duties including patient care, education, marketing and a full range of administrative duties.
- 2005 July, 2010: PT Director, Orthopedic Medicine & Surgery, Washington DC
  - Lead therapist with a 6 PT staff working with 3 orthopedic surgeons and a support staff of more than 20 persons. Full patient load with emphasis on orthopedic manual and sports therapy with clinical education component.
- 1993 2005: Founder/Owner/Lead Clinician, Christopher K. Cousins, PT, Inc / Advanced Physical Therapy, Washington DC
  - Founded, owned and operated independent 3 therapist orthopedic manual and sports private practice with up to 8 support employees and other contract support personnel. Responsibility for practice development, management and patient care.
- 1991 1993: Manager/Lead PT, The Physical Therapy Center, Fairfax, VA
  - Managed one office in a PT owned chain of 7 offices. Responsible for marketing, patient care, planning and supervision for an office of 2 therapists and 4 support personnel. Coordinated with central office and practice owner.
- 1989 1991: Senior PT, George Washington University Medical Center Ambulatory Care Center, Washington DC
  - Lead therapist on a 6 therapist staff, specialized in

orthopedic manual and sports therapy. Supervised support staff, student interns and worked closely with physician specialists and allied health professionals in initiating the GWU Spine Center.

- 1988 1989: Staff PT, Providence Hospital, Washington DC
  - Initially entry level acute care therapist; moved into outpatient orthopedic specialty. Member Policies & Procedures committee.

## SUPPLEMENTAL EMPLOYMENT

2008 - 2010: Home Health PT, Americare Home Nursing, Washington DC

Part time home care PT for a variety of patients.

- 1992 1993: Contract PT, Personal Touch Home Care & Staff Builders Home Care, Washington DC
  - Contracted home visits.
- 1990 1993: Per Diem PT, Metro Orthopedic & Sports Therapy, Silver Spring, MD
  - Part time orthopedic/sports clinician.
- 1990 1991: Weekend Staff PT, Washington Adventist Hospital, Takoma Park, MD
  - Weekend acute care staff clinician.

# **RELATED PROFESSIONAL EXPERIENCES**

- 2001 Present: District of Columbia Physical Therapy Licensing Board. Member during a period marked by revision of PT code and laws to include direct access.
- 1987 Present: Member of Orthopedic and Sports Physical Therapy sections.
- 1991: Certified Strength & Conditioning Specialist (CSCS), National Strength & Conditioning Association.
- Clinical Instructor: continue in the clinical and classroom education of PT students as a clinical instructor and lecturer.
- Community Educator: intermittent presentations to the public on matters pertaining to Physical Therapy. Currently working with Wellness staff and personal trainers at the National Capital YMCA to develop a national "Train the trainers" program.
- Continuing professional education: ongoing, with focus on orthopedic, manual and sports physical.

#### GOVERNMENT OF THE DISTRICT OF COLUMBIA Office of the Attorney General

Legal Counsel Division



#### **MEMORANDUM**

- TO: Lolita Alston Director Office of Legislative Support
- FROM: Janet M. Robins Deputy Attorney General Legal Counsel Division
- DATE: June 13, 2014
- SUBJECT: Certification of Legal Sufficiency for Resolution Entitled "Board of Physical Therapy Christopher Cousins Confirmation Resolution of 2014" (AR-14-350)

# This is to Certify that this Office has reviewed the above-

referenced proposed resolution and found it to be legally sufficient. If you have any questions in this regard, please do not hesitate to call me at 724-5524.

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Janet/M. Robins