Second Regular Session Seventy-first General Assembly STATE OF COLORADO

REENGROSSED

This Version Includes All Amendments Adopted in the House of Introduction HOUSE BILL 18-1177

LLS NO. 18-0373.01 Jane Ritter x4342

HOUSE SPONSORSHIP

Michaelson Jenet,

SENATE SPONSORSHIP

Fenberg and Coram,

House Committees Public Health Care & Human Services Appropriations **Senate Committees**

A BILL FOR AN ACT

- 101 CONCERNING MULTIPLE APPROACHES TO HELP PREVENT YOUTH 102 SUICIDE, AND, IN CONNECTION THEREWITH, MAKING AN
- 103APPROPRIATION.

Bill Summary

(Note: This summary applies to this bill as introduced and does not reflect any amendments that may be subsequently adopted. If this bill passes third reading in the house of introduction, a bill summary that applies to the reengrossed version of this bill will be available at <u>http://leg.colorado.gov</u>.)

The bill requires the office of suicide prevention (office) in the department of public health and environment (department) to work with appropriate entities to develop and implement a plan to provide access to training programs related to youth suicide prevention for people who regularly interact with youth but who are not in a profession that typically HOUSE 3rd Reading Unamended April 20, 2018

> Amended 2nd Reading April 19, 2018

HOUSE

provides such training opportunities, such as camp counselors, recreation center employees, youth group leaders, clergy, and parents. The office is required to approve at least 3 nonprofit organizations statewide to participate in a coordinated program of youth suicide prevention training. Classes and programs offered by the approved nonprofit organizations must be free to the public, and the department shall reimburse the approved nonprofit organization for any direct or indirect costs associated with such classes and programs.

The bill further directs the department to coordinate efforts to create and implement a statewide awareness campaign about suicide and youth suicide prevention, as well as awareness of the suicide prevention hotline. The awareness campaign may include, but is not limited to, the use of written, electronic, radio, and television media.

The age of consent for a minor to seek and obtain outpatient psychotherapy services is lowered from 15 years of age or older to 12 years of age and older. The licensed mental health provider is immune from civil or criminal liability for providing outpatient psychotherapy services unless he or she acts negligently or outside the scope of his or her practice.

The bill clarifies that the age of consent for a minor seeking inpatient psychotherapy or other inpatient mental health services without the consent of a parent or legal guardian remains 15 years of age or older.

1	Be it enacted by the General Assembly of the State of Colorado:
2	SECTION 1. In Colorado Revised Statutes, 25-1.5-112, add
3	(2)(d) as follows:
4	25-1.5-112. Colorado suicide and youth suicide prevention
5	plan - established - goals - responsibilities - reporting - funding.
6	(2) The suicide prevention commission, together with the office of
7	suicide prevention, the office of behavioral health, the department, and
8	the department of health care policy and financing, is strongly encouraged
9	to collaborate with criminal justice and health care systems, mental and
10	behavioral health systems, primary care providers, physical and mental
11	health clinics in educational institutions, community mental health
12	centers, advocacy groups, emergency medical services professionals and
13	responders, public and private insurers, hospital chaplains, and

1 faith-based organizations, to develop and implement:

2 (d) (I) A PLAN TO PROVIDE ACCESS TO TRAINING PROGRAMS 3 RELATED TO SUICIDE PREVENTION FOR PEOPLE WHO REGULARLY INTERACT 4 WITH YOUTH BUT WHO ARE NOT IN A PROFESSION THAT TYPICALLY 5 PROVIDES SUCH TRAINING OPPORTUNITIES, SUCH AS CAMP COUNSELORS, 6 RECREATION CENTER EMPLOYEES, YOUTH GROUP LEADERS, CLERGY, 7 ATHLETIC COACHES, CAREGIVERS, AND PARENTS. THE OFFICE OF SUICIDE 8 PREVENTION SHALL CONTRACT WITH A COLORADO-BASED NONPROFIT 9 ORGANIZATION TO OFFER SUCH TRAINING THROUGH AN EXISTING 10 STATEWIDE COORDINATED MODEL.

11 (II) THE NONPROFIT ORGANIZATION WITH WHICH THE OFFICE OF SUICIDE PREVENTION ENTERED INTO A CONTRACT PURSUANT TO 12 13 SUBSECTION (2)(d)(I) OF THIS SECTION SHALL PROVIDE EVIDENCE-BASED 14 AND CULTURALLY SENSITIVE TRAINING CLASSES OR PROGRAMS, IN BOTH 15 ENGLISH AND SPANISH, AT NO CHARGE TO THE PUBLIC, AND THE 16 DEPARTMENT SHALL PROVIDE COMPENSATION TO SUCH NONPROFIT 17 ORGANIZATION FOR THE DIRECT AND INDIRECT COSTS RELATED TO THE 18 TRAINING CLASSES OR PROGRAMS. STARTING OCTOBER 1, 2018, AND AT 19 LEAST QUARTERLY THEREAFTER, THE DEPARTMENT SHALL POST ON ITS 20 WEBSITE A SCHEDULE OF TRAINING CLASSES OR PROGRAMS OFFERED BY 21 THE CONTRACTED NONPROFIT ORGANIZATION. 22 **SECTION 2.** In Colorado Revised Statutes, 25-1.5-101, amend

- (1)(w) as follows:
- 24 25-1.5-101. Powers and duties of department laboratory cash
 25 fund report. (1) The department has, in addition to all other powers
 26 and duties imposed upon it by law, the powers and duties provided in this
 27 section as follows:

(w) (I) To act OPERATE THE OFFICE OF SUICIDE PREVENTION,
 WHICH IS HEREBY ESTABLISHED IN THE DIVISION OF PREVENTION SERVICES
 IN THE DEPARTMENT, THAT SERVES as the coordinator for suicide
 prevention programs throughout the state, including the Colorado suicide
 prevention plan established in section 25-1.5-112.

6 (II) The department is authorized to accept gifts, grants, and 7 donations to assist it in performing its duties as the coordinator ON 8 BEHALF OF THE OFFICE OF SUICIDE PREVENTION AND for suicide prevention 9 programs. All such gifts, grants, and donations shall be transmitted to the 10 state treasurer who shall credit the same to the suicide prevention 11 coordination cash fund, which fund is hereby created AND REFERRED TO 12 IN THIS SUBSECTION (1)(w) AS THE "FUND". The fund also consists of any 13 money appropriated or transferred to the fund by the general assembly for 14 the purposes of implementing section 25-1.5-112. Any moneys MONEY 15 remaining in the suicide prevention coordination cash fund at the end of 16 any fiscal year shall remain REMAINS in the fund and shall MUST not be 17 transferred or credited to the general fund. The general assembly shall 18 make appropriations from the suicide prevention coordination cash fund 19 for expenditures incurred by the department OR THE OFFICE OF SUICIDE 20 PREVENTION in the performance of its duties under PURSUANT TO this 21 paragraph (w) SUBSECTION (1)(w) and section 25-1.5-112.

(III) (A) Notwithstanding section 24-1-136 (11)(a)(I), as part of
its THE duties as coordinator for suicide prevention programs OF THE
OFFICE OF SUICIDE PREVENTION, on or before each November 1, the
department OFFICE OF SUICIDE PREVENTION shall submit to the chairs of
the senate health and human services committee, and the house of
representatives health, insurance, and environment committee, AND THE

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1 HOUSE OF REPRESENTATIVES PUBLIC HEALTH CARE AND HUMAN SERVICES 2 COMMITTEE, or their successor committees, and to the members of the 3 joint budget committee, a report listing all suicide prevention programs 4 in the state and describing the effectiveness of the department OFFICE OF 5 SUICIDE PREVENTION IN acting as the coordinator for suicide prevention 6 programs. For the report submitted in 2013 and each year thereafter, the 7 department OFFICE OF SUICIDE PREVENTION shall include any findings and 8 recommendations it has to improve suicide prevention in the state.

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(B) (Deleted by amendment, L. 2012.)

10 (IV) In its role as coordinator for suicide prevention programs, the 11 department OFFICE OF SUICIDE PREVENTION may collaborate with each 12 facility licensed or certified pursuant to section 25-1.5-103 in order to 13 coordinate suicide prevention services, including relevant training and 14 other services as part of the Colorado suicide prevention plan established 15 in section 25-1.5-112, INCLUDING THE PLAN TO INCREASE ACCESS TO 16 SUICIDE PREVENTION TRAINING PROGRAMS, AS SET FORTH IN SECTION 17 25-1.5-112 (2)(d). When a facility treats a person OR YOUTH who has 18 attempted suicide or exhibits a suicidal gesture, the facility may provide 19 oral and written information or educational materials to the person or, in 20 the case of a minor, to parents, relatives, or other responsible persons to 21 whom the minor will be released, prior to the person's release, regarding 22 warning signs of depression, risk factors of suicide, methods of 23 preventing suicide, available suicide prevention resources, and any other 24 information concerning suicide awareness and prevention. The 25 department OFFICE OF SUICIDE PREVENTION may work with facilities and 26 the Colorado suicide prevention plan to determine whether and where 27 gaps exist in suicide prevention programs and services, including gaps

1 that may be present in:

2 (A) The information and materials being used and distributed in
3 facilities throughout the state;

4 (B) Resources available to persons, INCLUDING YOUTH, who 5 attempt suicide or exhibit a suicidal gesture and, when the person is a 6 minor, to parents, relatives, and other responsible persons to whom a 7 minor is released; and

8 (C) The process for referring persons, INCLUDING YOUTH, who 9 attempt suicide or exhibit a suicidal gesture to suicide prevention services 10 and programs or other appropriate health care providers for treatment.

11 (V) FOR THE FISCAL YEAR COMMENCING JULY 1, 2018, THE 12 GENERAL ASSEMBLY SHALL APPROPRIATE TWENTY-FIVE THOUSAND 13 DOLLARS TO THE OFFICE OF SUICIDE PREVENTION FOR THE CREATION AND 14 DEVELOPMENT OF A WEBSITE TO SERVE AS A CLEARINGHOUSE FOR ACCESS 15 TO PREEXISTING MENTAL HEALTH RESOURCES AVAILABLE THROUGHOUT 16 COLORADO. THE OFFICE SHALL CONSULT WITH THE COLORADO YOUTH 17 ADVISORY COUNCIL, CREATED PURSUANT TO SECTION 2-2-1302, AND THE 18 YOUTH SUICIDE PREVENTION WORKGROUP OF THE SUICIDE PREVENTION 19 COMMISSION ON THE DEVELOPMENT OF THE WEBSITE AND, WHEN 20 APPROPRIATE, MAKE USE OF INFORMATION AND RESOURCES PREVIOUSLY 21 COMPILED BY THE COUNCIL AND WORKGROUP. THE WEBSITE MUST BE 22 YOUTH FRIENDLY, CULTURALLY SENSITIVE, AND AVAILABLE IN BOTH 23 ENGLISH AND SPANISH.

SECTION 3. In Colorado Revised Statutes, 12-43-201, amend
(9)(a) as follows:

26 12-43-201. Definitions. As used in this article 43, unless the
27 context otherwise requires:

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1	(9) (a) "Psychotherapy", OR "PSYCHOTHERAPY SERVICES", means
2	the treatment, diagnosis, testing, assessment, or counseling in a
3	professional relationship to assist individuals or groups to alleviate
4	behavioral and mental health disorders; understand unconscious or
5	conscious motivation; resolve emotional, relationship, or attitudinal
6	conflicts; or modify behaviors that interfere with effective emotional,
7	social, or intellectual functioning. Psychotherapy follows a planned
8	procedure of intervention that takes place on a regular basis, over a period
9	of time, or in the cases of testing, assessment, and brief psychotherapy,
10	psychotherapy can be a single intervention.
11	SECTION 4. In Colorado Revised Statutes, add 12-43-202.5 as
12	follows:
13	12-43-202.5. Minors - consent for outpatient psychotherapy -
14	legislative declaration - immunity. (1) (a) THE GENERAL ASSEMBLY
15	FINDS AND DECLARES THAT:
16	(I) The centers for disease control found suicide to be the
17	TENTH LEADING CAUSE OF DEATH FOR ALL AGES IN 2013 and is
18	CURRENTLY THE LEADING CAUSE OF DEATH FOR $\operatorname{Colorado}$ youth who
19	
	ARE TEN THROUGH FOURTEEN YEARS OF AGE;
20	ARE TEN THROUGH FOURTEEN YEARS OF AGE; (II) ACCORDING TO THE AMERICAN ASSOCIATION OF
20	(II) ACCORDING TO THE AMERICAN ASSOCIATION OF
20 21	(II) ACCORDING TO THE AMERICAN ASSOCIATION OF SUICIDOLOGY, THE SUICIDE RATE FOR YOUTH WHO ARE TEN THROUGH
20 21 22	(II) ACCORDING TO THE AMERICAN ASSOCIATION OF SUICIDOLOGY, THE SUICIDE RATE FOR YOUTH WHO ARE TEN THROUGH FOURTEEN YEARS OF AGE HAS INCREASED BY MORE THAN FIFTY PERCENT
20 21 22 23	(II) ACCORDING TO THE AMERICAN ASSOCIATION OF SUICIDOLOGY, THE SUICIDE RATE FOR YOUTH WHO ARE TEN THROUGH FOURTEEN YEARS OF AGE HAS INCREASED BY MORE THAN FIFTY PERCENT OVER THE PAST THREE DECADES; AND
20 21 22 23 24	 (II) ACCORDING TO THE AMERICAN ASSOCIATION OF SUICIDOLOGY, THE SUICIDE RATE FOR YOUTH WHO ARE TEN THROUGH FOURTEEN YEARS OF AGE HAS INCREASED BY MORE THAN FIFTY PERCENT OVER THE PAST THREE DECADES; AND (III) YOUTH WHO ARE TEN THROUGH FOURTEEN YEARS OF AGE
 20 21 22 23 24 25 	 (II) ACCORDING TO THE AMERICAN ASSOCIATION OF SUICIDOLOGY, THE SUICIDE RATE FOR YOUTH WHO ARE TEN THROUGH FOURTEEN YEARS OF AGE HAS INCREASED BY MORE THAN FIFTY PERCENT OVER THE PAST THREE DECADES; AND (III) YOUTH WHO ARE TEN THROUGH FOURTEEN YEARS OF AGE OFTEN AVOID OBTAINING, OR ARE LEGALLY UNABLE TO OBTAIN WITHOUT

EMBARRASSED OR CONCERNED ABOUT SPEAKING WITH THEIR PARENTS
 ABOUT THEIR MENTAL HEALTH CONCERNS AND SITUATION.

3 (b) THE GENERAL ASSEMBLY THEREFORE DECLARES THAT IT IS A 4 MATTER OF STATEWIDE CONCERN TO ALLOW YOUTH WHO ARE TWELVE 5 YEARS OF AGE AND OLDER TO HAVE LEGAL ACCESS TO OUTPATIENT 6 PSYCHOTHERAPY SERVICES THAT MIGHT OTHERWISE BE UNAVAILABLE 7 WITHOUT THE CONSENT OF OR NOTIFICATION TO THE YOUTH'S PARENT OR 8 LEGAL GUARDIAN. PROVIDING THESE YOUTH WITH ACCESS TO OUTPATIENT 9 PSYCHOTHERAPY SERVICES IS INTENDED TO REDUCE YOUTH SUICIDES AND 10 ALLOW MENTAL HEALTH PROVIDERS TO WORK WITH YOUTH TO TEACH 11 THEM FUNCTIONAL COPING SKILLS. MENTAL HEALTH PROVIDERS WOULD 12 FURTHER HAVE THE OPPORTUNITY TO HELP THESE YOUTH BUILD HEALTHY 13 CONNECTIONS WITH PARENTS OR LEGAL GUARDIANS BY INCREASING 14 COMMUNICATION AND STRENGTHENING THE BOND BETWEEN PARENT AND 15 CHILD, THUS BUILDING AN ONGOING, NONCLINICAL SUPPORT SYSTEM FOR 16 THE YOUTH TO USE TO MANAGE HIS OR HER MENTAL HEALTH CONCERNS. 17 (2) (a) NOTWITHSTANDING ANY OTHER PROVISION OF LAW TO THE 18 CONTRARY, A MENTAL HEALTH PROFESSIONAL WHO IS LICENSED 19 PURSUANT TO THIS ARTICLE 43 MAY, AT A MINOR'S REQUEST, PROVIDE 20 PSYCHOTHERAPY SERVICES, AS THAT TERM IS DEFINED IN SECTION 21 12-43-201 (9)(a), TO A MINOR WHO IS AT LEAST TWELVE YEARS OF AGE, 22 BUT LESS THAN FIFTEEN YEARS OF AGE WITH OR WITHOUT THE CONSENT 23 OF THE MINOR'S PARENT OR LEGAL GUARDIAN. THE MINOR'S CONSENT IS 24 NOT SUBJECT TO DISAFFIRMANCE BECAUSE OF MINORITY.

(b) A MENTAL HEALTH PROFESSIONAL WHO IS LICENSED PURSUANT
TO THIS ARTICLE 43 MAY NOT PROVIDE PSYCHOTHERAPY SERVICES TO A
MINOR WHO IS YOUNGER THAN TWELVE YEARS OF AGE WITHOUT THE

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CONSENT OF THE MINOR'S PARENT OR LEGAL GUARDIAN. A MENTAL
 HEALTH PROFESSIONAL WHO IS LICENSED PURSUANT TO THIS ARTICLE 43
 MAY PROVIDE PSYCHOTHERAPY SERVICES TO A MINOR WHO IS FIFTEEN
 YEARS OF AGE OR OLDER PURSUANT TO SECTION 27-65-103 (2).

5 (c) THE LICENSED MENTAL HEALTH PROFESSIONAL PROVIDING 6 PSYCHOTHERAPY SERVICES TO A MINOR PURSUANT TO THIS SUBSECTION 7 (2) IS NOT REQUIRED TO, BUT MAY, WITH THE CONSENT OF THE MINOR, 8 ADVISE THE MINOR'S PARENT OR LEGAL GUARDIAN OF THE 9 PSYCHOTHERAPY SERVICES PROVIDED PURSUANT TO SUBSECTION (2)(a) OF 10 THIS SECTION. A LICENSED MENTAL HEALTH PROFESSIONAL PROVIDING 11 SUCH PSYCHOTHERAPY SERVICES IS ENCOURAGED TO OBTAIN THE 12 CONSENT OF THE MINOR TO SPEAK TO THE MINOR'S PARENT OR LEGAL 13 GUARDIAN.

(3) IF A MINOR WHO IS RECEIVING PSYCHOTHERAPY SERVICES
PURSUANT TO THIS SECTION COMMUNICATES TO THE MENTAL HEALTH
PROFESSIONAL A CLEAR AND IMMINENT INTENT OR THREAT TO INFLICT
SERIOUS BODILY HARM ON HIMSELF OR HERSELF OR OTHERS, THE MENTAL
HEALTH PROFESSIONAL IS SUBJECT TO THE PROVISIONS OF SECTION
13-21-117 (2).

20 SECTION 5. In Colorado Revised Statutes, 27-60-103, add (8)
21 as follows:

22 27-60-103. Behavioral health crisis response system - services
 23 - request for proposals - criteria - reporting - rules. (8) THE STATE
 24 DEPARTMENT OF HUMAN SERVICES SHALL COORDINATE EFFORTS WITH THE
 25 DEPARTMENT OF PUBLIC HEALTH AND ENVIRONMENT TO IMPLEMENT A
 26 STATEWIDE AWARENESS CAMPAIGN ABOUT YOUTH SUICIDE PREVENTION,
 27 AS WELL AS AWARENESS OF THE TWENTY-FOUR-HOUR TELEPHONE CRISIS

SERVICE CREATED PURSUANT TO THIS SECTION. THE STATE DEPARTMENT
 OF HUMAN SERVICES SHALL EXPAND YOUTH-SPECIFIC INTERVENTIONS,
 INCLUDING TEXT-BASED SERVICES, WITHIN THE TWENTY-FOUR-HOUR
 TELEPHONE CRISIS SERVICE TO SPECIFICALLY ADDRESS YOUTH SUICIDE
 PREVENTION.

6 **SECTION 6. Appropriation.** (1) For the 2018-19 state fiscal 7 year, \$375,000 is appropriated to the department of human services for 8 use by the office of behavioral health. This appropriation is from the 9 general fund. To implement this act, the office may use this appropriation 10 for the behavioral health crisis response system telephone hotline.

(2) For the 2018-19 state fiscal year, \$97,838 is appropriated to
the department of public health and environment for use by the prevention
services division. This appropriation is from the general fund and is based
on an assumption that the division will require an additional 0.3 FTE. To
implement this act, the division may use this appropriation for suicide
prevention.

SECTION 7. Safety clause. The general assembly hereby finds,
determines, and declares that this act is necessary for the immediate
preservation of the public peace, health, and safety.