

COUNCIL OF THE DISTRICT OF COLUMBIA

The John A. Wilson Building 1350 Pennsylvania Avenue, nw Washington, D.C. 20004

Christina Henderson Councilmember, At-Large Chairperson, Committee on Health

Committee Member

Hospital and Health Equity Judiciary and Public Safety Transportation and the Environment

Statement of Introduction Enhancing Mental Health Crisis Support and Hospitalization Amendment Act of 2024 February 5, 2024

Today, alongside Councilmembers Brianne K. Nadeau, Anita Bonds, and Zachary Parker, I am introducing the Enhancing Mental Health Crisis Support and Hospitalization Amendment Act of 2024. This legislation aims to strengthen the District's mental health processes regarding involuntary and voluntary commitment procedures. This bill will empower healthcare workers, residents, and the courts with comprehensive information, resources, and transparent processes and policies.

Involuntary hospitalization, also known as involuntary commitment or civil commitment, is the legal process that mandates an individual to enter a hospital or psychiatric facility without their consent, temporarily, for mental health evaluation and treatment. According to the Office of the Attorney General for the District of Columbia, the following Emergency Petitions, also referred to as FD-12 Petitions, were filed in calendar years 2022 and 2023:

2022: 2,4932023: 2,930

Involuntary hospitalization is typically pursued when there is concern that an individual poses a significant risk to themselves or others due to a severe mental health condition. Involuntary hospitalization provides a legal mechanism for emergency response, facilitating the rapid assessment and admission of individuals in need of immediate mental health care. Involuntary hospitalization policies include legal safeguards to protect the rights of the individuals, and contribute to the overall well-being of the community by addressing mental health concerns that, if left unattended, may lead to emergencies or potential harm.

This legislation aims to:

- 1. **Broaden the Pool of Authorized Professionals:** The bill proposes broadening the pool of qualified healthcare professionals authorized to initiate involuntary commitment processes, incorporating Psychiatric-Mental Health Nurse Practitioners who are recognized for their expertise in mental health assessments.
- 2. Extend the Detention Time for Emergency Observation: The bill proposes extending the time limits for continued detention for emergency observation and diagnosis from 7 to 15 days. This adjustment provides healthcare professionals with a more extended period to conduct thorough observations and diagnostics. It ensures a comprehensive understanding of an individual's mental health condition and allows additional time for



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treatment. The goal is to ideally avoid involuntary commitment and instead connect individuals to inpatient and outpatient mental health resources and supports.

- 3. **Modify Probable Cause Hearings:** The bill proposes several modifications to the probable cause hearing process. The timeframe for individuals to request a probable cause hearing would extend from 7 to 15 days, aligning with the extended time for continued emergency observation and diagnosis. Additionally, the bill would extend the timeline for holding the hearing to within 72 hours but not less than 24 hours. Moreover, the legislation would clarify that hearsay evidence is permitted at probable cause hearings to ensure a fairer process for individuals challenging involuntary hospitalization.
- 4. **Prioritize Virtual Hearings:** The bill would require the court to prioritize virtual or remote hearings to reduce potential risks to individuals, providing a safer alternative while minimizing disruptions to therapeutic treatment. The bill also proposes provisions for granting continuances if the physical transportation of individuals to court poses significant risks to their safety and well-being or that of court personnel and the public. The bill also permits extended time limits for court proceedings to allow for weather or holiday-related delays.
- 5. Informed Consent and Voluntary Inpatient Status: Currently, the law requires that an individual be discharged from inpatient hospitalization within 14 days of the Commission on Mental Health's recommendation for outpatient commitment. The proposed legislation clarifies that individuals have the right to voluntarily agree to remain in inpatient status until an appropriate discharge plan is implemented.
- 6. **Permit Admissions to Referring Hospital:** The legislation proposes adopting the Stark Law, a federal regulation aimed at preventing conflicts of interest in healthcare that might compromise physicians' medical judgment. Currently, doctors are prohibited from involuntarily admitting individuals to the hospital where they work and hospitals are required to call the Department of Behavioral Health or another provider to assess the individual, rather than allowing the doctor and the hospital to admit the person. The proposed modification allows doctors to make involuntary admissions, provided their financial arrangements comply with the Stark Law.
- 7. **Allow Warrants to be Issued for Non-Compliance:** The bill would clarify that courts can allow warrants to be issued and executed due to a person's failure to appear for court hearings or comply with treatment. This empowers the legal system with additional mechanisms to ensure individuals attend scheduled hearings and adhere to necessary treatments, including those who may abscond from a facility.
- 8. Enhance the Competency Determination Process: The bill clarifies that if the court finds a defendant incompetent in a criminal matter, the court must order the release of the defendant or, when appropriate, enter an order for treatment for up to 30 days but not less than 15 days. Currently, the law permits up to 30 days, but courts often shorten the period



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to 7 days. This modification would provide sufficient time for a comprehensive examination and facilitate an improved transition to civil commitment if needed.

9. **Require DBH to Develop Online Training Modules:** The bill would promote education and transparency by requiring the Department of Behavioral Health to develop online training modules for both healthcare professionals and laypersons.

I look forward to collaborating with colleagues and stakeholders to advance this legislation, fostering transparency, fairness, improved access to mental health resources, respect for individual rights, and overall well-being for those in severe mental health crises.

| 1 2 | Councilmember Zachary Parker | Councilmember Christina Henderson |
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| 3 4 5 6 | Councilmember Anita Bonds. | Birne K. Nadeau Councilmember Brianne K. Nadeau |
| 7 3 9 | Councilmember Anna Bonds. | Councilmemoer Brianne K. Nadeau |
| 1 2 3 | | A BILL |
| 5 5 7 | | |
| 3 9 0 1 | IN THE COUNCIL | L OF THE DISTRICT OF COLUMBIA |
| 2 3 4 5 7 3 9 0 1 1 2 3 4 5 5 1 4 5 7 8 9 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 | Estates and Fiduciary Relations possess the requisite information individuals at risk of self-harm authorized to initiate the process continued detention during emocause hearing process to address commitment, and enhance the Criminal Commitment Act of 2 evaluation period for those detection in the continual matters; and amend the 2013 to develop online training | District of Columbia Official Code to the Decedents, is Act to ensure that healthcare workers and residents on and resources to secure mental health support for or harm to others, broaden the pool of individuals as for involuntary commitment, extend the time limit for ergency evaluation and observation, revise the probable as potential premature conversions to voluntary discharge process; amend the Incompetent Defendants 2004 to extend the time limits for court hearings and the ermined incompetent and unlikely to attain competence in the Department of Behavioral Health Establishment Act of a materials covering the District's mental health laws. |
| 5 | act may be cited as the "Enhancing Me | ental Health Crisis Support and Hospitalization |
| 7 | Amendment Act of 2024". | |
| 3 | Sec. 2. Chapter 5 of Title 21 of | the District of Columbia Official Code is amended as |
| 9 | follows: | |
|) | (a) Section 21-501 is amended | as follows: |

| 41 | (1) Designate the existing paragraph (9A) as paragraph (9B). |
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| 42 | (2) A new paragraph (9A) is added to read as follows: |
| 43 | "(9A) "Qualified nurse practitioner" means a person who is licensed under the |
| 44 | laws of the District of Columbia to practice as a Certified Nurse Practitioner pursuant to §3- |
| 45 | 1206.04, who has completed a master's or doctoral degree in psychiatric nursing and is |
| 46 | nationally board-certified as a Psychiatric-Mental Health Nurse Practitioner. |
| 47 | (b) Section 21-521 is amended by striking the phrase "qualified psychologist" and |
| 48 | inserting the phrase "qualified psychologist, or a qualified nurse practitioner" in its place. |
| 49 | (c) Section 21-523 is amended as follows: |
| 50 | (1) Designate the existing text as subsection (a). |
| 51 | (2) Subsection (a) is amended by striking the number "7" and inserting the |
| 52 | number "15" in its place. |
| 53 | (3) A new subsection (b) is added to read as follows: |
| 54 | "(b) Nothing in this chapter shall limit the hospital or the Department's ability to treat a |
| 55 | person with mental illness who has given their informed consent or when the person has been |
| 56 | deemed incapacitated and substituted consent has been given pursuant to § 21-2210, prior to |
| 57 | commitment.". |
| 58 | (d) Section 21-525 is amended to read as follows: |
| 59 | "§ 21-525. Hearing by court. |
| 60 | "(a) Within 15 days of an order for continued hospitalization under § 21-524, the court |
| 61 | shall grant, upon written request of the patient, a probable cause hearing to determine whether |
| 62 | the person has symptoms of a mental illness and, because of the mental illness, is likely to injury |
| 63 | themselves or others unless detained. The hearing shall be held within 72 hours after receipt of |

the request and in no event earlier than 24 hours after the hospital or facility where the person is detained receives written notification of the request except that any request received on a Friday shall be heard no earlier than the following Tuesday. The court shall prioritize virtual or remote hearings for individuals to reduce the risk to the safety and well-being of the individual and minimize disruptions therapeutic environments. The court shall consider reasonable alternatives to in-person attendance, such as virtual attendance, and may establish minimum standards for virtual or remote hearings.

- "(b) The court's finding of probable cause may be based upon hearsay evidence. Relevant evidence and testimony presented by telephone or video-teleconference technology shall be admitted upon request of any party.".
 - (e) Section 21-526 is amended as follows:

- (1) Subsection (a) is amended to read as follows:
- "(a) If the maximum period of time prescribed by section 21-512, 21-523, 21-524, 21-525 or 21-548, during which an action or determination may or shall be taken, expires on a Saturday, Sunday, or legal holiday, or on a day on which the court is closed or operating under a delayed opening, the period may be extended to no later than noon of the next succeeding day which is not a Saturday, Sunday, or legal holiday, or the next succeeding day in which the court is not closed or operating under a delayed opening.".
- (2) Subsection (e) is amended by striking the phrase "chapter." and inserting the phrase "chapter. Nothing in this section shall prohibit a person from voluntarily agreeing to remain in an inpatient status until an appropriate discharge plan is implemented.".
 - (3) New subsections (f) and (g) are added to read as follows:

| "(f) If it is determined by the court that transporting an individual to the court for a | | |
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| hearing poses a significant risk to the safety and wellbeing of the individual, court personnel, or | | |
| the public, the court may, upon written request, grant a continuance of the hearing. The court | | |
| shall consider reasonable alternatives to in-person attendance, such as virtual attendance, when | | |
| granting a continuance under this section. Any continuance granted under this section shall be | | |
| for a reasonable duration and shall take into consideration the nature of the case and the specific | | |
| circumstances that warrant the continuance, which may include the following considerations: | | |
| "(1) Severe weather conditions that pose a safety risk; | | |
| "(2) Threats to the security of the individuals during transport; | | |
| "(3) Medical conditions of the individual that make transportation unsafe; and | | |
| "(4) Public health emergencies that would make an in-person hearing unsafe. | | |
| "(g) If the person discharged from inpatient status in accordance with subsection (e) of | | |
| this section fails to appear for any hearing scheduled by the court, the court shall, upon request, | | |
| issue a warrant for the apprehension and appearance of the person.". | | |
| (f) Section 21-582 (a)(2) is amended to read as follows: | | |
| "(2) Has a professional arrangement with a hospital that is inconsistent with | | |
| section 1877 of Title XVIII of the Social Security Act, approved December 19, 1989 (103 Stat. | | |
| 2236; 42 U.S.C. § 1395nn), and its implementing regulations.". | | |

- (g) Section 21-585 is amended by striking the period and inserting the phrase ". Nothing in this section prohibits the issuance and execution of a warrant as a result of a person's failure to appear for court or examination." in its place.
 - (h) Section 21-592 amended to read as follows:

108 "\\$21–592. Return to hospital of an escaped mentally ill person.

| 109 | "When a person has been ordered committed pursuant to section 21-545 or 21-545.01, |
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| 110 | and the person fails to comply with their mental health treatment by absconding from the facility |
| 111 | or failing to appear for treatment at the Department or facility, the court shall, upon request of |
| 112 | the Department or facility, issue a warrant for the apprehension and appearance of the person.". |
| 113 | Sec. 3. Section 106 of the Incompetent Defendants Criminal Commitment Act of 2004, |
| 114 | effective May 24, 2005 (D.C. Law 15-358; D.C. Official Code § 24-531.06), is amended as |
| 115 | follows: |
| 116 | (a) Paragraph (4) is amended by striking the phrase "for up to 30 days" and inserting the |
| 117 | phrase "for up to 30 days, but no less than 15 days," in its place. |
| 118 | Sec. 4. Section 106 of the Incompetent Defendants Criminal Commitment Act of 2004, |
| 119 | effective May 24, 2005 (D.C. Law 15-358; D.C. Official Code § 24-531.07), is amended as |
| 120 | follows: |
| 121 | (a) Subsection (c)(2) is amended to read as follows: |
| 122 | "(c)(2) Within 15 days of the remand order, a person so detained may request a |
| 123 | probable cause hearing on the person's continued detention before the Family Court |
| 124 | of the Superior Court of the District of Columbia pursuant to § 21-525, in which case |
| 125 | a hearing shall be held within 72 hours after the receipt of the request.". |
| 126 | Sec. 5. The Department of Behavioral Health Establishment Act of 2013, effective |
| 127 | December 24, 2013 (D.C. Law 20-61; D.C. Official Code § 7-1141.01 et seq.), is amended by |
| 128 | adding a new section 5117a to read as follows: |
| 129 | "Sec. 5117a. Development of online training materials. |
| 130 | "(a)(1) The Department shall develop a detailed online training module for healthcare |
| 131 | professionals of varying disciplines and levels of expertise on the District's voluntary and |

| 132 | involuntary commitment laws and procedures. In developing the training module, the |
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| 133 | Department shall collaborate with relevant stakeholders, including healthcare professionals, legal |
| 134 | experts, and community-based organizations. The training module shall include information on: |
| 135 | "(A) Distinctions between voluntary and involuntary commitment; |
| 136 | "(B) Legal rights of individuals receiving mental health services; |
| 137 | "(C) Step-by-step procedures for initiating involuntary commitment; |
| 138 | "(D) Criteria for determining when involuntary commitment is warranted; |
| 139 | "(E) Protocols for involving law enforcement in a mental health crisis; and |
| 140 | "(F) Cultural competency and sensitivity in mental health interactions, |
| 141 | including topics related to religion, race or ethnicity, language access, and understanding and |
| 142 | respecting diverse cultural backgrounds during mental health assessments. |
| 143 | "(2) The Department shall coordinate with healthcare institutions to integrate the |
| 144 | training module into continuing education or other training programs for relevant healthcare |
| 145 | workers. |
| 146 | "(b)(1) The Department shall develop an online resource providing information for |
| 147 | laypersons on voluntary and involuntary mental health treatment. The online resource shall |
| 148 | include information on: |
| 149 | "(A) Distinctions between voluntary and involuntary commitment; |
| 150 | "(B) Alternatives to voluntary or involuntary commitment; |
| 151 | "(C) Legal rights of individuals receiving mental health services; |
| 152 | "(D) Step-by-step procedures for initiating involuntary commitment; |
| 153 | "(E) Criteria for determining when involuntary commitment is warranted; |
| 154 | "(F) Protocols for involving law enforcement in a mental health crisis; |

| 155 | "(G) Information on crisis helplines and mental health resources that |
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| 156 | families that access in case of emergencies; and |
| 157 | "(H) Information on how family and friends can contribute to the ongoing |
| 158 | care and recovery of their loved one. |
| 159 | "(2) The online resource shall be available on the Department's official website, |
| 160 | and shall be designed to provide clear and comprehensive information for individuals seeking |
| 161 | mental health treatment for themselves or others. |
| 162 | "(3) The Department shall collaborate with mental health professionals, legal |
| 163 | experts, community-based organizations, and individuals with lived experience in the |
| 164 | development of the online resource. |
| 165 | "(4) The Department shall engage in semiannual public awareness campaigns to |
| 166 | promote the availability of the online resource through various channels, including engaging |
| 167 | media outlets and online platforms, utilizing social media, partnering with educational |
| 168 | institutions and healthcare organizations, educating emergency services personnel, collaborating |
| 169 | with government agencies, and actively involving community groups, such as religious |
| 170 | organizations, cultural associations, and neighborhood associations. |
| 171 | Sec. 6. Fiscal impact statement. |
| 172 | The Council adopts the fiscal impact statement in the committee report as the fiscal |
| 173 | impact statement required by section 4a of the General Legislative Procedures Act of 1975, |
| 174 | approved October 16, 2006 (120 Stat. 2038; D.C. Official Code § 1-301.47a). |
| 175 | Sec. 7. Effective date. |
| 176 | This act shall take effect after approval by the Mayor (or in the event of veto by the |
| 177 | Mayor, action by the Council to override the veto), a 30-day period of congressional review as |

provided in section 602(c)(1) of the District of Columbia Home Rule Act, approved December
 24, 1973 (87 Stat. 813; D.C. Official Code § 1-206.02(c)(1)), and publication in the District of
 Columbia Register.

181