

1                                   A bill to be entitled  
 2           An act relating to required life skills instruction;  
 3           amending s. 1003.42, F.S.; revising the required  
 4           instruction in life skills that build confidence,  
 5           support mental and emotional health, and enable  
 6           students to overcome challenges to include career  
 7           readiness, financial literacy, and home economics;  
 8           providing an effective date.

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 10 Be It Enacted by the Legislature of the State of Florida:

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 12           Section 1. Paragraph (o) of subsection (2) of section  
 13 1003.42, Florida Statutes, is amended to read:

14           1003.42 Required instruction.—

15           (2) Members of the instructional staff of the public  
 16 schools, subject to the rules of the State Board of Education  
 17 and the district school board, shall teach efficiently and  
 18 faithfully, using the books and materials required that meet the  
 19 highest standards for professionalism and historical accuracy,  
 20 following the prescribed courses of study, and employing  
 21 approved methods of instruction, the following:

22           (o) Comprehensive age-appropriate and developmentally  
 23 appropriate K-12 instruction on:

24           1. Health education that addresses concepts of community  
 25 health, consumer health, environmental health, and family life,

- 26 including:
- 27 a. Injury prevention and safety.
  - 28 b. Internet safety.
  - 29 c. Nutrition.
  - 30 d. Personal health.
  - 31 e. Prevention and control of disease.
  - 32 f. Substance use and abuse.
  - 33 g. Prevention of child sexual abuse, exploitation, and
  - 34 human trafficking.
- 35 2. For students in grades 7 through 12, teen dating
- 36 violence and abuse. This component must include, but not be
- 37 limited to, the definition of dating violence and abuse, the
- 38 warning signs of dating violence and abusive behavior, the
- 39 characteristics of healthy relationships, measures to prevent
- 40 and stop dating violence and abuse, and community resources
- 41 available to victims of dating violence and abuse.
- 42 3. For students in grades 6 through 12, awareness of the
- 43 benefits of sexual abstinence as the expected standard and the
- 44 consequences of teenage pregnancy.
- 45 4. Life skills that build confidence, support mental and
- 46 emotional health, and enable students to overcome challenges,
- 47 including:
- 48 a. Self-awareness and self-management.
  - 49 b. Responsible decisionmaking.
  - 50 c. Resiliency.

51 d. Relationship skills and conflict resolution.

52 e. Understanding and respecting other viewpoints and  
53 backgrounds.

54 f. For grades 9 through 12, developing leadership skills,  
55 interpersonal skills, organization skills, and research skills;  
56 career readiness; creating a résumé, including a digital résumé;  
57 exploring career pathways; using state career planning  
58 resources; developing and practicing the skills necessary for  
59 employment interviews; workplace ethics and workplace law;  
60 managing stress and expectations; and self-motivation.

61 g. Financial literacy.

62 h. Home economics.

63 5.a. For students in grades 6 through 12, the social,  
64 emotional, and physical effects of social media. This component  
65 must include, but need not be limited to, the negative effects  
66 of social media on mental health, including addiction; the  
67 distribution of misinformation on social media; how social media  
68 manipulates behavior; the permanency of sharing materials  
69 online; how to maintain personal security and identify  
70 cyberbullying, predatory behavior, and human trafficking on the  
71 Internet; and how to report suspicious behavior encountered on  
72 the Internet.

73 b. The Department of Education shall make available online  
74 the instructional material being used pursuant to this  
75 subparagraph, and each district school board shall notify

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76 | parents of its availability.

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78 | Health education and life skills instruction and materials may  
79 | not contradict the principles enumerated in subsection (3).

80 | The State Board of Education is encouraged to adopt standards  
81 | and pursue assessment of the requirements of this subsection.

82 | Instructional programming that incorporates the values of the  
83 | recipients of the Congressional Medal of Honor and that is

84 | offered as part of a social studies, English Language Arts, or

85 | other schoolwide character building and veteran awareness

86 | initiative meets the requirements of paragraph (u).

87 |       Section 2. This act shall take effect July 1, 2024.