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THE GENERAL ASSEMBLY OF PENNSYLVANIA

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HOUSE RESOLUTION

No. 763 Session of  
2014

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INTRODUCED BY O'BRIEN, DIGIROLAMO, BROWNLEE, HENNESSEY, MCNEILL,  
V. BROWN, CALTAGIRONE, COHEN, D. COSTA, DAVIS, FLECK, KINSEY,  
KIRKLAND, MAHONEY, MATZIE, MILLARD, MIRANDA, NEILSON,  
READSHAW, ROZZI, SCHLOSSBERG, THOMAS, MCCARTER, DONATUCCI,  
KORTZ AND FRANKEL, APRIL 7, 2014

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INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35,  
APRIL 7, 2014

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A RESOLUTION

1 Designating April 9, 2014, as "Nutritional Improvement for  
2 Children's Meals in Restaurants Day" in Pennsylvania.

3 WHEREAS, It is essential that we work to improve the  
4 nutritional quality of children's meals provided by restaurants,  
5 in order to preserve the health and well-being of our children;  
6 and

7 WHEREAS, It is estimated that today children eat at  
8 restaurants twice as often as they did in the 1970s; and

9 WHEREAS, Children consume almost twice as many calories when  
10 they eat at restaurants due to the lack of healthy options  
11 available; and

12 WHEREAS, Restaurants make unhealthy meal options more readily  
13 available to children; and

14 WHEREAS, The overwhelming majority of children's meals at the  
15 nation's largest chain restaurants are high in calories,  
16 saturated fat and sodium, while being low in fruits, vegetables

1 and whole grains; and

2 WHEREAS, Between 2008 and 2012, the percentage of restaurant-  
3 provided children's meals meeting nutritional standards  
4 increased from 1% to 3%, meaning that about 97% of restaurant-  
5 provided children's meals are below nutritional standards  
6 according to recent data; and

7 WHEREAS, A recent study of restaurant customers showed that  
8 nearly two-thirds of households with children under 12 years of  
9 age would prefer healthier options for their children; and

10 WHEREAS, Given the growing role of restaurant foods in the  
11 diets of our children and the high rates of childhood obesity,  
12 it is important that children are given healthier choices when  
13 eating at restaurants in order to help them maintain healthier  
14 diets and promote their long-term health; therefore be it

15 RESOLVED, That the House of Representatives designate April  
16 9, 2014, as "Nutritional Improvement for Children's Meals in  
17 Restaurants Day" in Pennsylvania.