



General Assembly

***Raised Bill No. 1160***

January Session, 2023

LCO No. 4869



Referred to Committee on PUBLIC HEALTH

Introduced by:  
(PH)

***AN ACT CONCERNING PERINATAL MOOD AND ANXIETY DISORDERS.***

Be it enacted by the Senate and House of Representatives in General Assembly convened:

1 Section 1. (*Effective from passage*) The Department of Public Health,  
2 in consultation with the Department of Mental Health and Addiction  
3 Services, and organizations representing health care facilities and  
4 licensed health care professionals, shall develop a maternal mental  
5 health toolkit to provide information and resources regarding maternal  
6 mental health to licensed health care professionals and new parents in  
7 the state. Such toolkit shall include, but need not be limited to, (1)  
8 information about perinatal mood and anxiety disorders, including,  
9 but not limited to, the symptoms of such disorders, potential impact of  
10 such disorders on families and treatment options for a person with a  
11 perinatal mood or anxiety disorder; and (2) a list of licensed health care  
12 professionals, peer support networks and nonprofit organizations in  
13 the state that treat perinatal mood and anxiety disorders or provide  
14 support for persons with a perinatal mood or anxiety disorder and the  
15 family members of such persons. Not later than October 1, 2023, the  
16 Department of Public Health shall make such toolkit available on its

17 Internet web site.

18 Sec. 2. Section 19a-490u of the general statutes is repealed and the  
19 following is substituted in lieu thereof (*Effective October 1, 2023*):

20 (a) Each hospital, as defined in section 19a-490, shall include  
21 training in the symptoms of dementia as part of such hospital's  
22 regularly provided training to staff members who provide direct care  
23 to patients.

24 (b) On and after October 1, 2021, each hospital shall include training  
25 in implicit bias as part of such hospital's regularly provided training to  
26 staff members who provide direct care to women who are pregnant or  
27 in the postpartum period. As used in this subsection, "implicit bias"  
28 means an attitude or internalized stereotype that affects a person's  
29 perceptions, actions and decisions in an unconscious manner and often  
30 contributes to unequal treatment of a person based on such person's  
31 race, ethnicity, gender identity, sexual orientation, age, disability or  
32 other characteristic.

33 (c) On and after October 1, 2023, each hospital shall include training  
34 in perinatal mood and anxiety disorders as part of such hospital's  
35 regularly provided training to staff members who provide direct care  
36 to women who are pregnant or in the postpartum period.

This act shall take effect as follows and shall amend the following sections:

Section 1	<i>from passage</i>	New section
Sec. 2	<i>October 1, 2023</i>	19a-490u

**PH** Joint Favorable